



Thursday 18th June 2020

TERM 2 WEEK 10

KEY DATES

JUNE

Wed 24 - Whole School Photos
Fri 26 - **End of Term 2**

JULY

Mon 13 - **Start of Term 3**

CURRICULUM DATES 2020

Monday - 2nd November 2020

PUBLIC HOLIDAYS 2020

Mon 8th June - [Queen's Birthday](#)
Tues 3rd November - [Melbourne Cup Day](#)

TERM DATES 2020

Term 1: 28 January - 27 March 2020
Term 2: (14)15 April - 26 June 2020
Term 3: 13 July - 18 September 2020
Term 4: 5 October - 18 December 2020

TIMETABLE

Commences	8.58 Music, 9am Bell
Recess	11.00 - 11.30pm
Lunch	1.40 - 2.30pm
School Finishes	3.30pm



Winter Has Arrived

From The Principal

Well the end of the most challenging term of my career is just over a week away. My sincere thanks to all families, students and staff members for making the most of a terrible situation. Whilst I acknowledge that many families are still going through hard times, we have come together as a community to lessen the impact on the students and to that end, we can be proud of what we have achieved together. In the end, we have our health and the world continues to turn, so we can look to Term Three with hope and optimism.

The school is working with the Department to identify when we can lift certain restrictions and we will advise families as soon as possible. Should anyone be experiencing hardship though, please feel free to contact the school if any support is needed and we will do our best to accommodate.

Stadium

Our stadium is so close to being finished, but we have a few hurdles to jump to dot the I's and cross the T's. The building itself is all but done now, but we still need to finalise a few bureaucratic issues. We are hopeful of taking possession for Term 3 and I'm sure the students will absolutely love it. Our final hurdle is the installation of a booster pump for the fire services, but in the meantime, the builders are fitting off the last items and have already started the clean-up.

Student-Parent-Teacher Conferences

The school is currently looking at a range of options, including Zoom interviews for early next term. The concept being that each teacher would invite large groups to a meeting and parents would be held in "the waiting room" until their appointment, when the teacher will open up the conversation, following the departure of the previous parent. Interviews will be 10 minutes, unlike our previous 15 minutes which were spread over the whole day. This is because we are mindful of the impact of yet another day off work for parents, so we will commence interviews in the afternoon. Parents will be able to book a time online early next term, with interviews conducted in the second week.

Parking and Driver Safety

I was able to chat to one of the inspectors from the Monash Council yesterday as he was patrolling the area. They have been issuing lots of warnings since the return to school, but the good will won't last. I can only implore parents to consider their actions and the message is sent to our students. I constantly witness people dropping their children off in no standing areas near the crossing, doing illegal U-turns despite the area being clearly signed, taking on traffic as they cross Gladeswood Drive only a short distance from the school crossing and even letting their children hop out whilst double parked. Please, respect the road rules and use the car parks that surround the school as well as the Kiss and Go area.

Looking to Term 3

During last night's school council, it was agreed that the school should trial a continuation of the morning drop off when restrictions ease. This would mean having students only entering the school in the morning, which to date has seen a significant boost to the resilience and independence of our students. We want to capitalise on this, not to mention make the most of the fact that this new process has seen our students settle far more quickly once in the classroom than previously. We will confirm when we can, but once restrictions do ease, we would still be welcoming parents back onto the grounds for the afternoon pick up, with parents welcome on site from 3:15pm. Should a parent need to come on site during the day, for example to pick up a student from the sick bay or to make an appointment with a teacher or the leadership, we will be creating a platform whereby families can book in these times. This will enable us to streamline some of our processes and formalise some expectations that have fallen by the wayside over the years, particularly around teachers being door stopped at 8:58am when their focus must be on their class. Often these door stops are around a child being unwell or a curricular issue that should be discussed by appointment. We will continue to ask parents to keep children home if they are unwell and we are working on ways to increase communication, although we already have Dojo, so that parents can send through their concerns directly. In summary the day would look like this:

Gates open: 8:45am – students begin to arrive and make their way to the line-up area.

Gates closed (with the exception of the main gate): 9:15am – 3:15pm

Gates open: 3:15pm – parents welcome to come on to school grounds ahead of dismissal at 3:30pm

The kiss and go area on Gladeswood Drive will hopefully facilitate this and we would encourage families to discuss walking to a designated meeting point for older students in particular. This will help ease congestion and parking issues.

Finally, as part of easing parking restrictions, the School Council will soon look to create a new car park for families at the northern end of the stadium. This will be a temporary construction until we can obtain funding for a permanent pick up and drop off zone. This new car park will create another option for families dropping off and picking up their children.

Of course, school council will be seeking feedback on this trial later in Term 3 and the trial remains dependent on restrictions easing.

End of Term

A reminder that the last day of term is Friday June 26th and dismissal will be from 2:20 – 2:30pm at your child's current gate.

Charles Spicer

Principal



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about the CSEF visit
www.education.vic.gov.au/csef

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

If you applied for the CSEF at your child's school in 2019, you do not need to complete an application form in 2020 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools in 2020 or you did not apply in 2019.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2020.

Check with the school office if you are unsure.



**If you would like a CSEF form or have any questions about it, please come and ask us at the office.
Closes June 26, 2020.**



Raising resilient problem solvers

Personal problem-solving is an under-rated skill shared by resilient children and adults. First, identified alongside independence, social connection and optimism by early resilience-researchers in the US, the ability to solve your own problems is the basis of a child's autonomy and self-efficacy. When parents solve all children's problems we not only increase their dependency on adults, we also teach kids to be afraid of making mistakes and to blame themselves for not being good enough. As I noted in my book Anxious Kids, this is fertile ground for anxiousness and depressive illness.

So how can we raise kids to be courageous problem-solvers rather than self-critical, low risk-takers? Here are six practical ideas to get you started:



Turn requests for help into problems for kids to solve

Kids get used to bringing their problems to parents to solve. If you keep solving them, they'll keep bringing them. "Mum, Sarah's annoying me" "Dad, can you ask my teacher to pick me for the team?" "Hey, I can't find my socks!" It's tempting if you are in a time-poor family to simply jump in and help kids out. Alternatively, you can take a problem-solving approach, cuing them to resolve their own problems and take responsibility for their concerns. "What can you do to make her stop annoying you?" "What's the best approach to take with your teacher?" "Socks, smocks! Where might they be?"

Ask good questions to prompt problem-solving

A problem-solving approach relies on asking good questions, which can be challenging if you are used to solving your child's problems. The first question when a child brings you a problem should be: "Can you handle this on your own?" Next should be, "What do you want me to do to help you solve the problem?" These questions are not meant to deter children from coming to you. Rather to encourage and teach them to start working through their own concerns themselves.

Coach them through problems and concerns

Imagine your child feels they were unfairly left out of a school sports team by a teacher and asks you get involved. The easiest solution may be to meet with the teacher and find out what's going on. You may or not resolve the problem but in doing so you are teaching a child to become dependent on you. Alternatively, you could coach your child to speak to the teacher themselves and find out why they were left out. Obviously, there are times when children need their parents to be advocates for them such as when they are being bullied, but we need to make the most of the opportunities for children to speak for themselves. Better to help your children find the right words to use and discuss the best way to approach another person when they have problems. These are great skills to take into adulthood.

Prepare kids for problems and contingencies

You may coach your child to be independent – walk to school, spend some time alone at home (when old enough), catch a train with friends – but do they know what to do in an emergency? What happens if they come home after school and the house is locked? Who do they go to? Discuss different scenarios with children whenever they enter new or potentially risky situations so that they won't fall apart when things don't go their way. Remember, the Boy Scouts motto – "Be Prepared!"

Show a little faith

Sometimes you've got to show faith in children. We can easily trip them up with our negative expectations such as saying "Don't spill it!" to a child who is carrying a glass filled with water. Of course, your child doesn't want to spill it but you've just conveyed your expectations with that statement. We need to be careful that we don't sabotage children's efforts to be independent problem-solvers with comments such as, "Now don't stuff it up!", "You'll be okay, won't you?", "You're not very good at looking after yourself!"



Applaud mistakes and stuff ups

Would a child who accidentally breaks a plate in your family while emptying the dishwasher be met with a 'that's really annoying, you can be clumsy sometimes' response or a 'it doesn't matter, thanks for your help' type of response? Hopefully it won't be the first response, because nothing shuts down a child's natural tendencies to extend themselves quicker than an adult who can't abide mistakes. If you have a low risk-taking, perfectionist child, consider throwing a little party rather than making a fuss when they make errors so they can learn that mistakes don't reflect on them personally, and that the sun will still shine even if they break a plate, tell a joke that falls flat or doesn't get a perfect exam score.

As I've often said your job as a parent is to make yourself redundant (which is different to being irrelevant) at the earliest possible age. The ability to sort and solve your own problems, rather than step back and expect others to resolve them, is usually developed in childhood. With repetition and practice problem-solving becomes a valuable life-pattern, to be used in the workplace, in the community and in family relationships.

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Article by: Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's an award-winning speaker and the author of 12 books for parents including *Spoonfed Generation*, and the bestselling *Why First Borns Rule the World and Last Borns Want to Change It*. Michael is a former teacher with 15 years experience, and has 30 years experience in parenting education. He also holds a Master of Educational Studies from Monash University specialising in parenting education.

A Message from Ali - The Student Wellbeing Officer

Hi, I'm Ali Hardaker (If you don't know me!) I'm the school's Student Wellbeing Officer here at Mulgrave Primary School, providing social, emotional and pastoral care for our students and families, particularly those who at times, require specific assistance. I will be putting relevant and interesting articles into the newsletter each issue to hopefully inspire and encourage you on your parenting journey. There will be web links added for you to tap into for further resources and information.

I'm here at the school on Thursdays and Fridays. I will look forward to connecting with you via the articles and in person throughout the year.

Ali :)

Dear Families,

Dear Families,

I believe everyone is keeping well and cruising along with a daily surge of energy in this different era.

Over the past few weeks, the children were engaged in many interest-based activities. In art and craft we designed cool Emoji's and we also explored winter pop art. In another art activity, we learnt to assemble birdhouses and painted them in our favourite colours. During science, we learnt to create Geometric 3D shape to blow bubbles. Our little chefs followed the recipes from Camp Australia cookbook to make corn fritters and fruit slice. Aleena and Sethuki thought they were yummy!

Throughout the week, we constructed intricate designs with Lego and Straws. These were amazing and it was the most popular activity as well. Besides these interesting experiences, we also played many team games such as: skittle soccer, guards and soldiers, dodge ball, camouflage and many more spontaneous activities of children choices during morning and afternoon sessions and had so much fun!

Just a friendly reminder to all Parents that you do not require to sign your child in and out of the service at this stage. To minimise the risk, you can drop your child off at the BER door in the morning and call on the service phone for pick up or simply knock at the door. We are aligning with the school pick up and drop off arrangements to keep everyone safe!

Winter holidays are just around the corner! Once again we have planned educational and exciting activities for this holiday period. Bookings are now open please visit campaustalia.com.au for further information and booking.

Next week's activities

Monday	22 nd June: Art and Craft: Origami paper art
Tuesday	23 rd June: Cooking: Cheese Naan Bread
Wednesday	24 th June: Riddles/ Capture the flag
Thursday	25 th June: Science: Rocket shoot out
Friday	Movie and Popcorn



Kind Regards

Meena

Winter Holiday Club

Give yourself a much-needed break and
reconnect your child's friendships this Winter.

This Winter, Holiday Club is back with an exciting program that puts an emphasis on reconnecting friendships and helping children forge new ones. It gives you a chance to have some much-needed rest, while having that peace of mind that your children will be engaged and connected in a safe space.

With engaging activities like *French Explorations* where your children will dive into French culture, *Weather the Storm* where they will explore scientific experiments, or maybe *Magic Architecture* where they'll create magnificent designs with magic corn; there are lots of activities to appeal to all ages and abilities, and will ensure they have a great holiday break.



Book now. To find out when these activities are on during the school holidays and to find your nearest service, visit: www.campaustralia.com.au/holidayclubs.

We look forward to seeing you at Holiday Club.

The Camp Australia Team



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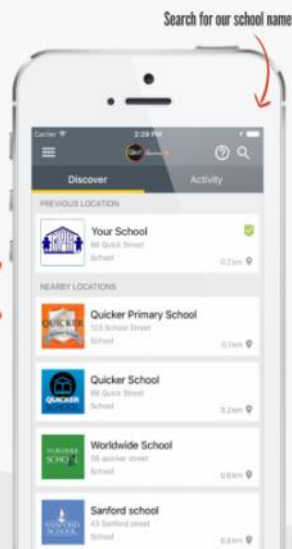
Our school will appear in 'Nearby Locations' if you're within 10km's of the school, or search for our school by name.

Step 4 Register your children

When first accessing our school you will be prompted to add a student profile for your child. This allows you to make orders and payments for them.

If you have made a purchase you can select our school from 'Previous Location'

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STEP 02

Connect to us
Select the "Search" icon and type in our name. Select us from the results.

STEP 03

Select your communication groups
Click the "Add" icon beside the communication groups that apply to you.

STEP 04

Get started
Click the "Home" icon to view our recent posts.

For further information or assistance please visit our website www.flexibbuzz.com or email us via support@flexibbuzz.com



Mulgrave Primary School

Values: Persistent, Motivated, Successful

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Page 13



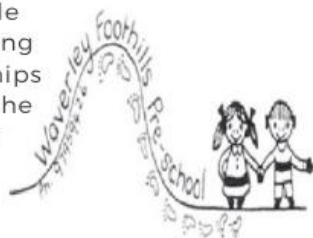
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Stay well Stay Positive

Page 14

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