

NEWSLETTER

Thursday 10th June 2021

TERM 2 WEEK 8

KEY DATES 2021

JUNE

Tue 1- Paused -Year 5/6 Puberty Ed Session 3 and 4

Thu 3 - Paused - Drumbeat Year 5/6

Mon 14 - Public Holiday Queens Birthday

Tue 15 - Preps - Fire Ed

Fri 18 - Disco - Preps - Grade 2 5:30-7pm Grade 3 - 6 @7—8:30pm

Wed 23 - Parent / Teacher / Student Conferences

Fri 25 - Last day of term Finish 2.30pm

BREAKFAST CLUB DAILY OLD HALL CANTEEN)

Monday - sit down including cereal & toast
Tuesday - grab and go with fruit options
Wednesday - including cereal & toast
Thursday - grab and go with fruit options
Friday - including cereal & toast

TERM DATES 2021

Term 2: 19 April – 25th June 2021 Term 3: 12 July – 18h September 2021 Term 4: 4 October – 17th December 2021

CURRICULUM DAYS

Friday - October 29th Monday - November 1st

PUBLIC HOLIDAYS

Queens Birthday - Monday 14 June Melbourne Cup - Tue 2 November

TIMETABLE

Commence 8.58 Line-up Bell-Music, 2nd Bell 9am Recess 11.00 - 11.30am

Recess 11.00 - 11.30am Lunch 1.40 - 2.30pm School Finishes 3.30pm

STEP INTO PREP DATES - 2021

9:15 - 10:00 am Wednesday, Oct 20th 9:15 - 10:00 am Wednesday, Oct 27th 9:15 - 10:00 am Wednesday, Nov 10th 9:15 - 10:00 am Wednesday, Nov 17th



From The Principal

Back to "Covid Normal"

As we return to school tomorrow, I would again like to thank parents for their support throughout this extended circuit breaker lockdown. Remote learning is not our preferred method and it is my strong belief that students learn best via face to face teaching, surrounded by their friends. There is so much more to teaching and learning than the lessons themselves. Building relationships and school communities matters and this has been tested enormously throughout 2020 and during the two lockdowns we have experienced this year. All the while, the MPS community has stood up and your ongoing support has been greatly appreciated. Since the beginning of 2020, the school community has been involved in the introduction of the breakfast club, you have actively supported your children in their learning, embraced remote conferences, attended on-site where you could, have been amazing in terms of the restrictions imposed on the school and significantly, have shown great respect to our school staff throughout. It has not gone unnoticed and we are very lucky to be working in such a wonderful school community.

Over the coming days, we will start by supporting your children in their return and will plan for a strong finish to Term 2. Our goal is to make each day count. With this in mind I would remind all families that the best way to help us help your children is to ensure they maintain their routines and that they are getting a good night's sleep and eating a good breakfast each day. Remember, the breakfast club is always an option from 8:45am.

Unwell Students - Reminder

Parents of students who are unwell, must not send their child to school. Where a student becomes unwell at school, with any 'COVID- like' symptoms, they will need to be immediately collected by parents and cannot return to school until a medical clearance (such as a negative COVID test result) is provided.

Where a student is absent from school and a parent indicates the absence is due to illness (such as 'the flu'), the child must be isolated at home and cannot return until they are symptom free and well again.

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Principals Message Continued:

Ongoing Reports – Reading & Specialists

Last Monday you will have been able to access your child's reading mini-report. The report is specific to their most current reading assessment and provides a clear picture of where your child is and what the next steps are in their learning development. The specialist team have also provided a range of reports for different years levels. It is intended that over the year, your child will receive different reports from different specialists. As you can imagine, doing 445 mini-reports all at the same time is a huge load, so we have opted to spread these out over the course of the year. Please have a good look at these reports and chat with your child about them. It is important that your child can explain their own understanding and be aware of what they need to do next to improve. This is a vital part of academic growth and will lead to each child achieving the best that they can. Plus it has the added benefit of your child's wellbeing receiving a boost, as we all recognise that chatting with mum or dad about their achievements leads to positive outcomes.

Midyear Reports

On Monday June 21st the midyear reports will be published on Xuno. This will be a pared back snapshot of your child's learning as we transition to ongoing reporting. The summary will still include specific information regarding English, Mathematics and social-emotional growth, as well as information from the specialist team. The staff have done their utmost to ensure we paint a concise and accurate picture of where your child is at in their learning. As with the ongoing mini-reports, please take the time to discuss the reports with your child/ren. The benefits of these discussions are enormous.

Student-Parent-Teacher Conferences Wed June 23rd

Student-Parent-Teacher Conferences will be held on Wednesday June 23rd between 11:30 & 7:30pm. Students are required only for their conference and classes will not run on the day. Conference times are now available to book via Xuno. Conferences will be conducted remotely using Zoom - the same platform that students have been using to conference with their teachers. Teachers will send parents a Zoom link through Class Dojo the morning of the Conferences. Conferences will run for 10 minutes with a 5 minute break before the next conferences begins. Please ensure that you are logged in and ready for your conference at the specified time as teachers will not be able to reschedule you. We expect students to be present for the Zoom conference which will count as their attendance on the day. Students will be able to complete tasks via their online platforms from home on the day, with a "Wellbeing Wednesday" focus. All Student-Parent-Teacher Conference bookings must be made by Monday July 21st 3pm.

Disco

At this point we are expecting to be able to press on with our disco plans for next week. With the P-2's kicking off at 5:30pm on Friday June 18th, followed by the 3-6's from 7-8:30pm. Stay tuned for more information.

Courtyard Toilet Block

Finally, after more than a year of lobbying, planning, drafting, budgeting and negotiating, we have been given approval to refurbish our main toilet block. The next step is to put the works out for tender, then once a builder has been selected, we will work through the timing of the works. Hopefully by the end of the school year, we will have two new toilets (courtyard and stadium), after which we will close the old hall toilets during school hours. Eventually the master plan will see the old hall become a STEM centre and library (depending of state government funding). This will still leave us with toilets in the BER, the courtyard and the stadium.

Queen's Birthday Public Holiday

Next Monday is the Queen's Birthday Public Holiday. Please note that the school will be closed.

School Holidays

The final day of Term 2 is Friday June 25th. Students will be dismissed at 2:30pm. If you are unable to collect your child at this time, please arrange for them to be enrolled at our Camp Australia Out of School Hours Care program - https://mulgrayeps.vic.edu.au/parent-information/#care





Mulgrave Primary School

"Captain's Corner" News update

By School Captains: Oceana, Matt, Samantha and Jimmy

Week 8 | 9 - 06 - 21 |

Lockdown

In these past 2 weeks students from prep – 12 have gone back to home-learning, all students are hopefully ready to go back on Friday the 11th of June.

How did we cope?

Next time, if this does ever happen again. (Hopefully not), You might want to try some of the things we did while we were doing schoolwork.

One of the things we did was socialise while doing our work, like calling our friends. Now it may just be us, but we are used to working in a louder space, and the quiet can distract us easier.

Sometimes we might need help while doing our work and the parents may have no idea what the question is asking for or maybe the teacher is not available at that time, most likely our friend\s do\does know what we're talking about.

Another tip would be acting like it was a normal school day to keep in the habit, we know some people used this time for a sleep in or not even get dressed out of there pj's so instead, get dressed, set an alarm and go outside in the back or front yard to play at the usual recess and lunch times.

That's it from us,

Stay safe everyone.

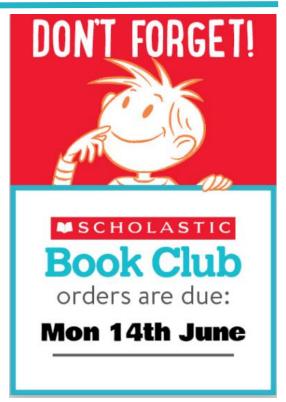
The School Captains

Book Club orders are due on Monday 14 June

Orders can be placed via the LOOP **No cash orders accepted.**

A link to the latest catalogue is below. https://www.scholastic.com.au/media/6078/bc421.pdf





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Mulgrave Primary School Disco 2021

DJ HATTWELL

AWSOME MUSIC BY: Tickets Available via Qkr! On sale from

May 17 - June 16

Cost: \$5.00 each Includes Entry **Drink & Chips**

Glow Products via Qkrl

friday June 18th - In the Hall

Preps - Grade 2, 5.30-7pm

Grades 3 - 6, 7 - 8.30pm

As our student numbers are increasing and to help with social distancing, the disco will be divided into junior and senior sessions.

Students from Prep to Grade 2 can arrive from 5.30pm. For the first half an hour, the music will be of a lower volume and some lights will still be on.

Students from grades 3 to 6 will not be allowed to enter the hall until 7.00pm. Parents are requested to drop off students and return for pick up.

Parents will not be permitted in the hall and students will not be permitted to leave the hall during the night, unless being picked up.



FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sports teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- · \$125 for primary school students
- \$225 for secondary school students

MORE INFORMATION

For more information about the CSEF visit www.education.vic.gov.au/csef

If you would like a CSEF form or have any questions about it, please come and ask us at the office.

Due by 25 June 2021

HOW TO APPLY

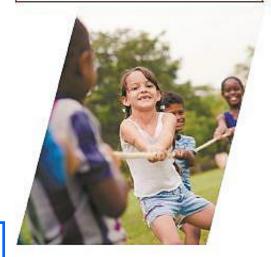
New applicants should contact the school office to obtain a CSEF application form or download from www.education.vic.gov.au/csef

If you applied for the CSEF at your child's school in 2019, you do not need to complete an application form in 2020 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools in 2020 or you did not apply in 2019.
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2020.

Check with the school office if you are unsure.





TERM 2 Mr. Men and Little Miss Classroom Winners

Class	Name	Reason				
6G	Tiana C	Little Miss Naughty				
6C	Kuba D	Mr Tickle				
5W	Finn	Mr Bump				
5N	Audrey Samadhi	Little Miss Scatterbrain Little Miss Sunshine				
5H	Max	Mr Cool				
4 J	Grace	Little Miss Busy				
4B	James M	Mr Bookworm				
3\$	Lily F	Little Ms Somersault				
3R	Isabel MM	Little Miss Robot				
3M	Aabha Harsha	Little Miss Chatterbox				
2B	Evan Keogh	Mr Tickles				
2E	Joseph Simsek	Mr Snow				
2M	Alexander Hat- vani	Mr. Lazy				
1T	Jeswyn Siu	Mr. Grumpy				
1P	Trent Nathan	Mr Strong				
1M	Max Warwarek	Mr Happy				
1C	Audrey Hogg	Little Miss Chatterbox				
PL	Dane	Mr Tickle				
РН	Andrei (pronounced Ondray)	Mr Bump				
PC	Marcos K	Mr Tickle				

TERM 2 - Week 7 - STUDENT OF THE WEEK

Class	Name	Reason				
6G	Charli-Jo	For her excellent working out and reasoning when solving maths problems using BODMAS				
6C	Jiniya K	For always taking pride in her work, and putting in the extra effort.				
5W	Zaid	For making great contributions on zoom				
5N	Kobie	For always completing his online learning tasks to a high standard, following the instructions carefully.				
5H	Ethan	For a fantastic effort writing his narrative opener. Ethan receives teacher feedba and makes positive changes to his work. This results in great improvement to his work. Well done Ethan on being a champion and listening to teacher feedback.				
4J	Amelia S	For her fantastic efforts during remote learning and producing some amazing reading reflections. Great work Amelia.				
4B	Sade J	For working hard and putting lots of effort into her online learning to produce son fantastic work this week! Keep it up!				
3\$	Ruby M	For consistently uploading excellent work during remote learning and staying positive.				
3R	Harrison M	For contributing to the class discussion on Zoom and producing fantastic work whilst being at home.				
3M	Jessie C	For engaging so well with her Maths activities during remote learning.				
2B	Kiaash M	For his amazing efforts during remote learning and always having a smile on his dial during our Zoom sessions.				
2E	Mason A	For your enthusiastic responses every day during Home Learning and working so hard. well on all your tasks!				
2M	Andrew	For his detailed and well-presented presentation about Greece and Greek Easter, well done!				
1T	Anastasia T	For consistently writing great summaries of the texts she is reading. Keep up the amazing work, Anastasia!				
1P	Fletcher H	For contributing positively to our Zoom sessions and for writing an incredible narrative. Keep up the great work!				
1M	Loretta T	For her excellent efforts during remote learning and being so positive during this tough week!				
1C	Michelle C	For writing a very descriptive and imaginative narrative about Little Miss Splendid.				
PL	Paige F	For her amazing work during remote learning and giving everything a go. Well done Paige!				
PH	Scarlett W	For her exceptional effort in all remote learning activities, and challenging herself to go the extra mile. Great work Scarlett!				
PC	Brooklyn P	For doing a fantastic job sounding out words in his writing. You are a star Brooklyn!				



Newsletter





EXTRAORDINARY HOLIDAY ADVENTURES

Bookings now open for Mission II

www.campaustralia.com.au/rocketeers



A message from your Coordinator

It's great to see everyone back at school and restrictions lifted! We have been running the service as usual during the lockdown. Last week, in National Reconciliation Week, we connected children to Aboriginal culture through their art, food and games. This week, our little chefs are exploring Home science through a variety of food items. Monday, we made yummy mini pizzas, Tuesday delicious oats bar, Wednesday tasty banana bread, Thursday vegetable noodles, Friday cinnamon pancakes.

National Reconciliation Week 27 May - 3 June, 2021

Join in the activities during NRW and learn all about Aboriginal & Torres Strait Islander histories, cultures and achievements.



It's free to register

To attend our program, you must register your child. You can register an account with us at pp.campaustralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.







Activities coming up

- Science: walking Water
- Abstract portraits
- Choc Muffins
- Skittle soccer
- Karaoke singers

What's on the menu

- Mini Pizzas
- Cheese vegemite rolls
- Fruit Scones

Visit our blog

New articles are added each week for parents and cover various topics to help families.

Visit our blog



www.campaustralia.com.au





Feel, rest and play

Not long ago, I heard parenting expert Adrienne Wood talk on raising resilient kids. It got me thinking – and I realised that nearly every family that comes along to family coaching wants resilient children. It's a real buzzword in the parenting space these days. We parents talk about resilience a lot (I definitely do, I've used it in three out of the last four sentences).

Real resilience

Real resilience is something quite different to 'toughing it out' – in fact it's a lot noisier and messier than that. Adrienne shared that, "Real resilience is about returning to optimal functioning after a setback." Another way to describe optimal functioning, is the ability to remain soft-hearted. Resilience looks like us making it back to a good place after hard things happen. Let's take the parenting lens off for a second – and think about what resilience looks like for us too, as adults. Resilience looks like us making it back to a good place after hard things happen. But you can't return to a place you've never been before. So, how do we help our kids to have a foundation of emotional health?

The triangle

We can't have a resilient response without having known resilience to start with. Adrienne encourages us to think about resilience as looking like a triangle. I'm a visual learner, so this helps me a lot

In simple terms, resilience is about three key elements (just like the three sides of a triangle) – feelings, rest, and play. When a person (of any age) is full feelings, full of rest and full of play, they're thriving.

Feelings

True resilience starts with feeling your feelings.

True resilience starts with feeling your feelings. Emotional health is noisy. It often involves lots of squawking, complaining, frustration, opinions, being upset and annoyed. A child who is emotionally healthy is making noise about what's going on in their world. Having the freedom to express their feelings and have them heard and responded to, goes a long way in growing resilience. The opposite of a noisy child, is a quiet, unresponsive or withdrawn child who is internalising their frustration. Although the quiet is rather pleasant for us as parents most of the time, it can also be a troubling indication that there's a whole lot of shut down going on. Silence can be playing quietly and confidently, or it could be building a wall to hide behind or as Adrienne puts it 'having a defended heart'. To be emotionally healthy, we need to feel deeply. As parents we need to help our kids unlock their difficult feelings in a really healthy way.



Feel, rest and play

Rest

We need to give ourselves the same permission to stuff up occasionally too.

On the right side of the triangle, we've got rest. My colleague Jenny Hale writes, "A child who always strives to do right in every single area, is almost always an exhausted child." We need to create spaces for our children to make mistakes and relieve them of the pressure of getting it right one hundred per cent of the time. Note to self – we need to give ourselves the same permission to stuff up occasionally too.

When a child isn't resting in our love, they have to be constantly working hard to get our attention and affection This creates a restlessness and anxiety in them. When everyone in the family is busy with this, that and the other thing – a child can sometimes need to over-work to get their parent's attention. Sometimes what parents deem to be bad behaviour is just a child saying "Look at me, here I am. Meet me." Allowing a child to rest in your time, love and attention has everything to do with developing resilience.

Play

The other side of the triangle is play. Play only emerges when we've had our feelings heard and we've had enough rest. So we start with the feeling, we find the rest, and then this amazing thing called play emerges. Play is what we were born to do, a spark of curiosity and creativity brings us to life. Play is where we lose track of time, it's not outcome based and it's energising. Our attention and our affection are like fuel for our kids. Like a good solid meal, when our kids are full up of being seen, heard and understood by us, they have the capacity to venture out to explore and engage fully with their world. The opposite of play is emotional hunger, where our kids are so busy craving to have their needs met that they cant access their imagination or creativity. Our kids need to play deeply for true resilience to emerge.

It's not about lack of adversity

Maybe the most important thing you'll read today is that being resilient is not dependent on a lack of adversity. I think that's one thing that as parents we get really caught up with. We try and smooth the way for our kids to have a resilient kind of life experience. Resilience has nothing to do with a sweet life. Kids that experience enormous adversity can show some of the most phenomenal resilience. Why is that?

There's a lot of research about resilience. What most of it points to, is that the ability to return to a healthy place ultimately depends on just one thing – the presence of a safe, trusted and responsive adult.

Resilience equals relationship, it's actually that simple.

I love that idea. It's unhooked from a perfect white picket fence life. A child just needs one safe and healthy attachment for this resilience to emerge. Resilience equals relationship, it's actually that simple.

Adrienne is a presenter, writer and parent consultant who draws on the theory of Canadian Psychologist, <u>Gordon Neufeld</u>. You can find out more about her work at <u>heartsync.co.nz.</u>

Read more

Resilience and how to help children grow it
The importance of giving things a go
What children need to feel secure

Most parents want their kids to be successful.

Adrienne draws on principles from <u>Canadian Psychologist Gordon Neufeld</u>. His thoughts around resilience are challenging and game-changing for parents. There are different ways of talking about resilience. If we're not careful, resilience can be a code word to describe how we really just want our kids to tough it out after a setback. Most parents want their kids to be successful. We want them to be able to handle a setback and still fire without fuss. But that's not what real resilience is.

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WONNIES MUSIC LESSONS

www.wonnies.com.au



Wonnies School of Music offers a variety of instrumental lessons, as well as an innovative band program. We encourage an enjoyable and positive learning environment for all students.

Tuition is conveniently conducted on school premises, in the home or at Wonnies own studio. We are now offering 'on-line' lessons. Lessons held on school premises occur on the same day weekly, and times are varied to accommodate school curriculum needs.

Music lessons are available to students of all ages. We have individual 30-minute lessons (\$31), Individual 20-minute lessons (\$24) Group lessons (\$21)

All parents have the option to hire or purchase equipment directly through Wonnies.

To commence lessons for your child in 2021, please complete our enrolment form online at www.wonnies.com.au or contact our office.

Wonnies Pty Ltd Ph: 0404 139 123



Missed Lessons Wonnies require notification from students' parent/guardian in the event a student will be absent from a scheduled lesson. To be eligible for a make up lesson, our office must be notified prior to 9am on the day of the lesson (via email or phone).	The missed lesson will then be made up over the following 2 weeks on their regular lesson day unless otherwise advised by the teacher. Cancellations Cancellation requests must be made in writing directly to our office prior to the start of term, to avoid incurring ongoing fees.	Cancellations after the commencement of a term will incur a two-week cancellation fee. Fees/Payments	Lessons are billed in advance on a 'full term' basis only and are to be paid in full within 14 days of the issued date. It is the responsibility of the parent/guardian to advise our office staff of any updated contact details i.e. new email or postal address.	Invoices that remain unpaid by the end of term will incur a 10% late payment fee. Any fees associated in the recovery of outstanding accounts via a debt collection agency appointed by Wonnies Pty Ltd will be incurred by the parent/guardian. Lessons will be suspended if payment is not received.	Please sign below and return to Wonnies Pty Ltd I have read and understood the above Terms and Conditions and acknowledge that they are binding upon me and form part of my agreement with Wonnies Pty Ltd. Name:	Signed: Office use only: E TW PC TN PN ScL X BE I Teacher W T
Enrolment Form Save time - fill out online Student Surname Student Surname	ims Guitar Piar cals Violin Bar	Billing Address Suburb Phone Numbers (H) (W)	(M) nailed Yes	 A. Fee Structure 30 minute individual lesson \$31 per lesson 20 minute individual lesson \$24 per lesson 30 minute group lesson \$21 per lesson Lunchtime band rehearsal \$13 per lesson 	ed Hir Hir ividuals or groups	NO Yes

PSYSCHOOL Uniform Information

WELCOME TO PSW



PSW WAVERLEY STORE

342-350 Springvale Road Glen Waverley VIC 3150 (Behind Officeworks) (03) 9768 0335

PSW.COM.AU





YOUR UNIFORM WILL BE AVAILABLE ONLINE FROM APRIL 15, 2021 psw.com.au/schools/mvigrave-primary-school

HERE'S WHAT'S NEXT?





Visit psw.com.au/parents Select 'CREATE AN ACCOUNT' and follow the prompts. It won't take long. 2 SHOP ONLINE...



VIsit psw.com.au/parents, find your school and fill your cart. 3 RECEIVE YOUR ITEMS...





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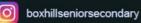
AFL
AFLW
BBall Yrs 9 & 10 (boys & girls)
Bball Yrs 11 & 12 (boys & girls)
Soccer (all levels)
Tennis (all levels)

Thursday May 20 Tuesday May 18 Wednesday May 19 Wednesday May 26 Tuesday May 25 Monday May 17

www.bhssc.vic.edu.au



boxhillseniorsc



Dunloe Ave Mont Albert Nth 9890 0571



ADVERTISTING

<u>JUNIOR SELF DEFENCE</u> <u>& FITNESS CLASSES</u>



MULGRAVE PRIMARY SCHOOL

Tuesdays

Ages 6 -10 5.30pm - 6.30pm

Ages 10 – 16 6.30pm - 7.30pm

Boys and Girls

Contact Cliff Wilson to register:

M: 0418 150 405

E: cliffwilson@caydam.com

W:caydam.com

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... Small Successes, Proudest Moments