



Monday 11<sup>th</sup> June - Queens Birthday Holiday

Thursday, 31st May, 2018

TERM 2 WEEK 7

**KEY DATES**

**JUNE**

Fri 1	Winter District Interschool Sport 5&6
Sat 2	Working Bee 9am -1pm
Thu 7	Division Cross Country
Thu 7	School Tour 9.15am
Fri 8	Crazy hair day
Mon 11	Queens Birthday - No School
Tue 12	Clay Self Portraits - G6 Incursion
Tue 12-15	Dental Van
Thu 21	School Tour 9.15am
Tue 19	Dandenong Market - Prep's
Fri 29	<b>End of Term - 2.30pm Dismissal</b>

**JULY**

<b>Mon 16</b>	<b>Term 3 Commences</b>
Wed 25	Step into prep 9.15-10.15

**AUGUST**

Fri 10	Hoop time
Wed 22	Step into prep 9.15-10.15
Thu 30	District Athletics

**TERM DATES 2018**

Term 1:	30 January to 29 March
Term 2:	16 April to 29 June
Term 3:	16 July to 21 September
Term 4:	9 October to 21 December

**TIMETABLE**

Commences	9.00am
Recess	11.00 - 11.30
Lunch	1.40 - 2.30
School Finishes	3.30pm

**From The Principal**

**Open Night**

My thanks to all of the families that attended our Open Night just over a week ago. Again the turnout was exceptional and the classrooms were buzzing with parents and students exploring the work that we do within the school. The community spirit was amazing and it is what makes MPS such a special place. I would especially like to thank Mel Collard, Anne McNee, Kate Hattwell and Brooke and Sasha Rep for assisting with the BBQ on the night. In addition, my thanks to the teaching staff for their efforts in the lead up to and on the night. It's the collective work of the team that makes these evenings a success and I appreciate the dedication shown by all.

I would also like to congratulate our passport prize winners – Zoe (1T), Nicholas (2S), Mirabella (PS), James (4F) and Kevin (6J).

**Regional Leadership Conference**

Next Monday and Tuesday, Mr. Hattwell, Mr. Boyle and I are attending the 2018 Regional Leadership Conference. Mrs Jarvis will be acting Principal. The theme for this year is "Leading excellence in teaching and learning – unleashing greatness together" and it will provide school leaders with the opportunity to learn and engage with their peers, and local and global leaders in education. The program builds on 2017 conference theme, inspired teaching and learning – creating the education state. At this year's conference, we will develop a deeper understanding of how to lead this improvement work at Mulgrave Primary School, looking explicitly at evidence informed practice that will support teachers to improve their professional practice and impact on student learning and achievement.

**Long Service Leave**

Friday June 8<sup>th</sup> will be my last day at MPS for Term 2 as I head off on a family vacation to Europe. The trip has been a long time in the making and I am very much looking forward to many of the sights. As someone who hasn't travelled extensively, this is an exciting time for us as a family and I'm sure there will be plenty of stories to tell upon my return. In the meantime, Mr. Stuart Hattwell will be acting Principal and Mr. Tom Boyle will act as Assistant Principal. Should you have any needs during this time, they will be more than happy to help.

**Queen's Birthday Long Weekend**

The long weekend is just over a week away, so I would remind all families that the school will be closed on Monday Jun 11<sup>th</sup> to observe the public holiday.

*Principal's message continues pg 2:*

Principal's message continues:

### Parent-Teacher-Student Conferences

Once again the school will be holding our mid-year conferences beginning at 12:30pm, with the final conference concluding at 7:30pm. Notices will be coming out soon with a link to the booking website. Parents are strongly encouraged to make an appointment, as attendance at a conference will count to each student's attendance on the day, therefore there is an expectation that each child will participate. This is because research tells us that students that are able to "self-report" make stronger learning gains and that developing a strong home-school partnership enables the best conditions for learning growth. Also, our students are proud of their achievements and have a lot to celebrate. Being able to show their family what they have achieved is a significant boost to their self-esteem and underpins the collective understanding of the importance of school.

### The Age – School Zone Article

Earlier in the week, The Age published an article that stated that schools where their enrolments consisted of more than 50% of students from outside their Designated Neighbourhood Area would have restrictions placed on their ability to bring in new infrastructure such as portable buildings. Some families have enquired as to whether this means that their child would need to move schools.

There is absolutely no need for existing families to move schools. As it stands, Mulgrave is currently under the proposed 50% cap on enrolments from outside our area. What this change of direction means is unclear for now, as we may experience an influx if some of the larger schools surrounding us begin restricting their enrolments, but I see this as a good decision. There are many great schools in Victoria that have the capacity to do more and I also believe that a primary school can outgrow its space. This decision will give us greater control over our population growth and whilst we are still able to provide flexibility of choice, we can also continue to focus on making our school community as strong as possible.

### Student Agency!



Some of our Year 6 students came up with the idea of a charity fundraiser for Unicef with a world Cup theme. They have put together the entire concept themselves and finished it off in my office just this morning. Well done boys.

*Charles Spicer* - Principal

### School Captains Report

Hi all,

Its Una and Theo back for another article. On the 28<sup>th</sup> of June we are actually have a great day planned out! Alex V, Theo E, Tom C, James B, Daniel R and Billy L from grade 6 have planned a World Cup Day for all our students! You can wear the colours of your favourite country. You will also need to bring a gold coin domination supporting UNICEF.

If you don't know much about UNICEF they help children with food, water and healthcare around the world. There is going to be awards to the.....

- *Best supporter/ best dressed*
- *Most juggles*
- *Closest to guess the golden boot award and the winner of tournament*
- *And the margin of the finals*

We hope we all have a great day and we both are looking best supporter/ best dressed forward to the day!

**Una and Theo - School Captains 2018**

# School News

## CRAZY HAIR DAY

**'CRAZY HAIR DAY'** will be held on **Friday 8<sup>th</sup> of June 2018**. On the day, please make your hair as crazy as possible. You can wear a wig, use hairspray colouring or lots of ribbons and hair ties. Please bring a gold coin donation to support Cystic Fibrosis. Please make sure your hair is back to normal by Tuesday the 12<sup>th</sup> of June (the day after Queen's Birthday Holiday).

Isaak D 3B and Matthew H 3T



## DISTRICT CROSS COUNTRY

Selected students from grades 3 to 6 competed at our District Cross Country last Tuesday. In a very successful afternoon, our students showed great endeavour and determination to finish 3<sup>rd</sup> overall against some tough competition. Congratulations to the team on what is our best result for many years.

The following students finished in the top ten of their age group and have progressed through to the Division finals.

Danial H, Nicholas V, Samantha M, Natasha W, Tom C, Alex V, James B, Billy L



## MPS ART SHOW OCTOBER 18



## PREMIER'S READING CHALLENGE

From May to September we will be encouraging students to participate in the **Premiers' Reading Challenge 2018**.

Your child will have received their password and login details for the challenge now.

Good luck to all our students participating!

Mrs Friend



## SICKBAY LINEN ROSTER

TERM 2		
Week	Date	Name
Week 7	1st June	Lucy Meszaros - 3T & 1T
Week 8	8th June	Dana Kroenert - PB & 6L
Week 9	15th June	Monita Sabtos 3T
Week 10	22nd June	Anne McNee 2L
Week 11	29th June	Melanie Collard 2H

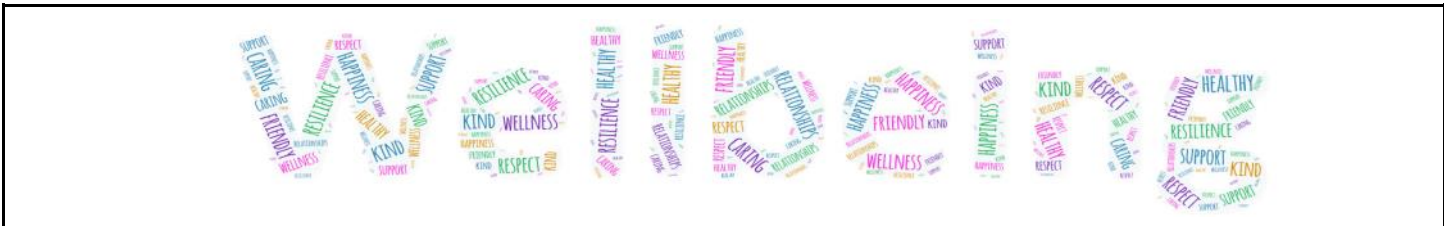




# TERM 2 - WEEK 6 - AWARDS

## Student of the Week Awards

Class	Name	Reason
PB	Milla H	For her wonderful writing and sounding out this week.
PL	Durrah A	For being an enthusiastic participant in the activities for Multi-Age Day.
PM	Caroline D	For her amazing improvement in reading with expression and comprehension.
PS	Kathleen M	For speaking confidently during Show and Tell.
1B	James C	For always being ready to listen and learn, and being a good role model for his classmates.
1T	Catelyn P	For beginning to sound out when reading and writing.
1W	Jasper G	For being a kind and caring friend.
2H	Fouad E	For his excellent application of reading strategies.
2S	Eishan S	For being a thoughtful and kind member of the class at all times.
3B	Adam C	For being a superstar helper and volunteering his time to help others.
3T	Jiniya K	For always demonstrating the MPS values and being an all-round superstar!
4F	Stanley R	For being on task and producing a neat and informative writing plan.
5P	George H	For staying on task during all his lessons this week.
5R	Sura A	For her amazing job working with younger students during Multi-Age Day.
6J	Kata K	For having the courage to speak at assembly and in class presentations.
6L	CJ F	For an amazing and enthusiastic approach to all activities during Multi-Age day.



The Wellbeing awards are given to students who show courage in situations of adversity, show leadership skills in different ways around the school and show kindness and empathy towards all members of the Mulgrave Primary School Community.

## Wellbeing Awards – Term 2, Week 6

Level	Name	Reason
Junior School	Jasper G	For stepping up, speaking up and stopping bullying.
Senior School	George V	For being outstanding on multi-age day, including as well as helping younger students
Senior School	Angie C	For helping other students in the yard and not being a bystander





# MPS-PFA

Mulgrave Primary School Parents and Families Association

## Greetings from the Parents & Friends Association!

### School Working bee: Saturday 2 June



Saturday 2<sup>nd</sup> June we will be having a working bee at the school between 9am -1pm to tackle a long list of jobs that will help spruce up the school. If you have a trade or just a willing attitude we would love you to donate your time. Additionally, if anyone has contacts in the garden industry who may be willing to donate plants for around the school we would love to hear from you. More information will be sent out closer to the date. Lunch will be provided so if you can lend a hand we would ask you RSVP via below email for catering purposes.

### Craft-er-noon Session: Sunday 24 June 10am - 2pm

Come along to our first MPS craft-er-noon session. An opportunity to start, make progress or complete your crafty project, with like-minded people. Whether you are a scrap-booker, card maker, knitter, sewer, quilter or any of the many crafting possibilities- you are most welcome.

Meeting in the BER building between 10am -2pm on Sunday 24 June. BYO lunch and your crafting gear. Please RSVP via link below so we can set up enough tables for the day and start getting excited. We can't wait to see you there! <http://signup.com/go/hZZmDYO>

### Girls Winter Uniform

At the last PFA meeting parents discussed the need for a winter uniform option for girls other than tracksuit pants. Lowes have two options that might be suitable, a winter tunic and a skirt that can both be worn with navy tights. The school is awaiting costings and then the matter will be raised at the next school council. Please watch this space for updates.



### Whole School Fun Night – Crazy Climb / Lollipops Centre Friday 13<sup>th</sup> July 6pm- 8.45pm

On last Friday of the school holidays 13<sup>th</sup> July, Mulgrave Parents and Friends will be hosting a whole school fun night. An opportunity for parents to come along and meet other parents in their child's year, while the kids are entertained on the play equipment or crazy climb areas.



### **Please note –Your child cannot attend this social night without a supervising adult.**

Teachers will not be in attendance. The purpose is for families to meet other families.

In addition to the general play area, we will have two 40-minute Crazy Climb sessions (places for this are limited).

### **Ticket Costs: Will be on sale via QKR and at the Door on night.**

Early bird (purchased via QKR or in cash by 20.06.18):

Entry \$15 per family (ie adult/s and child/children) for general play area.

If you would like to take part in Crazy Climb session \$5 per person

At the door on Friday 13<sup>th</sup> July

Entry \$20 per family (adult/s and child/children) for general play area

Crazy Climb \$8 per person (if there are spaces left)

A note will go home when the tickets are available.

## OUR NEXT MEETING – All Welcome. 7.30pm THURSDAY 21<sup>st</sup> June in BER BUILDING

### Get in touch....

If have questions or ideas you'd like to share, feel free to email us at [mulgravepspfa@gmail.com](mailto:mulgravepspfa@gmail.com)



### Upcoming events

#### Term 2 - Dates for your calendar

- 2 June (Saturday) – Working Bee 9am -1pm
- 21 June – PFA meeting 7pm BER
- 24 June (Sunday)– Craft-er-noon session
- 13 July School fun night @ Crazy Climb/ Lollipops





## How empathy transforms your child's well-being

When I called my mum in tears the other day about an overwhelming disappointment she said exactly what I needed to hear; "that really stinks."

With those three words I felt her empathy.

When our own kids cry and share their upsets and disappointments it can tear at our heartstrings. Sometimes we just want to cry with them.

There are also those times when our kids get upset and it wears on our patience. It's easy to react with "well, I've told you before..." or "how many times ...?" or "if only..."

### Don't let frustration get the better of you

It's completely normal for us as parents to feel frustrated, even if our kids are upset, and wonder when the lessons will be learned. And it's completely fair to have those conversations....again. But before we do that, there's a handful of words that we need to share. A handful of words that, when shared with sincerity, can have the most powerful impact on the emotional health and happiness of our kids over their lifetime.

The words? They're the ones that deliver a message of warmth and empathy. Empathy can change the nature of our family relationships, boost our kids' mental health, develop their emotional intelligence and promote warmer healthier, and even less violent, relationships for our kids as young adults. Kids with more empathetic parents are less aggressive, experience less depression, develop greater emotional intelligence (a predictor of success) and grow up to be more empathetic themselves. Empathy is defined as experiencing emotions of concern at the suffering of others and adopting the perspective of another. It's different to sympathy which is feeling sorry for someone. It's about demonstrating our concern and letting our kids know we get it. That we feel it too.

We can show empathy by saying things like:

"I get it."

"I hear you."

"Ahh, I can see that you're feeling....."

"That stinks."

"I understand."

### For great impact use the right emotional response

Pairing your words with a matched emotional response, love, comfort, warmth and a willingness to sit with them as they express their emotions shows our kids we get it and validates for them that they have every right to feel the way they do. After all, there's no such thing as wrong feelings. We can't help how we feel about the things that happen to us, neither can our kids. We don't need to agree with how they feel, nor do we have to view their reaction as a reasonable response to what's happened. It's all about showing our kids that their message has been received, and that they have a soft place to land. The conversations can come later.

Validation is an important step in our response to our kids when they're upset, distressed or anxious.

Click here to learn more about our online course [Parenting Anxious Kids](#).

For more positive parenting ideas from Jodi, subscribe at [drjodirichardson.com.au](http://drjodirichardson.com.au)



# School News

## Extend OSHC at Mulgrave Primary School

Hi Everyone,

I hope everyone is keeping warm and cosy in this wintery weather!

Over the past two weeks, the children were engaged in several activities to excel their learning skills. In art and craft, we explored variety of art mediums through many interesting activities such as: water colour plastic wrap painting, Leaf water painting collage, Autumn hair style, Knuckle Contour Map, Spin art, and Salt painting collage. We also created awesome Marble drop games with recycle materials.

Our Silver egg science experiment gave the children an opportunity to learn the procedure to making Silver eggs and they learnt some of other fact about eggs, e.g. whether they are raw or cooked etc. In another science activity, they watched a video clip on how brown sugar is processed.

In the Kitchen corner, a few times our Master Chef made a yummy pancake breakfast. We also made delicious dumplings and rice paper rolls with fresh vegetables.

Apart from these activities we enjoyed, Puzzle solving, Building with Lego, Kinetic sand, Drawing, Chess, Monopoly, and creating interesting figurines with Stickle puffs. We also enjoyed many physical games such as: Footy, Cricket, Obstacle course race, Kid fit activities, Flag grab, Skittle Soccer, Bean bag toss, Elbow tiggy, Octopus, Memory tag and many more..

### Next weeks activities are:

**Monday 4th June:** : Wood craft – Snails/Dice game

**Tuesday 5th June:** Science – Slime/River bank

**Wednesday 6th June:** Gilbert the Geco/Beat the clock

**Thursday 7th June:** Cooking – Lamingtons/Parachute games

**Friday 8th of June:** Enrichment program: Kid fit/Tunnel ball

### Our Extend Superstar is

**Brooke A**

**For being a good listener and participating in the program activities.  
Well done Brooke, keep up the good work!**

*Kind regards*

*Meena*



Please see our website for more details - <https://www.lookedafter.com/>

You can take a look at the exciting experiences our children take part in whilst attending the Extend Squad here: <https://www.youtube.com/watch?v=1Yw3otfZgEs>







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**20% from every Membership sold contributes to supporting Mulgrave Primary School**



# Advertising



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## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

### CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF will be provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students.

### HOW TO APPLY

Contact the school office to obtain a CSEF application form or download from [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)

### MORE INFORMATION

For the CSEF application closing dates and more information about the fund visit [www.education.vic.gov.au/csef](http://www.education.vic.gov.au/csef)



**Parent Applications Close 29<sup>th</sup> June 2018**