



**Thursday
20th November, 2014**

MULGRAVE PRIMARY SCHOOL

NEWSLETTER

TELEPHONE: 9795 2477 FAX: 9795 4884

www.mulgraveps.vic.edu.au

Diary dates

17-21 Nov	Grade 5/6 Camp
Tue, 25th Nov	House Sports
Wed, 26th Nov	Prep Zoo Excursion
Sat 29th Nov	Proposed State Election Sausage Sizzle
Tue 9th Dec	Statewide Orientation Day for

Wed, 10th Dec	2015 Preps & Yr 7 students
Mon 15th Dec	Carols Night
Fri 19th Dec	Year 6 Graduation
	End of Term 4

Principal News



YEAR 5 AND 6 CAMP – Our year 5 and 6 students were very excited as they left for camp on Monday morning. Everyone was here bright and early ready for the big trip. Mrs. Mann has been giving us daily updates. All children are having a wonderful time and enjoying all the planned activities. The food is also sensational I believe!! Campers are expected back at school around 3pm on Friday.

NO ASSEMBLY FRIDAY – Due to our campers arriving back at 3pm on Friday, we won't have our regular Assembly. If the weather is poor, campers will be able to assemble in the hall with their baggage as they wait to be collected by parents. Please be aware that there will probably be extra traffic at this time as parents collect our year 5s and 6s and all their gear. Thank you to our teachers who have given up a lot of their personal family time this week to attend camp. Mrs. Mann, Ms. Black, Miss Mills, Mr. Stokes as well as Hourig, our student teacher, are to be commended for giving up so many extra hours for our students – thank you!

MONITORING OF TRAFFIC ON GLADESWOOD DRIVE – Parents are reminded that we have traffic speed restrictions outside of our school – 40 kph at all times. There are also parking time restrictions on this road. Police have been monitoring this area this week and have been issuing fines. Please take care and observe regulations to avoid a fine.

THEY'RE GOING TO THE ZOO, ZOO, ZOO! – Our Preps are very much looking forward to their trip to the zoo next week on Wednesday 26th November. This excursion is always a lot of fun and provides a great deal of learning and language experience.



2015 STUDENT MATERIALS AND REQUISITES PAYMENTS – All families will have received their pink 2015 Student Fees notice. Fees are due from now until the first day of school. Students will receive their individual resource packs at the beginning of the year once payment has been paid. This system works really smoothly and saves parents any concerns with purchasing student requisites by alternative methods. We have found that most families like to pay fees now prior to their Christmas spending!! This year we have several payment options for you which include – Cash, Cheque, MasterCard, Visa, EFTPOS, BPay and QKR (more information home on Monday about OKR). Please call our school office to discuss any payment methods you would like more details about.

Cont.....

LEGENDAIRY – Thank you to families who have been collecting dairy containers and lids for our Legendairy bins over the past couple of weeks. Children are becoming more aware of dairy foods and products and are having fun being involved in the collection and activities that have been provided for them. The competition to fill up the bin closes on Monday 24th November! Good luck to MPS! We hope we attract a prize for our school!

CURRICULUM DAY – Teachers participated in a very beneficial Mathematics professional learning day last Friday. Michael Ymer, math's consultant, worked with staff on curriculum, planning and best practice throughout the day.



HOUSE SPORTS – A reminder that this year's house sports will be held on **Tuesday 25th November**. All students are involved in these fun races. Family and friends are invited to join us on the oval. Bring a rug and a picnic and enjoy the morning! We will be starting just after 9am and concluding around 1ish.

2014 CHRISTMAS CAROLS – This year's Mulgrave Primary School Christmas Carol's evening will be held on **Wednesday 10th December** early in the evening. All grades will participate in this event which provides a lovely lead up to Christmas!

CHRISTMAS RAFFLE – Each year we run a Christmas Raffle. Families are asked to contribute to the raffle by donating items for our hampers. These can include Christmas foods, decorations etc. Each family will also receive some raffle tickets to buy or sell to friends and families. We will shortly set up our donation box in the office area for your very welcomed donations!!

FOR PARENTS – This week's information section is related to **Confidence Building**.

Self-doubt and lack of confidence hold more kids back than any other factor. You can send kids to the best school available but they won't be happy and achieve unless they feel confident in their abilities.

Real confidence-building is the most important skill you can develop as a parent. Children with healthy self-esteem and self-confidence learn more, achieve more, have more friends and are generally happier than those with low levels of confidence.

But building a child's confidence is complex. It is not just a matter of becoming a praise robot, heaping positive comments on kids at the first sign of them doing something well. For some children praise is meaningless.

CONFIDENT kids take learning risks; they can separate themselves from failure or lack of success; and they aren't dependent on the approval of their parents. I guess this last reason is why so many 'youngest' kids are risk-takers, as they are not as concerned as eldest kids about the approval of their parents.

But knowing this stuff is one thing. Getting inside kids' heads and shifting their thinking is another thing entirely.

Self-esteem and confidence-building is more than developing children's capabilities as very competent children can be filled with self-doubts. You have to do more than teach them to be optimistic as a Pollyannish feel-good view of the world won't mean a child will take risks when they meet real challenges.

You need to tackle children's lack of confidence on a number of different fronts – that is, what they think, how they feel and what they do.

Head, Heart, Hands approach

My Head, Heart and Hand approach shows parents how to tackle confidence-building on three different levels.

Foster positive mindsets in kids and a real sense of optimism.

Help your child overcome their fears and anxieties, so they can take more risks socially and academically.

Develop a lasting sense of independence and self-sufficiency so they can really start achieving
Want more Confidence-building ideas? You'll get plenty of great Confidence-building ideas and parenting advice at [Parentingideas Club](#) (Courtesy of Michael Grose – 'Australia's number one parenting educator' – Random House)



Liz Watkins – Principal
 Hope you find time to relax and enjoy the weekend.

Term 4 Sick Bay Linen

Name	Date
21st November	Julie Davis
28th November	Sharon Krause
5th December	Carrie Magnik
12th December	Julie Piening
19th December	Hannah Joynes



PRINCIPAL PROBLEM SOLVER

Last Week's winners to the question; What were the names of the two horses that tragically died after the Melbourne Cup race?

Admire Rakti & Araldo

Congratulations to: Amanda S, Mei-Ling, Elloise I, Samantha M, Aisha D, Jasmine L, Ella D, Jimmy P, Nicolette P, Cindy C, Amy M, Victoria T, Tanas K

Question Is: What is the biggest word you can make using these letters, E O F D C N E C I N.

Answer is: _____

Student's Name: _____



Are you ready to Share Christmas?

The launch of our Extend-a-Hand annual Project which we would love your children to be a part of. We hope to empower and inspire our children by asking them to 'Share Christmas'.

Extend is teaming up with [Magic Moments Foundation](#) by participating in the [Basket Brigade Program](#) to help families in need. The Basket Brigade Program raises funds throughout the year in order to put together gift baskets for families in need with items including food, necessities, and even toys.

Extend is honoured to be given the opportunity for the children in our programs to hand-craft the Christmas cards that are placed inside these baskets. We've named this the Share Christmas Project.

Until Wednesday 12 November, children who attend any Extend service can contribute to the Basket Brigade by making cards for families. We encourage you to speak with your child(ren) about this worthy cause so that they can get excited and involved in our Share Christmas Project.

Thank you for your support in a wonderful cause.

NEW FAMILIES
 Enrol at extend.com.au
 Visit our FAQ page for answers to common questions.

BOOKINGS
 Make your bookings or cancellations online at extend.com.au



Student of the Week Awards—Week 5

Class	Name	Reason
PG	-----	-----
PM	-----	-----
PT	-----	-----
1/2E	-----	-----
1/2M	Hasan Dalip	For his excellent reading and comprehension
1/2S	Christopher Hyde	For excellent behaviour and work during writing this week
1/2W	Arelyna Singh	For her excellent transport project of a plane
3/ 4 G	Nicky Ciccarelli	For her excellent organisation and confidence
3/ 4 L	Alexandar Dimitrovski	For his excellent approach and participation in the 'Just Get Active' program
3/4S	Greg Utrobin	For his outstanding effort in researching the Melbourne Exhibition Building for our Web Quest
5B	Cindy Chen	For her excellent effort investigating the heart and lungs
5M	Cameron Webster	For his excellent focus and knowledge during topic rotations
6M	Jeremy Xu	For consistently neat work and positive attitude

For quicker, hassle-free school payments, try *Qkr!* today



Introducing *Qkr!* (pronounced 'quicker') by MasterCard: the easy-to-use phone app that gives you the flexibility to place orders at a time and place that suits you. *Qkr!*:

- Saves you time by letting you order and pay for school items directly from your phone;
- Reduces the need for your child to bring cash to school;
- Reduces the time school staff spend on administrative tasks



More information about how to download and use this app will be sent home early next week.



Parent Update

Extend OSHC at Mulgrave Primary School

Weekly recap

I hope everyone had a fun filled nice extra long weekend. Last week we had a lot of fun with various group games such as: dodge ball, tug of war, fruit salad, line tiggly, fourty fourty and skipping. In art and craft, some children made themselves beautiful bracelets and enjoyed the marble and tape painting. We also cooked French toast and mouth watering pancakes. Beside these activities the children loved white board drawing, dressing ups in lovely costumes, and also cinema setting dramatic play was an outstanding drama played by Molly, Connor and Daniel.

Just a reminder to all parents please makes sure your child has a hat for outdoor activities. Our Christmas cards for the basket brigade program are on the face book page now; please don't forget to like your child's exceptional work!

Our Extend Superstar is... Sophie Stach for the effort she put into her work.

Next week's activities

Monday 24th November: Christmas picture frames

Tues 25th November: Crab Soccer

Wednesday 26th November: Cooking ginger bread

Thursday 27th November: Science experiment

Friday 28th November: Popcorn and movie

Term 4 see's Have you 'liked' [Extend After School Care?](#)
Are you ready to Share Christmas?

NEW FAMILIES

Enrol at extend.com.au.
Visit our FAQ page for answers to common questions.

BOOKINGS

Make your bookings or cancellations online at extend.com.au

50% OFF FEES

The Child Care Rebate is NOT income tested.
Find out more at extend.com.au

extend.com.au



Plumber

Upkeep Plumbing Solutions

All your maintenance plumbing needs!

Hot water units

Burst pipes

Gas fitting

Tap and toilet repairs

Kitchen and bathroom renovations

Seniors Discount av.

0401 956 095

Lic No: 105394

ADVERTISING

KUMON

Improve your child's study skills

Kumon's maths and English programmes work to support your child's developing skill-set to help unlock a love of learning in and outside of school.

Contact your local Kumon Centre to find out more today.

KUMON MULGRAVE EDUCATION CENTRE

Instructor: Anna Huang

tel: (03) 9755 5951

Visit <http://au.kumonglobal.com>



Silverton Dental Clinic

Dr. Ranji Sriharan
Dr. Majuri Sriharan

135b Jacksons Road
Noble Park North VIC 3174
Ph: (03) 9795 6919



- Offering the Commonwealth Child Dental Benefits Schedule:
- \$1000 basic dental treatment over a 2 year period which includes eligible 2-17 yr olds (Family Tax Benefit A)
 - Treatment is bulk billed through Medicare, no out of pocket costs
 - Treatment includes:
 - Checkups, cleans, fissure sealants, fillings
 - Extractions, x-rays, root canals

ADULT TREATMENT SERVICES ALSO PROVIDED

WITNESS THE FITNESS

WWW.WITFIT.COM.AU

Get Fit Fast

\$15 A WEEK FOR 30+
HOURS A WEEK WITH A PERSONAL TRAINER

**SPECIAL OFFER FOR FRIENDS AND FAMILY OF
MULGRAVE PRIMARY SCHOOL
FREE 10 DAY NO OBLIGATION
PERSONAL TRAINING TRIAL**

For more information please contact Taz
Mobile: 0422 808 313 email: witfit@gmail.com

Want fun with your fitness????

Small, friendly and lots of fun personal training studio in Mulgrave!
Outdoor, undercover studio - training is fab in the fresh air!



Try before you buy - one week of unlimited classes absolutely FREE!

Lots of classes to choose from: boxing, cardio,
strength, core, running, circuits, full body workouts,
1 on 1 training and bootcamps!
(Bootcamps run in Sept, Nov & Feb each year)

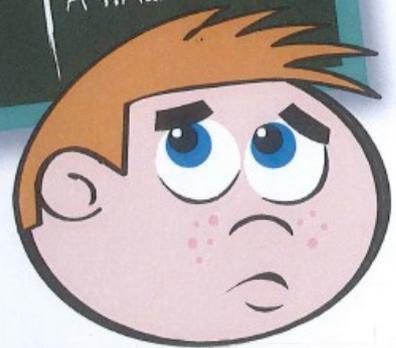
In House Studio Fitness
Cathy Grech
0418 566 624
www.inhoustudiofitness.com.au

cathy grech
inhoustudiofitness

EVERY MINUTE COUNTS

Just a little bit late doesn't seem much but.....

He/She is only missing just....	That equals....	Which is.....	over 13 years of schooling, that's....
10 minutes per day	50 minutes per week	Nearly 1.5 weeks per year	Nearly HALF A YEAR
20 minutes per day	1 hour 40 minutes per week	Nearly 2.5 weeks per year	Nearly 1 YEAR
Half an hour per day	Half a day per week	4 weeks per year	Nearly 1 AND A HALF YEARS
1 hour per day	1 day per week	8 weeks per year	Nearly 2 AND A HALF YEARS



Did you know your child's best learning time is the start of the school day?

That's when every minute counts the most!



Pictures from our Year 5/6 students at Camp Coonawarra this week



We heard from our campers on Wednesday. Everyone is having a great time.

