



Thursday 10th October 2019

TERM 4 WEEK 1

KEY DATES

OCTOBER

Wed 16	Puberty Ed G 5&6's
Wed 23	Puberty Ed G 5&6's
Wed 23	Parent Info night re Puberty Ed Grade 5&6 parents - 6pm
Fri 25	Teacher Appreciation Day
Fri 25	Grade 2 Sleep Over
Wed 30	Puberty Ed Grade 5&6's

NOVEMBER

Fri 1	Colour Fun Run
Mon 4	Curriculum Day - (No students)
Tue 5	Melbourne Cup Day(No students)
Wed 6	Step into Prep 9.15 - 11am
Tue 19	House Sports

STEP INTO PREP

Oct:	Wed 9 October 9.15-10am
Nov:	Wed 6 November 9.15-11am

PARENT INFORMATION SESSION 2020 PREPS

Dec: Wed 4 December - 6.30 - 7.30pm

CURRICULUM DAYS

Term 4: Mon 4th November

PUBLIC HOLIDAYS

Nov Tue 5 Melbourne Cup Day

TIMETABLE

Commences	9.00am
Recess	11.00 - 11.30pm
Lunch	1.40 - 2.30pm
School Finishes	3.30pm

TERM DATES 2019

Term 4: 7 October - 20 December 2019

TERM DATES 2020

Term 1: 28 January - 27 March 2020
Term 2: 14 April - 26 June 2020
Term 3: 13 July - 18 September 2020
Term 4: 5 October - 18 December 2020



From The Principal

Down the Pipe

Mulgrave Primary School is still basking in the glow of our school production of "Down the Pipe". Mrs Sally Bush did an outstanding job in bringing this original play to life, having written every line, every song lyric and every track. She has developed costumes and sets, recorded all of the tracks with both a backing vocal (her amazingly talented daughter) and without, all done via a professional recording studio. I cannot thank her enough for her amazing dedication and professionalism. It truly was a great experience for all of our students and we are privileged to have a performing arts teacher of the calibre of Mrs Bush.

I would also like to thank all of our parent volunteers. I won't name you all again, but know that we are incredibly thankful of your efforts and your contributions made the show that much better. To all of the staff who go above and beyond to help put the show on, thank you for ongoing dedication. Finally, a big thank you to all of the parents and the broader community for supporting the show. Your enthusiasm for supporting your children ensured that the atmosphere on the night was buzzing and it certainly helped our students to step up and perform at their best.

Farewell and Best Wishes Mrs Koble

Congratulations to Mrs Steph Koble who was successful in being appointed as the Outer Eastern Area's new Leading Teacher in the role of Teaching Improvement. Mrs Koble will be responsible for supporting schools throughout the Outer east in developing their literacy platforms after playing a significant role in establishing our current practice. Mrs Koble will be taking up her appointment on Monday October 14th. As a result, Miss Amanda Hickleton will take over 6K for the remainder of the year. Mrs Koble and Miss Hickleton will work together this week to ensure the handover is as smooth as possible, before Mrs Koble takes up her new role next week. Parents would be familiar with Miss Hickleton, who has filled in across the school this year, including in PE and Year 2. For the remainder of the year, Ms Lucy Truesdale will lead the senior team.



Parent Opinion Survey

This year's parent opinion survey results, whilst not as stellar as 2018, remained extremely positive overall, with general satisfaction endorsed by parents at 86% positive, 8% neutral and 6% negative from the 49 families who completed the survey. Areas of particular interest include Student Safety, where we were above state in terms of the percentage of students who are not experiencing bullying. I am pleased to say that overall, only 3% of parents responded negatively to the way in which the school manages bullying and promotes positive behaviour. As always, my door is always open should there be any issue and we will endeavour to find a solution as quickly as possible. Another area that has been a focus for the school this year is Student Connectedness, which has increased from 77% of positive responses in 2018 to 86% of positive responses in 2019. We are hopeful that our continued focus on student engagement, voice and agency will continue to see us improve in this important area. Other areas that have been maintained at high levels include Student Motivation and Stimulating Learning. Pleasingly, one of the standout results was High Expectations for Success, with 91% of our parents endorsing the expectations of students.

Areas that came back with lower results included the Physical Environment of the school, with only 65% of parents responding positively. Hopefully parents will note the significant improvements being made around the grounds, the regular attention paid to maintenance and the overall cleanliness of MPS. We will, of course, continue to work on littering around the school, but would also ask for assistance from parents in reinforcing good habits in this regard. The other low area was in Parent Participation and Involvement at 71%. This is certainly an area where we have tried to encourage parents, however we are clearly missing the mark overall. I suspect it is to do with our busy lives, however I welcome any written correspondence on the issue, as we are looking for ways to improve.

Overall, our results are very strong in comparison to schools across the state and we look forward to maintaining and improving upon these outcomes.

Staff Opinion Survey

Late last term we also received the results of the staff opinion survey. As per our student and parent surveys, the results were extremely good, where we have comfortably outperformed schools across the state and similar schools in terms of socio-economic status. What these surveys tell us is that we have a happy school with a positive approach to education. Does this mean we are perfect? Of course not. Do we still have room for improvement? Absolutely. We can however take the time to accept the affirming responses of the school community and we know that we are on the right track. In terms of strengths, the staff cited a collective responsibility and focus on student learning, along with a strong desire to improve their own practice and quality professional learning that focuses on literacy and numeracy. Our team use evidenced based, high impact teaching strategies and have a shared belief that student engagement is the key to learning growth. Of course, staff were reflective of their own areas for improvement as well and over the next twelve months, we will do further work on improving the capacity of staff in developing a deeper understanding of the curriculum, particularly across years levels so that we can cater for the range of student abilities and meet each child's point of need. To support this, staff are seeking to improve their formative assessment (in process assessment, as opposed to an end of term test or NAPLAN) and their ability to interpret those results to meet our students' needs. I am exceptionally proud of the team at MPS and their willingness to go the extra mile. We acknowledge that we are not perfect and make mistakes, but the collective efficacy of the staff is exceptional and their goal is to help your children achieve the best results possible. As always, should you have any questions regarding your child's progress, please feel free to contact us and make a time to catch up for a chat.

Playground Update 1

As parents and students would be aware, we are planning to build the replacement adventure playground to the south of the new stadium site. Unfortunately, we are required to completely replace the school's fire services, which involves new piping throughout the entire school. The piping will run under the site of the new playground and as such, we have to wait until that is completed in January before we can install the equipment, ensuring that we do not hit any water lines in the process. Unfortunately, two of our existing trees will need to be removed as part of the project, however the school will undertake a significant planting program in 2020, which will far outweigh the number of trees lost and will create additional shaded areas throughout the school. Mr. Hattwell has finalised the plans with the playground group, after consultation with students, and we look forward to our students being able to enjoy it in 2020.

Playground Update 2

Due to the significant wet weather we had at the beginning of the project, we will now be looking at a Week 3-4 completion of the sensory playground. It is looking good however and I'm sure our students will enjoy this unique play space once it is ready to go. As mentioned in the Playground 1 update, we are looking to plant a significant amount of new trees in 2020, however we are pleased to say that the sensory playground will include three significant shade trees to offset the loss of the two trees to the adventure playground area.

Construction Update

Over the holidays, all of the groundwork was completed, as was the initial plumbing for water, sewerage and stormwater. In addition, electrical and data cables were laid through various areas surrounding the hardcourt. Slab works are continuing and we should see it poured in the coming days. The slab will be given around a week to cure, so activity will slow down next week, before ramping up the following week. The builders are hoping to have the steel framework completed by the end of November, weather permitting of course. Once the frame is up, it will certainly highlight the size of the project, with the highest point being close to that of a 10m diving platform. By early in the new school year, we should have a pretty good idea of how the building will look from the outside.

Planning for 2020

Planning for 2020 is well underway, with budgets and grade structures being finalised in the next two weeks. With this in mind, we would ask any families that may be leaving MPS to advise us in writing as soon as possible, so that we can plan as accurately as possible. In addition, if you or any family that you may be aware of are wishing to enrol for 2020 and are yet to do so, could you please contact the office as soon as possible. As it stands, we are at full capacity next year and are currently working with the Department around expanding our facilities. That said, it is the goal of the school council to keep growth under control, as we wish to maintain our wonderful community feel. We also wish to maintain the open nature of our play spaces and therefore hope to limit any new portable buildings on site to the western side of the school (next to the 5/6 buildings). This in turn will keep our maximum capacity at a manageable level.

Charles Spicer

Principal



Colour Fun Run

Friday 1st November 2019

MPS 2019 Colour Fun Run will be announced at this weeks assembly, 11/10/2019, and notices will be sent home with detailed information for families. Keep an eye out for a Flexibuzz message as well.



Jasmine is our everyday hero!!

Jasmine announced at assembly she will be cutting her beautiful long locks for Cancer.

She will be cutting her ponytail in the last week of term 4 to raise money for cancer patients who need wigs.

As the cancer council don't accept real hair for making wigs, the money raised goes to the production of synthetic wigs for Cancer patients.

So what do we do with her ponytail?

Jasmine will be donating her ponytail to Sustainable Salons who collect ponytails and distributes them to charitable organisations and local wig makers for medically induced hair loss conditions such as Alopecia and Cancer. It takes 20 ponytails to make one wig. Her ponytail now is around 45cm.

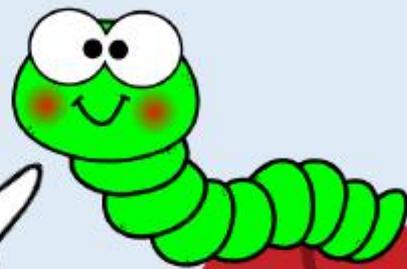
Jasmine's goal is to raise \$2000 and she will cut 20cm. If the total goes higher, she will cut 30cm for \$3000. Please help Jasmine reach her goal. Thank you for your support.

<https://shave.everydayhero.com/au/jasmine-sutton-ponytail-donations>

MULGRAVE PRIMARY SCHOOL

BOOK DRIVE

We welcome your donations of new and gently used children's books.



Please drop off your books to the designated boxes at the school office.

Picture books

Chapter books

Non-fiction

7th Oct -
1st Nov
2019

Melbourne's grass pollen season is fast approaching and while we're not expecting much grass pollen in the air until later in October, the outlook is already for a heavier season than 2018.

So, what's driving this outlook?

Melbourne has so far received less than half its annual average rainfall of 650 mm. This puts 2019 on par with 1967,

Melbourne's driest year (www.baywx.com.au) and low rainfall generally means less grass growth and less grass pollen.

But after one of the driest start to a year on record, autumn and winter rainfall have been close to average for much of Victoria.

As soils warm through early spring, the amount of water available to plants – the soil moisture level – is a major factor determining growth.

The first map shows moisture levels in soils across Victoria.

Pasture grasses in western Victoria are the source of much of Melbourne's grass pollen. The large blue areas in the map show that there are above average levels of soil moisture in these grazing lands.

If that soil wetness translates into more grass growth, then that should mean more grass pollen as well this year.

Early indications are that western Victoria is already a lot greener than at the same time last year. This increased greenness is seen by comparing the satellite images from mid-August 2019 and 2018, which are taken at wavelengths that measure the greenness of plants.

This comparison is shown in the second set of maps.

Simply put, although 2019 has been a very dry year, the pasture grasses across western Victoria, the source of much of Melbourne's grass pollen, are in good condition coming into spring.

And that growth is setting us up for a bigger grass pollen season than last year. That will mean more days with high or extreme levels of grass pollen, which are bad days for most people with hay fever or asthma.

Bad enough, but not a record season.

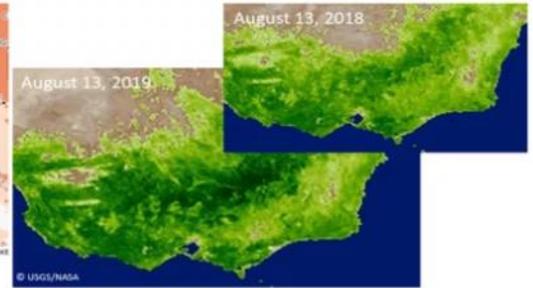
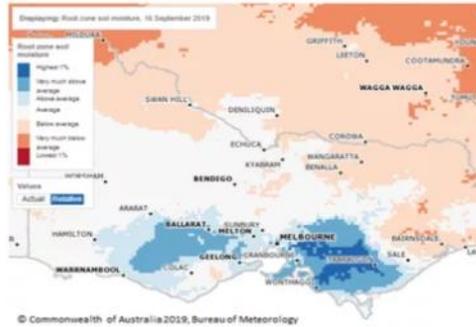
But this outlook isn't locked in. For instance, if spring rainfall disappoints there will likely be some reduction to the size of the 2019 season.

So, people with hay fever should learn asthma first aid, see their GP if they think they may also have asthma, follow their hay fever treatment plans and have asthma reliever medication suitably available.

And people with asthma should ensure they have had recent review with their doctor and achieved good control of symptoms. Also remember to take any prescribed preventer every day, even if no symptoms, have an asthma action plan that includes thunderstorm asthma, and always carry their asthma reliever with them.

Remember, everyone should avoid thunderstorms in grass pollen season (October to December) especially the wind gusts that proceed them.

Grass pollen counts and forecasts will be available on www.melbournepollen.com.au and via <https://www.melbournepollen.com.au/mobile-app/> free mobile app and are updated daily at around 10:30am.





MPS-PFA

Mulgrave Primary School Parents and Families Association



We're back!!

Welcome back to term 4, we hope you were all able to have some quality relaxing family time over the holidays.

MASSIVE, MASSIVE thanks to Lucy for taking the reins in term 3 and leading all PFA events while I was on placement, your efforts are much appreciated.

FOOTY PIE DAY – THANKS

This year footy day was a great success, and this is due in large part to the fabulous Mum's who came down and helped deliver the food out to the classes. THANKS to the following Mum's who popped in at lunch to help: Lucy Meszaros, Amanda Diakomanolis, Steph Buggy, Kate Hatwell, Holly Oakes, Marie McClone and Daniela McCole.

PIZZA DAY

We will host a PIZZA DAY in term 4 so stay tuned for notices.

BOOK CLUB SUCCESS - \$1,200

To date this year your support through the book club has purchased \$1200 worth of reading resources for across the year levels. Thank you for your continued support to provide great books for our kids. Issue 7 Book Club catalogues have been sent home this week with orders due back on 21st October via LOOP app.

TEACHER APPRECIATION DAY

Reminder teacher appreciation day is on Friday 25th October. We would like to provide a thank you morning tea for the teachers. To prevent getting multiples of the same item donated, eg. 60 bags of chips, in lieu of donating food, we are asking parents to make a small donation **via QKR**, and we will purchase the food and organise on parents' behalf. Our teachers do a brilliant job with our kids, so it is a great opportunity to say thanks!

Get in touch.... If you'd like to volunteer, have questions, donations, ideas or special skills that we could use - email us at mulgravepspfa@gmail.com

Thanks Mel & Lucy

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Dear Parents,

A very warm welcome to all our families, I hope you all had a relaxing enjoyable break and are prepared for the exhilarating last quarter of the year 2019.

I would like to share some of the highlights of our Super hero holiday program which had loads of fun activities.

Many children joined us even from neighbouring schools and all had an awesome time making crystal bouncy balls, giant bubbles, decorating mugs, designing pin balls, making superhero masks and several interesting physical games. We also went on movie excursion and loved watching Abominable. We baked delicious chocolate cupcakes for Jeremy's 7th birthday!

If you haven't experienced our holiday program as yet, please join us for summer holiday program for unlimited fun.

This term we have jam-packed various interesting activities to entertain and excel your child's learning, including an enrichment program, Auslan. We will be celebrating **National Recycling Week** from the **11th to 15th November**.

This week is all about creating awareness and teaching the children about sustainable living by bringing recycling to the forefront of our program. We will be encouraging children to explore the importance of recycling and how they can connect and contribute to the world through creative and fun activities.

Please join us for this special week to experience our environmentally friendly practices through our cool projects.

Next week's activities

Monday:	14 th October - Spring painting art
Tuesday:	15 th October - Science: Rubber band powered boat
Wednesday:	16 th October - Opposite black and white art
Thursday:	17 th October - Team game: Tenpin bowling
Friday:	18 th October - Enrichment program Auslan

Kind Regards

Meena

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What you will get



- Zig Ziglar

DREAM BIG

Your attitude, not your aptitude,
will determine your altitude.

Welcome Back
LEARN to School
WONDER
experiment Grow
Play shine SHARE
INSPIRE
Explore **DREAM**
MAKE FRIENDS Have
enjoy **PRETEND** Fun
imagine
practice **SMILE**
sing try new things





Are you and your child both struggling with anxiety?

If you're a parent with a child aged 7-12 years, and you both experience anxiety, we would like to **invite you to participate** in a study treating emotional disorders with cognitive behavioural therapy.

What you can expect: If you and your child are appropriate candidates for this study, you will both receive a no-cost comprehensive diagnostic assessment of anxiety and related symptoms by provisional psychologists at Monash University's FEAR Clinic. Following this, if both you and your child are assessed as having an anxiety disorder, you will be invited to participate in a low-cost treatment program of cognitive behaviour therapy (CBT).

The CBT treatment involves participation in 10 one-hour therapy sessions conducted at the Monash University FEAR Clinic. Parents and children will typically be treated separately, however, some treatment components will involve children and parents taking part in activities together. Throughout the CBT program, participants will also be required to complete questionnaires related to their symptoms, and to engage in between-session activities designed to consolidate knowledge and skills introduced during treatment sessions. Following treatment, a further assessment will be conducted to determine symptom and diagnostic change.

Monash University Human Ethics Committee research study approval number: 9781.

For further information or to register your interest, please contact:

Dr Peter Norton, Ph.D.
Clinical Psychologist
Professor, Monash School of Psychological Sciences
Peter.Norton@monash.edu
Phone: 03 9905 1709

Co-Investigator
Dr Katherine Lawrence
Clinical Psychologist
Phone: 03 9902 4480

Student Researchers:

Ms Chloe Salvaris, Chloe.Salvaris@monash.edu
Doctor of (Clinical) Psychology Candidate, Provisional Psychologist

Ms Samantha Galea, Samantha.Galea@monash.edu
Doctor of (Clinical) Psychology Candidate, Provisional Psychologist

Online registration of interest:
<https://qoo.ql/forms/F7Rqh2W38B9XMREh1>

FEAR (Fear, Emotions, and Anxiety Research) Clinic:
Building 1, 270 Femtree Gully Rd., Notting Hill, 3168
Phone: 03 9902 4480
Web: med.monash.edu.au/psych/fear/

Find us on 





TERM 3- WEEK 9 STUDENT AWARDS

Class	Name	Reason
PK	Max V	For being an inquisitive little explorer at the zoo yesterday!
PL	Ray B	For his wonderful behaviour at the zoo excursion. Well done!
PS	Sienna B	For her excellent behaviour at the zoo. Well done!
PT	Mason A	For sharing what our learning intention was at the zoo, he said "our learning intention is to see all the animals and learn about where they live". Well done!
1B	Alexander P	For demonstrating wonderful persistence when challenging himself to learn all the Magic Words.
1F	Josh K	For great use of verbs and adverbs in his writing
1T	Nathaniel M	For his outstanding efforts to improve his writing and wrote a fantastic procedure.
2G	Oliver G	For his amazing positive attitude towards all his learning this week
2L	Tyrese P	For his patience and persistence when working with his classmates.
3B	Ruby S	For putting in extra effort in her Big Write this week.
3C	Bernice A	For being an outstanding singer during production rehearsals.
5R	Justin P	For his excellent persistence in both Maths Olympiad and extension Math in class.
5T	Jordan C	For focusing hard during writing sessions, and writing a really good birthday recount!
6S	Izac S	For helping to clean the 5/6 area.



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www.digimaker.com.au

Computer Programming Club

In a world where technology touches every aspect of our lives, it is crucial that our children understand how it works. To accomplish this objective, there is an exciting Computer Programming club running at the school.

The aim of the club is to provide students with exposure to the fundamentals of computer science concepts. Run by external consultants from Digimaker, this program will:

- Build games, animations, stories utilizing pupil's creative thinking
- Develop logical thinking and problem-solving skills
- Express ideas & boost confidence working in a collaborative environment
- Enable the grasp of computational thinking which combines math and logic

For details on the course, visit <http://www.digimaker.com.au/courses/>

The club will run for 8 to 10 weeks each term (depending on the length of the term) and is charged on a per-term basis. Students work on school laptop during the session.

Program for Term 4 2019 is as follows:

Room : Library
Year : 3 to 6
Fee : \$135 + GST

Batch 1 – Lunch Time	
Day	Wednesday's 09 th Oct to 04 th Dec (09 weeks)
Time	01:40pm – 02:25pm

Mulgrave Primary School

*If you are interested in your child being considered for the programming club, please *fill the form online @ www.digimaker.com.au/contactus/ latest by Friday 20th Sep 2019. Digimaker will confirm your child's spot via **email.*

*Existing students need not fill the form

**All important emails from Digimaker will be sent from info@digimaker.com.au Please ensure this address is whitelisted in your Junk Email filters or added as a Trusted contact.



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SOCCKER KICKS

MULGRAVE PRIMARY SCHOOL

Our Mission at Soccer Kicks is to get kids active and fit through Soccer. We want to introduce school kids to the game of soccer in a fun and supportive environment. With tailored games for all skill levels we can ensure that each child has a positive experience during each class.

Soccer Kicks Provides non-competitive classes for boys and girls Grade 2 to 6.

Our class consists of fun skill based games with a match at the end of each class.

Day: Thursday after school

Time: 3:35 to 4:35

Cost: \$125 for 8 weeks

Date: Thur 17th oct to Thurs 5th of December

www.soccerkicks.com.au

payment online or leave form at the school office in envelope

Email:
soccerkicks@outlook.com

Mobile: 0405864284

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L UFC FOOTBALL ACADEMY

JUNIOR TERM 4 TRAINING PROGRAM



Over term 4 we will be holding a training program for the juniors. The program will be run on Saturday mornings between 10-11am. The program will run from the 12th of October through to the 7th of December (excluding Cup weekend).

Ages: 5+

Cost: \$150 per child (inc. Academy training kit) or \$100 (without training kit)

If interested please contact one of the coaches:

Greg 0431 263 270

James (JJ) 0408 053 209

Peter 0420 757 770



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Annual book sale

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Saturday 19 October, 9am – 2pm
UBD Warehouse B, 19 Centre Road, Scoresby



JUNIOR SELF DEFENCE & FITNESS CLASSES



MULGRAVE PRIMARY SCHOOL

Tuesdays

Ages 6 -10 5.30pm – 6.30pm

Ages 10 – 16 6.30pm - 7.30pm

Boys and Girls

Contact Cliff Wilson to register:

M: 0418 150 405

E: cliffwilson@caydam.com

W: caydam.com

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**Develop your children's skill in sports and confidence in the water!
Our gymnastics and learn to swim programs build vital competencies for children,
and help them build the foundations towards an active, healthy lifestyle.**

Our gymnastics classes:

KinderGym: Age: 3mths-5 yrs (including **BabyGym Age: 3-12mths**). A fun, play-based developmental movement program. Children build body awareness, gross and fine motor skills, balance, coordination as well as social and emotional skills.

GymFun: Age: 5-8 yrs. Children learn important physical literacy skills including jumping and landing safely, rotating in different directions, balancing, moving in different ways and swinging.

GymSkills: Age: 8 yrs+. A fun and engaging skills-based recreational gymnastics program focused on skills progression, building confidence and increasing fitness - as well as learning some cool tricks to show their friends!

FreeG Kids: Age: 7 yrs+. A mix of acrobatics, parkour, free-running, martial arts and circuit training! Flying through the air, leaping, jumping, dodging and flipping; FreeG explores your own limits and abilities through a series of challenging obstacles.

Our swim classes:

Infant: Age: 6mo-3 yrs. Conducted with parents in the water, these classes are designed to build confidence in the water, and is the best possible introduction to swimming.

Pre-School: Age: 3-5 yrs. This program is for children ready to swim without a parent. It is designed to continue building young children's confidence in the water and foster their love of swimming.

Primary: Age: 5 yrs+. This program can take children new to swimming lessons all the way up to those who are developing correct freestyle and backstroke technique.

Adult: Age: 16 yrs+. For non swimmers, through to adults looking for technique refinement. If your swimming abilities prevent you from enjoying the water as much as you'd like to, this class is for you.

bkgymswim.com.au

T's and C's apply

MEMBERSHIPS FROM



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