



Thursday 5th December 2019

TERM 4 WEEK 9

KEY DATES

DECEMBER

Mon 2 - Fri 13 Whole school swimming program

Fri 6 Whole School transition for 2020 grades 9am - 11am

Tue 10 Grade 6 to Year 7 Orientation Day

Tue 10 Whole School transition to 2020 grades 9am - 11am

Fri 13 Assembly 2:45pm Jasmin Sutton Cancer Council Pony Tail Donation

Mon 16 Year 6 Graduation Lunch (12pm-1pm) & Graduation Ceremony (6pm-9pm)

Tue 17 Christmas Carols & PFA BBQ



Wed 18 Whole School transition for 2020 grades 12.30pm - 1.30pm

Thu 19 Year 6 Fun Day - Luna Park (10am-2pm)

**Fri 20 End of Term 4
1.30pm Dismissal**

TIMETABLE

Commences	9.00am
Recess	11.00 - 11.30pm
Lunch	1.40 - 2.30pm
School Finishes	3.30pm

TERM DATES 2019

Term 4: 7 October - 20 December 2019

TERM DATES 2020

Term 1: 28 January - 27 March 2020

Term 2: 14 April - 26 June 2020

Term 3: 13 July - 18 September 2020

Term 4: 5 October - 18 December 2020

From The Principal



Sensory Playground

"The biggest discovery in the history of Mulgrave" – Paul K 1T

Apparently dinosaur bones have been discovered in the new playground's sandpit. Our students are excavating the site, determined to get to the bottom of this revelation. There's no doubt the playground has been an instant success, with our students using their imaginations and getting their hands dirty to explore the space. The photos attached are a sample of some of the free thinking of our students and the way they are working, we might even have a pool by the end of the week! Encouraging this creative style of play is vital in the brain development of every child and I would like to thank Mr. Hattwell for his efforts in making the playground a reality. It has taken an enormous amount of research and planning, not to mention stakeholder management, to get to the brilliant end result. Without doubt a job well done.

2020 Student Grade Allocations

Tomorrow, students will begin their transition into their 2020 classrooms and find out who their new classmates and teacher will be. Notes will be sent home to confirm your child's grade. Last year's transition program was a huge success and we look forward to providing students with the opportunity to get to know new classmates and their teacher. I would again ask all parents to give the grades a chance to settle. As a school, we are confident that the students will quickly find their way if given a chance. In addition, staff have spent many hours working through friendship and parent requests, balancing classrooms and providing students with the opportunities to meet new people, which is a critical part of life and a skill that must be developed over time. Resilience is a part of life and we encourage families to discuss this with their child/ren if there are disappointments and to give each child the confidence to give their new surroundings a fair chance.

School Leadership positions for 2020

Congratulations to the following students that were elected into formal leadership positions for 2020. These announcements were made Wednesday's assembly after a very rigorous selection process, with our students being presented with their badges by the Premier of Victoria, the Honourable Daniel Andrews, MP.

2020 Captains	
School Captains	Ayanna A and Levi T
Vice-Captains	Jasmine S and Joshua G
STEM	Abigail S and Alex A-K
Arts	Risha P and Aaya E-J
Environment	Georgia M and Marcus L
House Captains	
Blue	Talia T and Jimmy P
Gold	Dean B and Cassandra K
Green	Aliyah K and Demi L
Red	Summer L and Sienna R

Christmas Concert & BBQ

Just a reminder that we will have our Christmas Carols Night **in the courtyard** on Tuesday, 17th December from 6:00pm. This concert each year is a happy occasion, where we get together as a whole school community to share in the children's success, have a break after a very busy year, and hopefully see a friend or two who we haven't caught up with for a while. Parents are invited to bring along picnic rugs, and chairs, however we would ask that the area reserved for students is left vacant. The Mulgrave Parents Association will be providing a BBQ on the night. The BBQ will be setting up from 5:00pm. We invite people to purchase either sausages or a vegetarian option on the night. Community members will also have the opportunity to purchase tickets for our Christmas Raffle. This raffle will be drawn on the night. Money raised from the BBQ and the raffle will be used to purchase air conditioning for our new stadium.

A reminder that smoking and the consumption of alcohol on the school property is against the law and therefore not permitted.

We would love to see you all here. Grandparents and extended family are very welcome as always.

Health and Safety – Fragrance Intolerance

MPS is not a nut free school, as research tells us that this can actually provide a false sense of security for those with anaphylaxis. With this in mind, I'd like to raise another health concern and ask for the support of the community. At least one of our students suffers from an intolerance to fragrances. This manifests itself in the form of nausea and headaches. Of particular concern is the chemical reactions that occur whilst people are wearing fragrances that create these intolerances. Whilst the school is not seeking to put in place a school wide ban, in keeping with our nut policy and for consistency, we would ask families to consider making reasonable adjustments and avoid wearing synthetic chemical products if you are likely to enter school buildings first thing in the morning. This will help us to ensure the learning spaces are not producing the chemical reactions that cause illness. I thank you for your cooperation.

Mobile Phones

Over the last few months the media has been outlining the new legislation that will come into place from the commencement of 2020 in relation to mobile phones at school. I recently attended a briefing regarding student use and access of mobile phones during school hours. It is now a Ministerial Order that in all Victorian Government Schools, from Term 1 2020, students who choose to bring a mobile phones to school must have them switched off and securely stored during school hours.

At the briefing, we were given some research:

Mobile phone use while learning new material reduces comprehension and impairs academic performance (Froese et al. 2012)

Mobile phone use while executing another task decreases learning and task completion (Ophir et al. 2009; Smith et al. 2011; Levine et al. 2013; and Lee et al. 2014)

There was an improvement in student performance of 6.41% of a standard deviation in schools that had introduced a mobile phone ban (Beland and Murphy 2016)

On average, teenagers are spending six hours per day on the internet, texting friends and on social media; studies show parallel increases in depression, anxiety and reduced happiness (Twenge 2017a; Twenge 2017b)

Recent research has shown that university students who used their smartphones five or more hours a day had a 43% increased risk of obesity and were more likely to have other lifestyle habits that increase the risk of heart disease (American College of Cardiology 2019)

The new policy effectively follows the existing policy at MPS, so for our school, very little will change. Students are still required to hand in their phone to their teacher or the office at the start of the school day. A school bag is not considered secure. I must also point out that the Department of Education does not insure against the loss of personal items at school, so bringing a device to school always carries some risk. As most parents will know, MPS provides all the digital technology required for student learning and should a message need to be passed on to a student, we are more than happy to relay that message via the office.

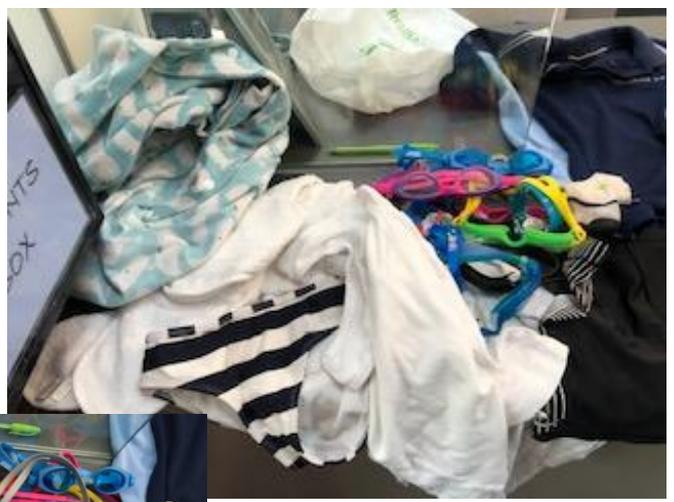
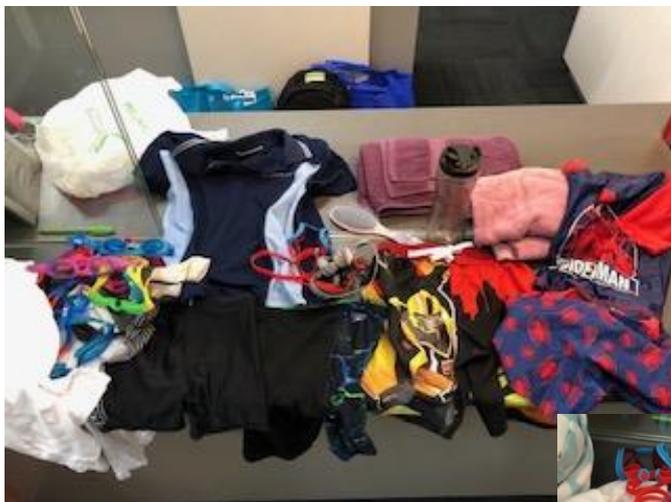
No Assembly this Week

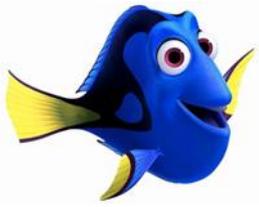
A reminder that there will not be an assembly this Friday. Our next assembly is on Friday December 13th and our final assembly of the year will be Friday December 20th at 1pm, where we will farewell our graduating Year 6 students.

Charles Spicer

Principal

Swimming lost property





“Just keep swimming, just keep swimming...”

I hope everyone is managing to keep up with the- unpack, wash, dry and repack (repeat) of the swimming bags! I was lucky to be able to pop in and watch the swimming and the kids are having a ball in addition to improving their water skills, so it is well worth the work.

PIZZA DAY SUCCESS!



A huge THANKS to the Mum's and Dad who helped deliver the pizza's on pizza day. It was chaotic due to the late delivery!!! But you all worked at a cracking pace to get the orders packed and delivered hot so thank you for your help.

CHRISTMAS CAROL EVENING – Tuesday 17th

Our final event this year will be to host the BBQ at the Christmas Carol evening, the BBQ will be starting at 5pm and we would love helpers to come and ensure everyone is fed before the show starts so that we can all watch our kids perform. We will have sausages, drinks and ice creams available for purchase so bring your smaller notes ;).

We will send out a flexibuzz with a sign up and aim to keep the shifts short so if you can help out that would be great. This is a fun evening to come together as a whole school community and celebrate our children's achievements over the year, so mark it in your diary now! And let's join the kids and wear our festive outfits too!!

Thanks *Mel & Lucy*



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about the CSEF visit
www.education.vic.gov.au/csef

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

If you applied for the CSEF at your child's school in 2019, you do not need to complete an application form in 2020 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools in 2020 or you did not apply in 2019.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2020.

Check with the school office if you are unsure.



If you would like a CSEF form or have any questions about it, please come and ask us at the office.



10 Tips for Raising Grateful Kids

How to help kids show (and feel) appreciation

Saying thank you is one of the first [social rules](#) many parents teach their children, and for good reason. We want our kids to be appreciative and not take things for granted, and learning to be grateful can improve kids' relationships, ability to empathize, and overall happiness. If you are looking for ways to reinforce the importance of gratitude or would like to find other meaningful ways your kids can show appreciation, here are some tips:

- 1. Set an example.** Kids learn a lot from watching their parents. Show them what it means to be grateful by offering a genuine "thank you!" to a waitress who serves your food, a helpful neighbour, someone who holds the door open for you. But don't stop there — include your kids, too. Thanking children for doing things that are helpful, even when they are chores like putting away toys, reinforces the behavior and lets them know they're appreciated.
- 2. Point out generosity.** Call attention to it when people (including your kids!) do things that go beyond what's expected — helping without being asked, being especially thoughtful, or taking extra time to do something because it's important to someone else. Send the message that you will notice if they knock themselves out for you, or for someone else.
- 3. Have a talk.** For some kids, especially young children or those who have trouble understanding emotions, it can help to have a talk about how showing appreciation makes other people feel. Try asking your child how he feels when people say thank you to him for doing something nice, and then how he feels when they don't. Going over his own feelings will help him understand how his behaviour affects others and make it easier for him to understand the emotional benefits of being grateful.
- 4. Find fun ways to say thanks.** There are lots of ways to show gratitude. If your child isn't comfortable talking to strangers or has a hard time expressing herself in writing, work together to come up with a different way for her to show her appreciation. She could try giving a smile or a thumbs up if someone holds the door, or show grandma how much she loves her new coat by drawing a thank you picture (or taking a smiling selfie!) instead of writing a card.
- 5. Share the love.** Encourage kids to think of people who help them, from coaches to neighbours to the local firemen, and say thanks with cookies or cupcakes. Making them and giving them are fun, and they help kids see how connected we all are.
- 6. Put things in perspective.** Talk to your kids about those who are less fortunate. Don't scare them, but don't keep them in the dark either. Understanding that not everyone has the same advantages will help them develop compassion for others and gratitude for their own privileges.
- 7. Let kids choose.** Encourage kids to turn their interests into action. Whether it's a fundraising drive at school, a bake sale, or a run for charity, expressing her interests and using her skills for a good cause is a great way to boost her [confidence](#) and give her a chance to give back at the same time.



TERM 4 WEEK 7 STUDENT AWARDS

Class	Name	Reason
PK	Jade T	For being such an enthusiastic athlete during House Sports and showing great sportsmanship.
PL	James B	For showing such enthusiasm during House Sports.
PL	Isaiah P	For throwing himself into the Measurement activities this week.
PS	Anthony K	For working hard to produce some amazing writing!
PT	Pavlos T	For an amazing improvement in writing. Well done!
1B	Isabel MM	For her wonderful enthusiasm and sportsmanship during House Sports.
1T	Alex R	For her excellent Big Write! She wrote a detailed explanation on how hollow chocolate eggs are made. Well done Alex!!
2G	Felix N	For his fantastic persistence in writing and contributing to class discussions
2L	Shyla R	For being a supportive, encouraging and helpful member of 2L! Great Work!!
3B	Nenad M	For being a great friend this week and working hard during lessons.
3C	Thasith	For being very passionate during our maths games this week.
3M	Tarun	For making an improved effort to ensure your handwriting is neat. Well Done!
4B	Adam T	for developing a good responsible attitude towards his learning.
4W	Oceana	For taking ownership of her learning
5R	Sienna R	For applying herself in Math and excelling at Statistics and Probability
5T	Sara S	For doing an excellent job following the TEEL process for her text analysis. Well done!
6K	Mishwa	For being such a positive role model for the junior students at house sports on Tuesday!
6S	Sienna G	For doing a fantastic job in our sport lesson and trying her best.

WELLBEING AWARD

Nenad M for staying back and helping the teachers pack up after the sports day, we really appreciated the help.



TERM 4 WEEK 8 STUDENT AWARDS

Class	Name	Reason
PK	Jade T	For being such an enthusiastic athlete during house sports and showing great sportsmanship!
PL	Danica M	For settling back at MPS and renewing her friendships.
PS	Zion D	For being an enthusiastic learner in our Reading sessions.
PT	Jeremy P	For trying his best with stretching the out the sounds, when attempting to write unfamiliar words.
1B	Jordan G	For making an effort to complete more writing in class, and for keeping our school yard tidy by happily picking up rubbish at lunch time! Well done.
1F	Evie P Emmet W Hannah L	For making amazing inferences this week For making an amazing shape puppet in maths For making a creative story based off the movie Rio
1T	Ruby M	For always striving to achieve her best! She wrote an excellent narrative. She explored interesting ways to open her writing and edited her own work. Well done Ruby!
2G	Anthony S	For showing resilience and bringing a wonderful approach towards reading and writing this week
2T	Zac V	For your hard work in maths while working on tessellation and clips.
3B	Shanzae. K	For working hard and keeping lovely, tidy work books all year.
3C	Constance K	For her extraordinary rendition of a Harry Potter narrative.
3M	Charli Lotkin	For her outstanding work ethic and always bringing her positive energy to the classroom.
4B	Violet Oakes	For her effort in reading and using reading comprehension strategies to understand the text.
5R	Milla Grierson	For her fantastic work, catching up on her Literacy Study
6S	George V	For creating a fantastic essay about his book, "The War that Saved

WELLBEING AWARD

Eshan S for helping younger students in times of need.





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Jasmine is our everyday hero!!

Jasmine announced at assembly she will be cutting her beautiful long locks for Cancer.

She will be cutting her ponytail in the last week of term 4 to raise money for cancer patients who need wigs.

As the cancer council don't accept real hair for making wigs, the money raised goes to the production of synthetic wigs for Cancer patients.

So what do we do with her ponytail?

Jasmine will be donating her ponytail to Sustainable Salons who collect ponytails and distributes them to charitable organisations and local wig makers for medically induced hair loss conditions such as Alopecia and Cancer. It takes 20 ponytails to make one wig. Her ponytail now is around 45cm.

Jasmine's goal is to raise \$2000 and she will cut 20cm. If the total goes higher, she will cut 30cm for \$3000. Please help Jasmine reach her goal. Thank you for your support.

<https://shave.everydayhero.com/au/jasmine-sutton-ponytail-donations>



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Dear Families,

On Friday the 22nd of November, we welcomed Blue cross residence to our service to develop social and cultural heritage with elders during our aftercare program. We had an awesome time engaging in many activities such as: board games, dot painting on a Boomerang and bean bag toss with them. Later, we all had afternoon tea together with delicious munchies which was prepared by our breakfast club participants in the morning. A Big Thank you to our morning chefs for baking delicious Banana bread and coconut cookies for this special occasion.

The other highlight of our program was our colourful art experiences that children enjoyed during the morning and afternoon sessions. We also learnt to make origami Ninja stars. Our Rainbow science experiment was very interesting, we did not rest until we succeeded! Our little master chefs made yummy hummingbird cake, Fruit popsicle, Tortillas and scones, banana pancakes and smoothies for the breakfast.

Apart from these activities, our constructions straw and Lego's were popular as well as playdough bakery! We also played several team games such as: captains' ball, tunnel ball, dodgeball, guards and soldiers, tail chase, minute to win it camouflage and outdoor play.

Holiday period is approaching very fast! This Holidays we have planned a full & varied program of educational, fun and adventurous activities!

Next week's activities

Monday:	9 th	December: Christmas craft
Tuesday:	10 th	December: Cooking - Rice Noddle puddling
Wednesday	11 th	December: Team game - Dodge ball
Thursday:	12 th	December: Snow man tag/ Secret Santa
Friday:	13 th	December: Christmas Charade

Kind Regards

Meena

Safety • Meaningful • Innovative • Leadership • Education

we make kids smile

Summer Holiday Club



Celebrate the biggest break of the year, with Holiday Club.

Holiday Club is all about helping your children discover themselves. With a wealth of learning opportunities embedded in our fun and challenging projects, and engaging adventures; we'll find their passions, engage them, and excite them.

With years of experience and building off family feedback, we're happy to present to you, our Summer Holiday Club. It's packed with cooking days, science experiments, sporting events, adventurous excursions and heaps more.

Children discover themselves at Holiday Club



Book now. To find out when these activities are on during the school holidays and to find your nearest service, visit: www.campastralia.com.au/holidayclubs.

We look forward to seeing you at **Holiday Club**.

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To find locations near you and to book, visit www.campastralia.com.au/holidayclubs

HOLIDAY CLUB



www.digimaker.com.au

Computer Programming Club

In a world where technology touches every aspect of our lives, it is crucial that our children understand how it works. To accomplish this objective, there is an exciting Computer Programming club running at the school.

The aim of the club is to provide students with exposure to the fundamentals of computer science concepts. Run by external consultants from Digimaker, this program will:

- Build games, animations, stories utilizing pupil's creative thinking
- Develop logical thinking and problem-solving skills
- Express ideas & boost confidence working in a collaborative environment
- Enable the grasp of computational thinking which combines math and logic

For details on the course, visit <http://www.digimaker.com.au/courses/>

The club will run for 8 to 10 weeks each term (depending on the length of the term) and is charged on a per-term basis. Students work on school laptop during the session.

Program for Term 1 2020 is as follows:

Room : Library
Year : 3 to 6
Fee : \$120 + GST

Batch 1 – Lunch Time	
Day	Wednesday's 05 th Feb to 25 th Mar (08 weeks)
Time	01:40pm – 02:25pm

Mulgrave Primary School

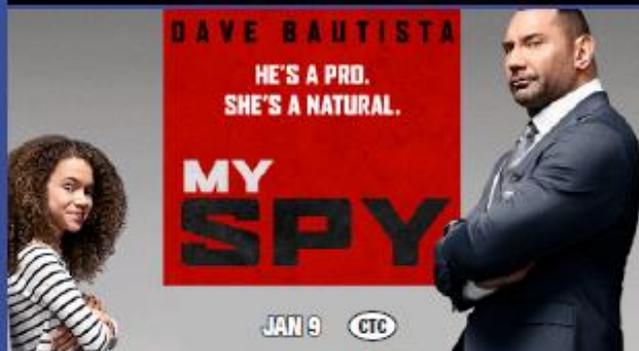
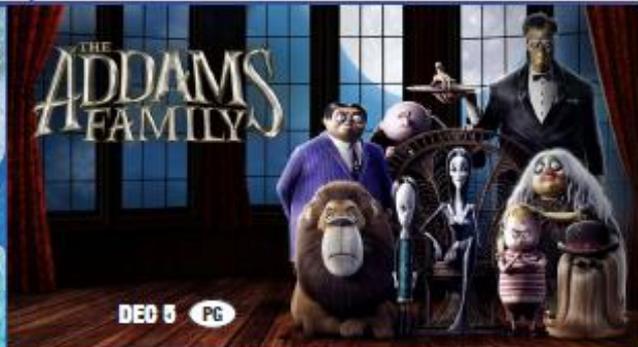
*If you are interested in your child being considered for the programming club, please *fill the form online @ www.digimaker.com.au/contactus/ latest by Friday 20th Dec 2019. Digimaker will confirm your child's spot via **email.*

*Existing students need not fill the form

**All important emails from Digimaker will be sent from info@digimaker.com.au Please ensure this address is whitelisted in your Junk Email filters or added as a Trusted contact.

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Information correct at time of printing. All dates and films are subject to change.



VALES CUBS BASKETBALL SKILLS TRAINING

Vales Basketball Club would like to invite you to join our Vales Cubs junior skills training. This training will be tailored for kids at a beginner level and those who want to get into basketball. It's all about having fun, learning new skills and making friends!

Training with Dandenong Rangers
NBLs Captain Lucas Barker

Tuesday 4:00-5:00

Dandenong Basketball Stadium court 8

\$5 per child per session

This is aimed at primary ages kids, 5-12.

Contact Josh:

0411 059 437

for more information



HAVE FUN • GET FIT • MAKE FRIENDS • SHOOT HOOPS



JOIN THE FUN!



JUNIOR BLASTERS

- 60 min sessions
- For boys & girls aged 5-7 to learn basic cricket skills
- Fun game based activities
- Parents can get involved too
- All equipment provided including a personalised t-shirt in your favourite Big Bash team colours

MASTER BLASTERS

- 90 min sessions
- For boys & girls aged 7-10 who have basic cricket skills
- Play modified games of cricket
- Parents can get involved too
- All equipment provided including a coloured players cap in your favourite Big Bash team colours

MORE DETAILS

Season commences: Friday 8th November at 5:00pm

Where will we play? Brandon Park Reserve, Ferntree Gully Road, Wheelers Hill (behind the fire station)

How do I register? Visit www.playcricket.com.au - search for Mulgrave Wheelers Hill Cricket Club

Who to contact: Dilan Lyanage 0432 586 311 or email dilanyxandout@gmail.com

FREE 6 WEEK



JUNIOR SUMMER PROGRAM
6TH NOV -11TH DEC 2019

EVERY WEDNESDAY NIGHT
FROM 6:30PM

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