

NEWSLETTER

Thursday 9th September 2021

TERM 3 WEEK 9

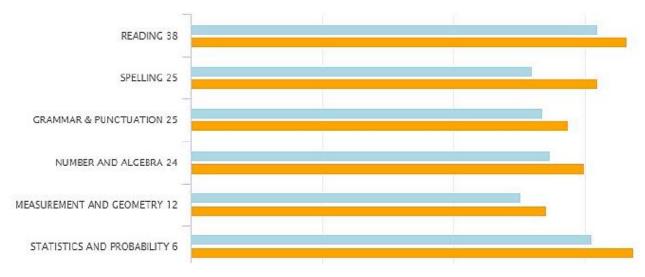
From the Principal

NAPLAN

The 2021 NAPLAN results are in and once again, MPS has performed, on average, ahead of the state. One area of note was the performance of our year students in reading. Reading has been a particular focus of the school over the last 4 years, the percentage of our students achieving in the top 2 bands of NAPLAN for Year 5 reading has increased from 29% in 2017 to 52% this year. This result is 10% higher than the state average and reflects the strong focus we put on this key foundation of student learning. In addition, the Year 5's achieved a "Relative Growth" outcome of 31%. Relative Growth is the proportion of students who achieved high growth compared to their peers. It is measured against the state (24%), our local network (31%) and similar schools by demographics (25%). To put this in context, if the Monash Network was measured against all countries in terms of educational outcomes, it would be ranked alongside the top jurisdictions in the world. For our Year 5's to achieve such outstanding results fills me with pride and I would like to thank our students, parents and teachers for their efforts. As for the Year 3's, they have absolutely dominated writing, with 75% of our students achieving results in the top 2 bands. This is 20% higher than the state average!!!

Next term, our staff will break down the data, look at areas where we didn't achieve the exceptional results that we did in Year 5 Reading and Year 3 Writing and then reflect on our practice to ensure we continue to improve in order to ensure our students achieve the best possible learning outcomes. As with all things, Covid has brough inconsistency and there is no doubt that we have seen this in the 2021 NAPLAN results, with some areas not quite as high as we would like, but rest assured the results overall remain positive.

Please see below (and on the next page) for the overall summaries:



KEY DATES 2021

SEPTEMBER

Last day of term 3 - 17th September 2021

OCTOBER

Term 4 First Day - 4 October 2021

TERM DATES 2021

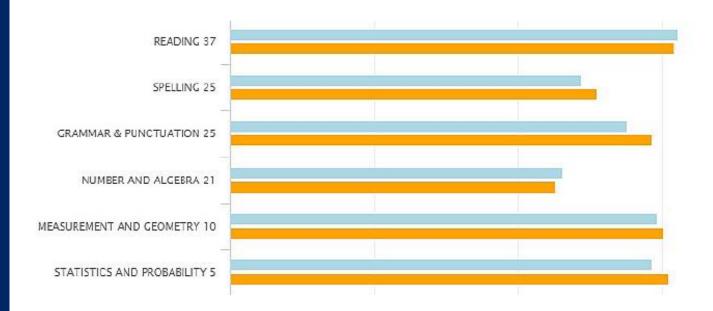
Term 3: 12 July – 17th September 2021 **Term 4: 4 October** – 17th December 2021

CURRICULUM DAYS



Page 1

Gladeswood Drive, Mulgrave, 3170 p 9795 2477, f 9795 4884, e mulgrave.ps@edumail.vic.gov.au w www.mulgraveps.vic.edu.au



Finally, I would remind all families of children who are receiving their results, to consider the positives of your child's achievements first and foremost. It is a snapshot in time and it has been well publicised that Covid was likely to have a major impact.

End of Term 3

A reminder that Term 3 will be ending on **Friday September 17th at 2:30pm**. For families of students attending on-site supervision, if you are unable to collect your child at this time, please ensure they are enrolled and booked in with Camp Australia from this time on.

It is my great hope that we will be back on site as a school community next term and if so, a reminder for all students to make sure they are wearing their hats, but in the meantime, please make the most of the next two weeks and enjoy the downtime. Might I suggest unplugging the children for at least a few days so that they can take a much needed break from screens. I have my fingers crossed for at least a 10km exercise zone over the holidays so that I can start exploring some new tracks as I go for a run or a walk.

Please take care.







MULGRAVE PRIMARY SCHOOL

Class List Information For 2022

CHILD'S NAME						
CURRENT CLASS (eg: 2E)	2021 YEAR LEVEL					
PARENT'S NAME(S)	PHONE					
REASONS FOR REQUEST (complete information as appropriate – you do not need to complete each section.)						
EDUCATIONAL						
SOCIAL						
SOCIAL						
OTHER						

Charles Spicer Principal



MULGRAVE

PRIMARY SCHOOL

GLADESWOOD DRIVE, MULGRAVE 3170 TELEPHONE 9795 2477 FACSIMILE 9795 4884

Email:mulgrave.ps@edumail.vic.gov.au ABN:65 484 530 572

Please email to: <u>mulgrave.ps@education.vic.gov.au</u>

Attention to - Charles Spicer, 2022 Request

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Mulgrave Primary School Proudly Presents

Arthur Gumnut

The 2021 Production

New dates:

Monday 18th October - 6:30pm Tuesday 19th October - 6:30pm

At Nazareth College

Ticketing details and all important information will be available during Term 3

Look for updates of the Look for updates of the school production on school production of school



FAMILY LOCKDOWN ACTIVITIES

- Have a daily family check in
- Watch documentaries about your favorite topics
- Create a family playlist and start each day listening to your favorite songs
- Have a "talent show" at home
- Celebrate fun holidays together
- Play charades
- Draw a family portrait
- Try a new recipe together
- Have a family themed night
- Plan a party inspired by your children's favorite activity
- Have a family "how to" night
- Start a gratitude journal for the whole family

- Start a creative challenge for the whole family
- Go on a "virtual trip" to a zoo or aquarium around the world
- Start a family book club
- Family movie marathon
- Start a family project and work on it every day
- Take a picture every day and create a family lockdown album
- Play musical statues
- Write letters for loved ones
- Disney-themed dance party
- Watch old family videos
- Card game marathon
- Have an indoor scavenger hunt
- Plan a technology-free day

(c) PlayfulNotes.com



Psychologist advises focusing on what's within your control

Since the early days of the pandemic, University of Queensland Professor of Clinical Psychology and Parenting and Family Support Centre director Matt Sanders has been developing <u>resources to help families</u> cope with the change.

Matt Sanders, Professor of Clinical Psychology and Director of the Parenting and Family Support Centre at the University of Queensland, has developed many resources to help families cope during the pandemic. Professor Sanders said there are simple, but important steps parents can take to help guide young people through situations like lockdowns. Things like keeping to a routine, listening carefully to your kids and even having a spontaneous family dance can all help.



He said amid the chaos, understanding that the larger events associated with the pandemic were largely out of individuals' control was key.

"It brings back home the fundamental importance of controlling the things you can control," he said.

"That is to exercise a greater level of control over your day-to-day, moment-to-moment environment, which includes your relationship with your kids, with your partners, with the people you're working with."

Professor Sander said embracing personal agency and ability to make a difference for the family unit was important.

"Let others worry about the big picture affecting the universe," he said.

"You can think globally but act locally, in a very concrete way."

Take cues from your children

He said it was important for parents to listen carefully to their children.

"When they are asking a question, they're interested in learning," he said.

"The big mistake in responding to kids' questions is feeling as though you have to tell them everything when sometimes it's a good idea to clarify what's behind the question, by asking 'I'm curious about why you ask that' or 'What is it that you know about this?"".

"Let the children educate you, as the parent, about what they do know and what the missing bit is."





Psychologist advises focusing on what's within your control

Psychologist Matt Sanders is encouraging parents to listen carefully to their kids and response thoughtfully. (Unsplash: Sigmund OV)

He said it was crucial kids know that parents are "interested and accessible" when they want to talk to you about something that is worrying them or that they're uncertain about. Professor said although the outbreaks of COVID across the country may be causing parents a lot of stress, it was important to shield children from that to some extent. "If you are freaking out and you're panicking, what children observe is a worried, anxious, fretful parent all the time," he said.

"Then children have got the signals that there's something they need to be concerned about."

He said planning out a daily routine was important, and there were endless activities that could keep people occupied.

Professor Sanders suggested parents make a list of activities and put it on the fridge so kids can learn to occupy themselves independently.

He said cooking, exercising, dressing up, learning a musical instrument or researching family history and cultural traditions could all be very engaging.

Keeping children active and engaged in a routine is important. (ABC News: Curtis Rodda)

He said having a sing-a-long or dance could also work wonders to counter the strangeness of lockdown.

"It's a great form of emotional expression," he said.

"Family singing, dancing, just having an active movement associated with music is really good for people's mental health."

Young people probably more resilient than you realise

Professor Sanders said the experience of the pandemic could be compared with events such as famines, world wars, tsunamis and other natural disasters.

"It's certainly the case that some kids can be traumatised by these experiences, but they're still only in the minority," he said.

He said it was important to remind young people that the stressful events such as lockdowns were "temporary and transitional" and would eventually be followed by stability.

"That doesn't mean that there aren't families who have been through a very, very difficult time," he said.

"But on the other hand, it's been a unique opportunity for people to demonstrate to themselves their capacity for coping with challenging and difficult times."

















and make time

ourself kindly

self-criticism and speak to

Let go of

Plan a fun or









you really enjoy

do something

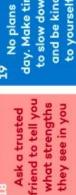
Make time to

outside and give your mind and body a natural boost	19 No plans day. Make time to slow down
	1981

and be kind to yourself











make time to do nothing Find a new



图图图图

just as you are

Happier · Kinder · Together

THURSDAY

WEDNESDAY

MONDAY

FRIDAY

things you do well, however Notice the small

not selfish, it's

essential

self-care. It's

Find time for

share how you

Be willing to

Aim to be good enough, rather than perfect

for help when

feel and ask

permission to say 'no

exercise and go basics: eat well,

Focus on the

to bed on time

yourself

remember it's ok find things hard,

When you

not to be ok

you are feeling, Notice what without any

caring, calming

busy, allow yourself to

If you're

Find a

15

phrase to use

when you

feel low

take a break

panse and

to a loved one

as you would

to yourself

Be as kind

Leave positive yourself to see messages for regularly

udgment

23

other people's expectations Let go of

Make space to Take your time

just breathe

and be still

appear outside

you feel inside to how others

compare how

Enjoy photos

from a time with happy

memories

Don't

remember that you are worthy

of love

yourself and

Accept

you are enough, yourself that Remind

ou appreciate about yourself three things Write down

you learn Choose

steps to help mistakes as to see your

any unnecessary by cancelling Free up time plans



elf-Care September 20

TERM 3 - Week 8 - STUDENT OF THE WEEK

	IERW 3 - WEEK 8 - STUDENT OF THE WEEK				
	Name	Reason			
вC	Luka. G	For great participation during zoom sessions, I really appreciate your hard work and I enjoy getting your daily feedback.			
	Tyce C	For your enthusiasm towards our Zoom meetings, sharing ideas, games and endless cuddly pets. It has really boosted my Wellbeing.			
6G	Saman- tha M	For consistently completing work at a high quality, and for asking insightful questions when interviewing a character from the mentor text. Well done Samantha, keep up the great work!			
5W	Amelia	For completing a fantastic birds eye view map for maths this week.			
5N	Con- stance	For consistently submitting an excellent standard of work during remote learning and joining our daily Zooms with a smile.			
5H	Alyssa	For submitting some excellent uploads and great participation in zoom reading sessions			
	Visal	For showing a great deal of motivation during remote learning. Exceptional participation in reading zooms.			
4J	Isabella T	For writing a very detailed procedure on 'How to Make a Pizza'. Great work Isabella.			
	Emmanuel	For a spectacular poster showing the different levels of the ocean. Your effort and creativity were amazing Mani!			
4B	Joseph M	For approaching remote learning in a positive and creative way and creating more than one spectacular diorama showing the different ocean zones!			
	Ayla O	For brightening my day by showcasing her incredible animation skills and reflecting thoughtfully on her progress in maths.			
3\$	Mylah K	For consistently uploading high quality work, and for writing an excellent description of her dragon.			
3R	Alexan- der P	For his fantastic efforts during the last two weeks! You are completing all tasks to a fantastic level well done!			
3M	Mia D	For her amazing resilience and perseverance. You always brighten up our Zooms with your positivity and beautiful smile!			
2В	Ana T Patrick G	For always having a smile on her face during our class Zoom meetings, and always working to her best. Keep up the brilliant work. For working on his handwriting skills and showing great persistence on all tasks these past two weeks. Keep up the amazing job.			
2E	Cruz S	Congratulations on your efforts during Home Learning. You are trying hard and submitting quality work every day. Well done, Cruz. We are proud of you!			
2M	Mia	For her expressive reading during our Zoom reading sessions. Well done Mia!			
11	Erik K	For asking thoughtful questions and always sharing his thinking during our class Zoom meetings. Thank you for being a great participant, Erik!			
1P	Reuben	For working hard in our reading group Zooms and for always being willing to share his thoughts. Keep up the great effort Reuben!			
1M	Noah L	For his enduring positive attitude. Your smile always brightens up our daily zoom!			
1C	Venice W	For wonderful contributions to our reading group and producing an excellent standard of work. Keep up the amazing work Venice!			
PL	Kasim U	For a brilliant effort writing his Big Write persuasive text on the best season.			
PH	Miles V	For working so hard on his home learning activities. You're a superstar Miles!			
PC	Meiya T	For a fantastic effort with her Big Write and always trying her best with her tasks. Keep it up Meiya!			

TERM 3 - Week 6 - SPECIALIST AWARDS

	Junior	Middle	Senior
Art	Moriah G - 1P For her wonderful efforts in exploring over 13 different 'frottage' texture effects with oil pastels. Superb work!	Jordan G- 3R For his use of triangles, repetition, overlapping and just 3 colours to create an amazing abstract foil artwork. A super effort!	Charlotte T - 6C For showing amazing painting skills when using watercolours to create 9 different effects. Your watercolour gradient and value technique were a standout. Top job!
PE	Dolman Family- Chelsea and Liam For your legendary PE submissions throughout Remote Learning, the enthusiasm and energy you put towards every PE Session is amazing. Keep it up	For quiet possibly the funniest attempt at Hurdles ever! You ran, you fell and the hurdles fell but the smile didn't leave your face as you laughed you way through it! Simply the best attitude to PE tasks ever!	Eleni A - 5W For an amazing attempt at hurdles, it was so fun for the class and myself to see the fun you were having whilst attempting the hurdles. It wasn't the quickest but it was certainly the most entertaining.
Performing Arts	Emili S - 1T For the enthusiasm and energy you put towards every production rehearsal. You are a great role model for your class. Well done!	Joseph M - 4B For your dedication and enthusiasm towards learning the songs for the production. You are doing a fantastic job and having fun at the same time. Well done!	Jiniya K - 6C For your huge effort in learning your lines for the production and for consistently listening and responding to feedback and direction. It's terrific to see how you have developed your character.
Science	Scarlett W - PH For your excellent work when we were identifying animal features while in home learning. I loved the effort you put into your tasks. Amazing work Scarlett!	Bronwyn P - 3R For your amazing ideas for potential animals and plants on our alien world. The designs for potential producers and consumers were really creative. Nice work Bronwyn.	Eva D - 6G Samantha M Excellent work on your space tour presentation as well as the entertaining Kahoots you created. Great job Eva.

TERM 3 - Week 8 - SPECIALIST AWARDS

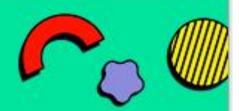
	Junior	Middle	Senior
Art	Zephyro H - 2B For your impressive efforts and dedication during remote learning to produce creative, detailed and in- teresting artwork each week. You are proof that we can all be artists at home. Fantastic work!	Jayden L - 4J For your amazing 'pop-out' drawing. You were able to fol- low the instructions, put your own creative spin on it and turn it into a wonderful crab drawing. Super effort!	Audrey M - 5N For demonstrating amazing drawing skills within each of your artworks submitted during remote learning. Superb work!
PE	Archie M- Prep H For his amazing summary of the Wheel Chair Rugby at the Paralympic Games. Your amazement and excitement when explaining the game was so great to watch. I hope you enjoyed watching other events at the Paralympics with the same level of excitement and intrigue.	Emma O- 4J For an amazing effort in the 'Escape form Mulgrave' Challenge, without you and your huge distances covered we would probably still be in Victoria still! Well Done	Violet O - 6G For an amazing effort in the 'Escape form Mulgrave' Challenge, without you and your huge distances covered we would probably still be in Victoria still! Well Done
PERFORMING ARTS	You never fail to impress me with your brilliant, light flashing, rocking out music videos. You really know how to get the most out of your performing arts tasks and have fun at the same time. Well done! Scarlett Watt - Prep H For working so hard to learn the production songs, practising every day and completing your Performing Arts tasks to a very high standard. You are a super star!	For your huge effort in practising all of your songs for the production. You are always focused and try your best in class and have continued this excellent attitude during remote learning. It clearly shows in your fabulous videos. Well done!	For all your hard work towards production rehearsals during school and in lockdown. You also have a beautiful, impressive singing voice which you demonstrated to me during lockdown.
S C I E N C E	Ondria F - 1M Excellent work on your coding tasks during home learning Ondria. It's been great to see you programming the robot to travel on the maps, as well as figuring out my puzzles. Well done!	Eliza M- 3S For your excellent programming when completing the Dash puzzles. Awesome job Eliza.	Chloe K - 5W For you great work when completing all the programming puzzles in Dash's Neighbourhood. Great work Chloe.





Guiding children's growth

Newsletter





EXTRAORDINARY HOLIDAY ADVENTURES

Bookings now open for Mission III

www.campaustralia.com.au/rocketeers



A message from your Coordinator

Dear Families,

I hope dads was spoiled rotten on Father's Day and had a great time with loved ones! In the OSHC program, children created picture frames, ties, and cards for dads to show their appreciation and love! Besides Father's Day craft, our master chef cooked individual pizzas, rice bubble bar, explored elephant toothpaste, lava lamp science, learnt to flip the bottle, played one-touch, Everybody It, line tag, handball, obstacle race, bean bag toss and many more.

Thank you to those families who have participated in the experimental cooking competition for sharing yummy recipes! Stay tuned for updates!

Rocketeer Mission III has been launched and is open to booking for exciting missions, projects, and experiences. Some changes in the program have occurred due to the Covid restriction.

For more information and bookings, please visit campaustralia.com.au

Activities coming up

- Spray painting art
- Party games
- Movie and popcorn

It's free to register

To attend our program, you must register your child. You can register an account with us at pp.campaustralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.







What's on the menu

- Dampers
- Vegemite cheese rolls
- Popcorns

Visit our blog

New articles are added each week for parents and cover various topics to help families.

Visit our blog



www.campaustralia.com.au







COMPUTER PROGRAMMING CLUB!

@ Mulgrave Primary School

In a world where technology touches every aspect of our lives, it is crucial that our children understand how it works. To accomplish this objective, there is an exciting coding club running at the school (in the event of school closure, lessons will be held online)



DEVELOP SKILLS

- Creativity
- Logical thinking
- Problem solving



LEARN

- Computer Science Concepts
- Fundamentals of programming Loops, Events, Randomness and more

PROGRAMMING LANGUAGES

- Scratch
- Python
- Javascript
 - .. and many more



MAKE

- Games
- Web pages
- Apps

The club will run for 8 to 10 weeks each term (depending on the length of the term) and is charged on a per-term basis. Students will use school computer during the lesson.

9 WEEK TERM PROGRAM

Program for Term 4 2021 is as follows: Year levels: 3 to 6
Term Fee: \$135 + GST

LUNCH TIME BATCH

1:40pm - 2:25pm Wednesday's 6th Oct to 1st Dec 2021

Fill out the form online by Thursday 16th Sept 2021



www.digimaker.com.au/enrol

Digimaker will confirm your child's spot via email**

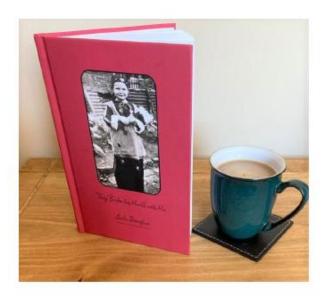
** All important emails from Digimaker will be sent from info@digimaker.com.au. Please ensure this address is whitelisted in your Junk Email filters or added as a Trusted contact.

HOLIDAY E-LEARNING PROGRAM

2 HOURS OF FUN FILLED CODING FULLY SUPERVISED OVER ZOOM (5 DAYS A WEEK!)

https://www.digimaker.com.au/events/school-holiday-coding-program/

ADVERTISTING



Ever wanted to write your life story?

Or gift a loved one the chance to write theirs?

We offer a fun, inexpensive way to do exactly that.

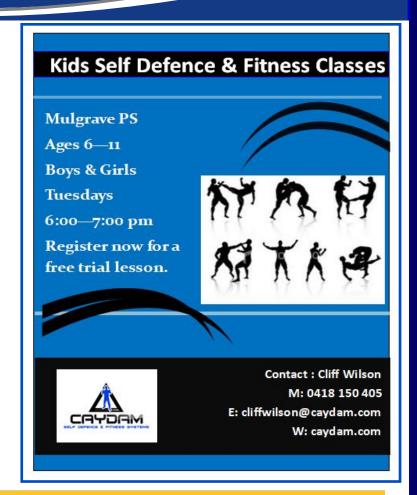
For only \$129 – receive an email each week asking you a question about your life. All you have to do is type your response to the email and hit send! At the end of the year, we will compile your stories and photos into a beautiful, hardback book to be treasured for generations to come. A unique 'experience' gift that's perfect for birthdays, Mother's Day, Father's Day and other special occasions.



www.my-story.com.au

ADVERTISTING





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Glen Waverley Ph 9574 9964

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Free assessment
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