



## Friday 23rd February - Curriculum Day - No Students

Thursday, 1 February, 2018

TERM 1

WEEK 1

### KEY DATES

#### FEBRUARY

Tue 9 Visit from Collingwood football players  
Tue 13 Getting to know you interview  
Fri 23 Curriculum Day - No students at school

#### MARCH

Mon 12 Labour Day Public holiday  
Tue 13 -16 Cave Hill Creek Camp Gd 5/6  
Fri 16 Summer Interschool Sport  
Mon 19 District Tennis  
Fri 23 Summer Interschool Sport  
Mon 26 Young Leaders Day Gd 6 (Halogen)

#### MARCH

Thu 22 School Tour - 9.15  
Tue 27 School Photos  
**Thu 29 - Term 1 ends**



#### TERM DATES 2018

Term 1: 30 January to 29 March  
Term 2: 16 April to 29 June  
Term 3: 16 July to 21 September  
Term 4: 9 October to 21 December

#### TIMETABLE

School commences	9.00am
Recess	11.00 - 11.30
Lunch	1.40 - 2.30
School Finishes	3.30pm



*Happy Chinese New Year to our Chinese community! We hope you are enjoying all the festivities of this cultural event. 2018 is the Year of the Dog. 新年快樂*

### Principal's News

#### Welcome Back

Happy New Year to all of our families and welcome to Mulgrave Primary School for 2018 and I would like to particularly welcome our newest members, the Foundation (Prep) class. We look forward to making your time here at MPS as fun and rewarding as possible and are excited to see what you will add to our school life. Hopefully, the New Year finds our community well rested and ready for the year ahead. I had a relatively quiet holiday period with a few days down by the beach and what can only be described as "attempted surfing". The remainder of my holidays had been spent playing "social secretary" to my kids, a task I'm sure all parents are familiar with. I'm sure that our students will come back to school with some great stories to tell and maybe even write about! Of course, another school year is upon us and over the holiday period, trades have come and gone, with classrooms painted, the new portables made ready, new carpet laid in the Foundation rooms and some electrical work completed. Teachers have been busily preparing for the new year, with the Department's "Education State" a key part of the agenda. We will also be implementing the first stage of our 4 year strategic plan which will look to continue to build on student outcomes through partnerships with local schools, developing student voice (input into their learning) and by reaching out to our parent community, to develop greater ways that we can demonstrate to our students the importance of strong home-school partnerships. A copy of the 2018 Annual Implementation Plan will soon be made available via the school website, but the big picture is around differentiating the curriculum to meet the point of need of every child and improving collaboration between students, marked by a strong investment in digital technologies.

#### Parents and Families Association

In 2018, we will be establishing a Parents and Families Association and each class will nominate a parent representative with a view to increasing parental input into school programs, but also expanding the opportunities for all of our students. I would like to thank Mel Collard for getting the year started with a welcome morning tea for families. In the not too distant future we will be running classroom helper training sessions that will enable parents to make valuable contributions to the classroom. Of course, we hope that this is just the tip of the iceberg, and that we can build a strong PFA this year and into the future.

More information will be coming to you via your classroom teachers.

*Principal's message continues pg 2:*



### Getting to Know You interviews

Interviews will be held on Tuesday February 13<sup>th</sup> after school. The aim of these sessions is for parents to let their child's teachers know the important challenges each child faces and the areas they would like to focus on in 2018. Teachers will be operating off the basis of the end of year assessment at this stage, so it is more about hearing from the parents than getting a progress update from the teacher. Most classroom teachers will be available on the night and alternative arrangements will be made where this is not possible.

### Staff Availability

In 2018, classroom teachers will be available before school from 8:50am to when the music begins at 8:57am. Should you have an urgent matter to discuss with your child's teacher, they are happy to briefly discuss the matter at this time. Should you require a longer conversation, we would ask that you make an appointment to speak to the teacher. Once the music begins, we would ask that any parents inside the classroom make their way outside immediately so that the teachers can bring their class inside for a prompt 9am start.

### Ice Bucket Challenge

As families will recall from our mini-fete and carols evening last year, I won the vote in one of the great landslides in electoral history! Of the 195 votes cast, I received 157 of them, or 80.5%. For the record, Mr. Stokes was the only other teacher to poll in double digits with 11 votes! As such, I will be confronting my fate this Friday at the end of our first whole school assembly. I'm sure that the students will get a great kick out of my misfortune and we hope that last year's graduating class can get away from high school early enough to be here for the drenching! With this in mind, the assembly will be held in the courtyard and will commence shortly after 3:00pm.

### School Council Elections

Next Monday I will call for nominations for the 2018 School Council Election. There will be 4 parent and 1 staff position up for election this year. In the event of more nominations than positions, a ballot will be held to determine the results. I would encourage all parents to consider standing for the School Council. Councillors are required for 2 meetings a term (held on a Tuesday evening) and are occasionally called upon to assist with other duties around the school. Often, councillors bring expertise to a particular sub-committee including facilities, education or finance. The role, whilst very important, is not onerous and is a great way to role model a commitment to education. If you would like to know more about the role, feel free to drop me a line and I will happily provide more detail.

### Home School Partnership

We are looking forward to a productive partnership with you to ensure all children can achieve their highest potential. We recognise that in order to be successful in school, our children need support from both the home and school, knowing that a strong partnership with you will make a great difference in your child's education. As partners, we share the responsibility for our children's success and want you to know that we will do our very best to carry out our responsibilities, asking that you guide and support your child's learning by ensuring:

- 1) Attendance at school daily and arrival on time, ready for the day's learning experience. If your child is going to be absent, please contact the school prior to 9am via the absence line answering service or flexibuzz. If the absence is longer term, forms are available via the office.
- 2) Daily reading to develop a love for literature and to improve critical language skills.
- 3) Sharing school experiences with you so that you are aware of his / her school life.

### 2019 Enrolments

As families would be well aware, demand for Mulgrave Primary School continues to grow. We are already taking enrolments for 2019 and will begin regular school tours most Thursday mornings. We would ask that families with children commencing in 2019 contact the office for an enrolment form as soon as possible. We request that enrolments are submitted by the end of Term 2, as this will enable us to plan for future growth. If you have any questions about enrolling your child, Mr. Hattwell and I are more than happy to answer them, so feel free to drop by.

Best wishes for a successful school year and I look forward to catching up with our students and families over the coming days and weeks.

*Charles Spicer* - Principal

# School News

**NEWSLETTER** - This week we have printed out a newsletter for all families as well as posting it on FlexiBuzz. All future newsletters will be posted on FlexiBuzz ONLY. Printed copies will be available from the office foyer for those wanting a paper copy. Newsletters are also available from the MPS website - [mulgraveps.vic.edu.au](http://mulgraveps.vic.edu.au)

**ICY-POLE SALES** - A reminder that students can buy an icy-pole on Mondays (change of day) and Thursdays at the beginning of lunchtime, starting Week 2. The cost is \$1.00.

**ART SMOCKS** - To protect clothing, all students are requested to have an Art Smock or old shirt that can be worn during art classes.

**HATS** - A reminder that hats must be worn in terms one and four. Sunscreen and sunglasses are also highly Recommended.



## Back to school asthma plan

- Review and update your child's asthma plan with your GP.
- Visit your pharmacy to purchase the necessary reliever medication, spacer or spacer and mask.
- Talk to a Doctor or pharmacist about your child's asthma management in preparation for school.
- Provide the school with a copy of your child's asthma plan and a reliever and spacer/spacer with mask, to be kept at the school office in case of an asthma flare-up.



## *Ali's Corner - Parents Spot*



Hi, I'm **Ali Hardaker** the school's Student Wellbeing Officer here at Mulgrave Primary School. Providing social, emotional and pastoral care for our students and families, particularly those who at times, require specific assistance. I will be putting relevant and interesting articles into the newsletter each issue to hopefully inspire and encourage you on your parenting journey. There will be web links added for you to tap into for further resources and information.

I'm here at the school on Thursdays and Fridays. I will look forward to connecting with you via the articles and in person throughout the year. **Ali**

## Part 1 - 7 ways to make a sensational start to the school year

A new school year means a fresh start for students. Regardless of your child's performance last year, they start school with a clean slate. A break offers students the chance to begin new habits and adopt new behaviours.

### **1. Commit to your child going to school every day on time**

One of the most important things you can do to ensure your child has a bright future is to make sure he or she goes to school every day – and gets there on time. Kids spend more time asleep than at school, so we need to maximise every day to get full value.

### **2. Help kids start each day well**

A good night's sleep, a healthy breakfast and some words of encouragement from you will help set a positive tone for a day of learning. This may mean that you adjust your morning routine so that kids have plenty of time to get up, eat and get ready for the day. Consider taking a leaf out of the book of a friend of mine who gets her children to make their beds each morning which sets the tone for a productive day ahead.

### **3. Make sure your child gets enough sleep**

I encourage you to make a big focus as this year as many children and young people are sleep-deprived, which impacts on their well-being and their learning. A good night's sleep consolidates learning, as well as assisting future learning. Children need between 10-12 hours of sleep each day, while teens need a minimum of nine hours. Help kids get sufficient sleep by having a regular bed-time and get-up time each day. Have 45 minute wind-down time each night, and remove screens and mobile phones from bedrooms.

### **4. Get your kids outside more for good physical and mental health**

Kids today get less exercise than those of past generations, which is an impediment to learning and mental health. Health professionals recommend a minimum of 60 minutes of exercise per day for kids of all ages. Encourage kids to play sport; promote free and active play and look for ways to make moving part of their daily lives. Consider increasing your child's green time and decreasing screen time for good physical and mental health.

BY MICHAEL GROSE

# School News



## REUSEABLE LUNCH BAGS

Lunch Wallets are still available from the office.

Please support our school and your children by placing your order today!

Lunch Wallets - \$10.50

Insulated All Rounder Lunch Wallets: \$12.50

**SAMPLES ARE AVAILIABLE TO VIEW AT THE OFFICE.**



## 2018 PARENT PAYMENTS

A reminder that parent payments for student Essential Education Items was due by the first day of school. Thank you to the many parents who have made payment. If you have not yet paid, please ensure you make payment as soon as possible; students will receive their stationery once payment has been arranged. If you are experiencing difficulty with payment, please speak to Charles Spicer or Suzy Shaw.

## Changing the Linen in Sick Bay 2018

If you are able to help out by changing the linen in the sick bay, please fill in the tear off slip below and return to the office. Depending upon the number of volunteers, you would only be required once or twice a term. Parents usually change the bed linen on a Friday, take it home to wash and return it to school during the next week. The roster will be sent home and also published fortnightly in our newsletter.

All assistance is greatly appreciated!



## Volunteering to Help with the Change of Linen Roster in Sick Bay

Parent Name: \_\_\_\_\_

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_



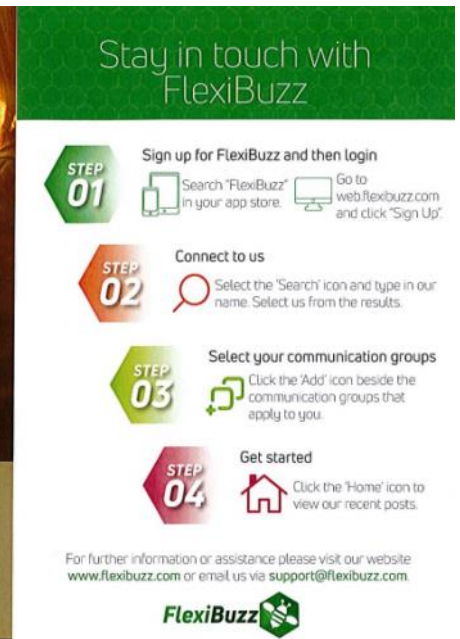
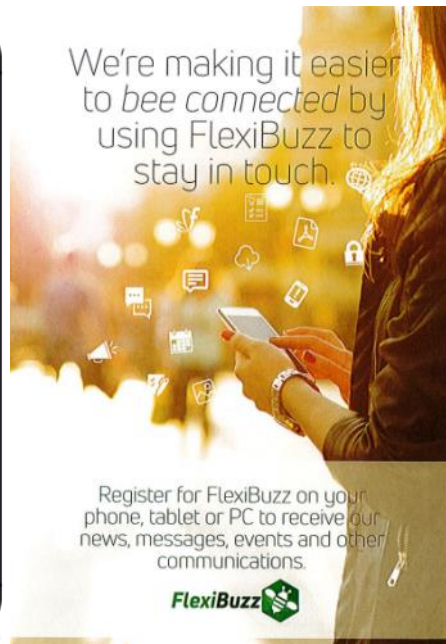
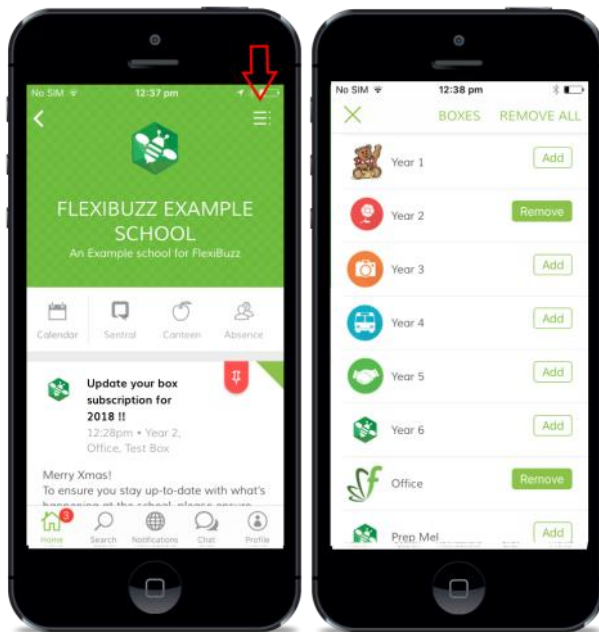
# School News

## Mulgrave Primary School Phone App's

We use FlexiBuzz to keep you updated with all the latest news, newsletters, updates and reminders.

Qkr! Is our preferred payment method.

Please Download the App's now



masterpass

TIP OF THE WEEK

### Q. How can I keep track of my Qkr! payments?

A. Itemized Qkr! eReceipts provide a record of purchase and are a convenient way to keep track of your Qkr! payments.

#### To view your eReceipts:

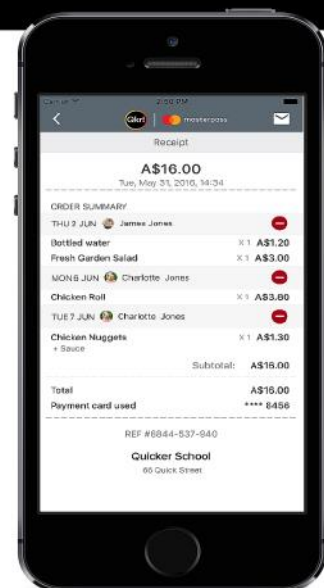
1. Open Qkr! and tap 'Activity'.
2. Scroll down to 'Order History' and tap 'Receipt' to view eReceipts.

#### Never lose a receipt: email receipts to your account:

1. Select the eReceipt you wish to email to yourself.
2. Tap on the mail icon at the top right of your screen.
3. Tap 'Send' to email the eReceipt to your email address, or enter another email address, and tap 'Send'.

#### Use an eReceipt to cancel a food order you have paid for:

1. Select the eReceipt for the order you wish to cancel.
2. Tap the red circle with a minus symbol on the order to be cancelled. Select the entire order or individual items to cancel and tap 'OK'.
3. Cancelled items are shown in red on your eReceipt confirming they have been cancelled and a credit is available for future food orders. The value of any credits will be automatically deducted from your next Qkr! food order.



## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students.

### HOW TO APPLY

Contact the school office to obtain a CSEF application form or download from [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

### MORE INFORMATION

For the CSEF application closing dates and more information about the fund visit [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)



**Parent Applications Close 29<sup>th</sup> June 2018**



# School News

## Canteen Menu and Price List 2018

### MULGRAVE PRIMARY SCHOOL STUDENT CANTEEN MENU - 2018 AVAILABLE ONLY ON WEDNESDAY, THURSDAY AND FRIDAY

HOT FOOD (H = HALAL ACCREDITED)	PRICE	FRESH SANDWICHES (WHITE/WHOLEMEAL)	PRICE
Hot Dog w/Sauce (extra 20 cents for cheese)	3.60	Jam (Strawberry)	3.00
		Cheese	3.00
Sweet Chilli Chicken Tender	2.00	Cheese and Tomato	3.20
Roast Chicken Roll (H)	4.20	Roast Chicken (H) with Lettuce and Mayo	4.40
Chicken or Beef Noodle Cup	3.00	Salad with either, Ham, Chicken or Tuna	4.70
Chicken Nugget (H) 3 per serve w/sauce	2.50	Ham & Cheese	3.50
Meat Pie (With Sauce)	4.00	Ham, Cheese & Tomato	3.80
Sausage Roll (With Sauce)	3.60	Ham	3.00
Nachos - Corn Chips, Tomato Sauce and Melted Cheese	3.90	Salad - Lettuce, Tomato, Carrot and Cucumber	3.80
Baked Potato Wedges	2.30	Egg, Lettuce & Mayo	4.30
		Egg, Salad & Mayo	4.60
Corn Cobs	1.00	Bread Roll, extra 60c	0.60
Steamed Dim Sims with Soy Sauce	1.00	TOASTED SANDWICHES	
Homemade Fried Rice	4.50	Jam (Strawberry)	3.20
		Cheese	3.30
Pizza (Margarita or Hawaiian)	3.80	Cheese & Tomato	3.50
Pizza Sub	1.00	Ham & Cheese	3.70
BURGERS		Ham, Cheese & Tomato	4.00
Chicken (H) Burger with Lettuce & Mayo	4.40	SNACKS	
Beef Burger with Tomato, Lettuce & Cheese	4.60	JJ's Snacks (Chicken, Pizza, Salt & Vinegar)	1.60
WRAPS		Homemade Chocolate Muffin	1.00
Sweet Chilli Chicken (H) Tender Wrap with Lettuce and Mayo	4.40	Homemade Giant Cookie	1.20
Hawaiian Wrap with Ham, Cheese & Pineapple	4.40	Fruit Salad with Jelly	1.00
		Boiled Egg	1.00
Roast Chicken (H) Wrap with Lettuce & Mayo	4.40	Lite Apple Pie	2.50
PASTAS		Salad - Lettuce, Tomato, Carrot & Cucumber (with Dressing)	3.60
Beef Lasagna	4.60	DRINKS	
Macaroni Cheese	4.60	Just Juice (Apple, Orange)	2.00
Spaghetti Bolognese	4.60	Quench (Blue/Orange/ Apple & Raspberry)	2.80
Creamy Potato Bake	4.60	Big M (Chocolate or Strawberry)	2.40

#### NOTE TO PARENTS:

To order your child/ren's lunch: Write child's name, class & order on a clean paper bag. Bags can be provided for 20c.

Lunch orders will not be accepted after 9:30 A.M.

Please ensure correct amount of money is put into the bag and folded to secure.

If there is not enough money with your child's order, one item will not be provided.

A copy was sent home this week to all families. If you missed out please collect one from the office.  
Thank you.



## *Extend OSHC at Mulgrave Primary School*

Hi Everyone,

Welcome back! I believe everyone had a fantastic, relaxing break and time to catch-up with family and friends!

Our summer holiday program at Mulgrave Primary School once again was full of fun with many interesting activities. Our excursions to NGV, Sidetracked, Tunzafun Xtreme and charcoal drawing at Victoria Park were fantastic and enormously enjoyed by the children.

Young Yoga, Splashtastic Water Games, Coding and Robotics incursions were awesome too. Batic Art, ceramic coaster making, Van Gogh's starry night water painting, cooking pizza bagels, messy colour fun run and many more fun activities gave children an opportunity to be imaginative and creative.

As most of you are aware, we have moved to the **BER building** right in front of the big gate entrance. This new location is spacious, which means the children will have more room for the various activities that we have planned for them. This week we are celebrating Australia Day with many activities, which reflect Australia.

*Kind regards*

*Meena*

### The Program activities for next week are:

**Monday 5th of February:** Arts and Crafts - Printing with Styrofoam

**Tuesday 6th of February:** Cooking - Fruit popsicles

**Wednesday 7th of February:** Science - Ice Cream Making

**Thursday 8th of February:** Team game - Soft Ball

**Friday 9th of February:** Specialist - Learning Hindi/Team game - Chef's Choice



Please see our website for more details - <https://www.lookedafter.com/>

*Extend News continues - Next Page*



# School News



## Book Extend Outside School Hours Care with LookedAfter

### NO ANNUAL ENROLMENT FEE

- Enrolment takes 10 minutes
- Mobile friendly
- Easy to add or amend bookings
- Built with parent feedback



### MORE FLEXIBILITY

- Book 14 days ahead for Early Bird
- Book 60 minutes ahead, or Walk In\*
- Cancel booking errors
- Pay in arrears or pay in advance

### NO ENROLMENT = NO ATTENDANCE

- Extend families must be enrolled with LookedAfter
- Enrol now to avoid on-the-day hassles
- Stay informed of program activities



[www.lookedafter.com](http://www.lookedafter.com)

[hello@lookedafter.com](mailto:hello@lookedafter.com)

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\* Full details about Fee Tiers can be found on LookedAfter

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**JOIN BPFC JUNIORS IN 2018**  
NEWLY PROMOTED SENIOR MENS - STATE 2



**2018**

**BPFC OPEN DAY**

**CLUB REGISTRATION**

**SUNDAY 25th  
FEBRUARY 2018  
FROM 12PM-5PM**

**MEET THE COACHES  
FUN GAMES & CLINICS  
FOOD & ENTERTAINMENT**

**PLAYERS WANTED!!!**  
Miniroos / U8's / U10's / U11's  
U13's / U16's / U18 Girls / U20's

**GET IN TOUCH**

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