



Thursday 20th October 2022

TERM 4 WEEK 3

KEY DATES 2022

OCTOBER

Mon 24 - MPS Art Show 5.30-7.30pm

Mon 24 - Girls Hooptime Finals

Fri 28 - Grade 2 Sleepover

Mon 31 - CURRICULUM DAY

NOVEMBER

Tues 1 - PUBLIC HOLIDAY - CUP DAY

Wed 9 - MPS Market Day

Fri 11 - Colour Fun Run

Fri 18 - House Athletics/Track Day
(Whole School)

Mon 21- 25 - Grade 5/6 Camp Rumbug

Mon 28 - Swimming Commences

DECEMBER

Fri 9 - Swimming Ends

Mon 12 - Gr 6 Graduation - 5.30-7.30pm
Graduation Disco - 7.30-9pm

Tues 13 - Yr 7 State School Orientation

Thurs 15 - Carols Night

Fri 16 - Gr 6 Long Lunch

Mon 19 - Gr 6 Fun Day - Gumbuya World

Tues 20 - FINAL DAY OF SCHOOL

1.30pm Dismissal

Step Into Prep - Prep Transition

Wed 19th October - 9.15-10am

Wed 26th October - 9.15-10am

Wed 9th November - 9.15-10am

Wed 16th November - 9.15-10am

**Wed 30th Nov. Parent Info Evening
- 6.30-7.30pm**

DATES AND TIMES TO REMEMBER:

TERM DATES 2022

Term 1: 31 January – 8 April

Term 2: 26 April – 24 June

Term 3: 11 July – 16 September

Term 4: 3 October – 20 December

CURRIC. & PROF. PRAC. DAYS 2022

Mon Oct 31st & Wed Dec 14th

PUBLIC HOLIDAYS 2022

Tue, 1 Nov 2022 Melbourne Cup

TIMETABLE

Commence 8.58 Line-up Bell-Music
9am 2nd Bell

Recess 11.00 - 11.30am

Lunch 1.40 - 2.30pm

School Finishes 3.30pm

Message From The Principal

\$6 Million Commitment from the Liberals and Nationals

Earlier this week Mulgrave PS was visited by the Shadow Minister for Education, The Hon. David Hodgett MP and the Liberal candidate for the District of Mulgrave in the upcoming state election, Mr. Michael Piastrino. David and Michael were on hand to announce a \$6 million election commitment from a Matt Guy Coalition Government for upgrades to our school. The funding will allow us to refurbish the old hall and canteen area and create a new STEM Centre and Library that will form the centrepiece of our school. In addition, funding has been allocated to create a new rear entry and drop off point to the school with additional parking.

With MPS now exceeding our built capacity, this commitment from Michael Piastrino and a Liberal and Nationals Government will enable the school to provide adequate learning spaces for all of our students, without the need for shared spaces or making the most of areas that were not originally designed to be a classroom.

Over the last few years, interest in the school has been extremely strong and we have been required by the Department to cap our growth, which we have been happy to do, although we would have preferred to maintain our size with an extra learning space available to us. The School Council has worked towards a model of three classes at every level and we will reach that mark in 2024, however we will need that additional space to achieve this aim.

It has been a long held belief of mine that a school of 21-22 classes is the perfect size. Three classes at every level and possibly an extra class at prep to ensure the smallest possible class sizes for that critical first year. This creates a school of roughly 480 students and allows us the opportunity to provide the full range of specialists and support structures, whilst also retaining a strong community feel.

On behalf of the School Council, we appreciate the commitment of the Liberal and National Coalition.

Art Show

We are extremely excited about Monday's Art Show. Mrs Pejic and the team have put an enormous amount of effort into the event and I am sure it will be a wonderful celebration of our students' work and talents. A reminder that the evening commences at 5:30pm and there will be plenty to do and see over the following two hours. I warmly extend an invitation to all families and MPS community members and look forward to seeing as many of you as possible on Monday.

Infectious Disease – Covid Update

You may be aware that the Victorian Government has announced changes to the COVID-19 isolation requirements. This means that from 11.59pm last Wednesday 12th October, the mandatory orders around isolation for people with COVID-19 have ended. We ask parents and carers to continue to remain vigilant in preventing COVID-19 transmission. Any student who is unwell should continue to remain at home. This is about keeping students healthy and well in our school and reducing the spread of both COVID-19 and other respiratory diseases. Free rapid antigen tests are available at the school for those who need them. Parents and carers will be contacted if their child shows symptoms while at school. Students who wish to wear a mask should continue to do so. To keep our school as safe as possible, we will also continue to use air purifiers and other COVID-19 prevention measures. Thanks for your continued efforts to keep our school community safe and well.

Cup Weekend

A reminder that the school will be closed on **Monday Oct 31st and Tuesday Nov 1st** for our curriculum day and the Melbourne Cup public holiday. Please contact Camp Australia should you need supervision for your child on the Monday, however there will not be a program for the Tuesday.

Swimming Program

On Monday November 28th our Prep to Year 4 students will be undertaking their swimming program (Year 5 & 6 will be doing water safety on camp). Australia has a strong beach and swimming culture. We love the water and it is essential that students become proficient swimmers. The program is designed to upskill students in a short window, as compared to a private program that would take a full term to cover the same content. MPS has consistently chosen to run the program late in term 4, just as we approach the holidays when students are more likely to be going for a swim. We hope our families will make the most of the program and discuss water safety with their children to ensure a safe summer ahead.

Transition Program

In the last few weeks of the school year, students will again be introduced to their new class for 2023 and we will be allocating time for the new grades to work together and get to know one another prior to the school holidays. This has proven to be a very successful model and our students face less anxiety regarding their new class over the long holiday break, as they have had the chance to settle in. When classes are announced, we would again ask that families give the grades a chance to settle. We go out of our way to announce grades well before the end of the year so that we can run a transition program, but it cannot work if we are asked to chop and change without giving the new grades a chance. We will have three classes at most levels and the staff will have put considerable thought into the makeup of those grades, factoring in clashes that have arisen over the course of this year, historical issues that we keep a close eye on and of course balancing the academic and social aspects so that grades are as even as possible. Your support in assisting us through this process is greatly appreciated.

...and also...

Term 4 really begins to ramp up the activities from next week. Following the art show we have the Colour Fun Run, Year 5/6 Camp, Graduation and all of the exciting celebrations that surround it, Market Day, Step Into Prep, House Athletics, 2023 student leadership selection and of course Carols Night to name some of the exciting times ahead. Of course, within this, we will be expecting our students to finish the year strongly and parents can help with this by ensuring your children are reading every day for starters. It doesn't matter what time of the year it is, reading remains the key to the best possible learning outcomes and every child is expected to be reading each night, so if they try and play the "no homework" card, don't let them pull the wool over your eyes, instead, just hand them a book!

Charles Spicer

Principal

TERM 4 WEEK 2 STUDENT AWARDS 2022

Class	Name	Reason
6G	Adriano R Sadra S	For being a supportive classmate and having a great sense of humour. For trying his best during all class activities and putting effort into everything he does. Keep up the great work!
6J	Eishan S Vicky S	For always displaying the MPS values. Keep it up! For her outstanding effort completing the 'survival' tasks!
6T	Visal K	For always staying focussed, working hard and setting a high standard for himself.
5H	Joshua M Shyla B	For consistently producing work of a high standard. Keep up the great work! For always doing her best work in class. Your attention to detail is great to see!
5N	Tina B & Ella V Michael T	For working together as a team to organise their Market Day stall ideas and budget. For a detailed and interesting written response about the text 'Alone'. Awesome work Michael!
3/4K	Ryan A Alex R	For showing persistence and determination to achieve in math lessons. For always attempting all task with the best attitude and persistence.
3/4C	Rafael R	For being a great team member at camp and giving everything a go. Well done Raf!
3/4M	Jessica L	For consistently demonstrating initiative by helping out in class and meeting the needs of others.
3/4L	Elsa T Joshua K	For showing a huge improvement in your understanding of multiplication and division facts. Well done Elsa! For showing a huge improvement in your understanding of multiplication and division facts. Great job Joshua!
3/4S	James B	For always being a happy, helpful and hardworking member of 3/4S.
2B	Zoe M	For using brilliant zippy verbs throughout her procedure on how to build a cardboard truck. Keep it up!
2E	Anthony R	For his focused attention while completing his procedure text, well done Anthony!
2L	Neil P Emma S	For writing his procedure text on making a toy car with concise details. For always contributing to group discussion and brightening up 2L with her bubbly personality.
2M	Charlotte P Malkit S	For writing an excellent procedure text on making a toy car, using zippy verbs! For reading with fantastic expression and punctuation. Keep it up!
1M	Vigas M Iris Z	For consistently putting in an exceptional effort with all of her learning tasks. Your attention to detail is amazing Vigas! For writing an excellent procedure explaining how she constructed her toy car. Fantastic work Iris!
1P	Leen E Fleure O	For working cooperatively with others to find verbs in books. Keep up the amazing work! For always being a kind and helpful member of our class. We appreciate you!
1E	Shreesh J Moksh S	For creating a detailed and informative procedural text for creating a toy car in writing this week. Amazing work! For always being an extremely helpful member of our classroom. Keep it up!
Prep K	Zayn M Jordan Z	For his positive attitude to learning and excellent effort in Reading. For showing kindness to others and working hard on his handwriting.
Prep C	Noah C Isla G	For being willing to have a go and try new things. Keep believing in yourself Noah! For her kind and caring nature towards her classmates. Thank you for using your initiative to help others!
Prep H	Isaac S Adham B Emmerson W	For trying so hard to sound out his words when writing. For being so engaged in his learning and asking thoughtful questions in class. For working exceptionally hard on her reading.

Mulgrave Primary School

Art Show!!

Monday 24th October

Dear MPS families,

The Art Show is only a few sleeps away, next **Monday 24th October, 5.30 -7.30pm**. We can't wait to see our MPS families enjoying all the art events on the night! With many free and ticketed stalls and activities on offer, here are some reminders:

Art Show Pre-Purchase tickets

Avoid the queues and pre-purchase tickets for the art show stalls via Qkr until this **Friday 21st October by 9am**. Tickets are \$1 each and will be sent home to families this Thursday and Friday.

Art Show Raffle

All Art Show tickets to be returned to school by **Friday 21st October**. The raffle and prizes will be drawn at the art show.

There are 12 different stalls/activities on the night so make sure you pick up the 'MPS Art Show map' so you don't miss out on anything. See you at the art show!

Kind regards,

Daniela Pejic
Visual Art Teacher





OCTOBER 24, 2022

5.30 - 7.30 PM

**MULGRAVE
PRIMARY SCHOOL
ART
SHOW**

*Fun for the
whole family*

*Entry & event
tickets
purchased on the
day*

*Mona Lisa
photo station'*

*Make art
on the spot*

**SCHOOL CHOIR
PERFORMANCE**

STUDENT ARTWORK ON EXHIBITION

Bid on the class canvas 'silent auction'

Play 'arty' sport games

*Sausage sizzle, drinks & icy-poles to
purchase (cash only)*

Gladeswood Drive, Mulgrave, 3170 **p** 9795 2477, **f** 9795 4884, **e** mulgrave.ps@education.vic.gov.au **w** www.mulgraveps.vic.edu.au

Values: Motivated • Persistent • Successful

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Division Sports



DIVISION TENNIS

On October 10th, we played against 5 different schools in the Division Tennis at Notting Hill Tennis Club. Our team was made up of Vicky, Jayden, Pano, Bianca, Josh, Riley, Chloe and Audrey. We played in the Boys/Mixed competition and our team was the only team with girls.

First we played against Pinewood and we won 7 games to 5. Then we played Syndal South in a draw, 6 games all, however we won that by one point. Next we played Jells Park winning 12 games to 1. Our fourth game was against Mountain View who beat us 10 games to 2. Finally we played against Christ Our Holy Redeemer and lost 4 to 8. Overall, we came 3rd place with COHR 2nd and Mountain View 1st.

We were really proud of ourselves and we had a great day of competition.



DIVISION BASKETBALL

The Mulgrave Girls Allstars team played on the 12th of October in the division basketball. We were in Pool 2. The first game we versed Mount View; the scores were 31 to 0 in our favour. Bianca scored 17 points. Alyssa, Heidi, Vicky and Jerzey also scored. The second game was against Holy Family PS, the scores were 28 to 7. Unfortunately our shots weren't going in and we lost. We then played in the semi final in a very competitive game against the winner of Pool 1, The Knox School. We started off slow and finished the first half 5 to 13. We matched them in the second half but couldn't get in front and lost 16 to 23. Highlights of the game were Jerzey's two 3-point shots and her excellent defensive work.

Overall, we ended the day in third place. We're really proud of ourselves!



HOW TO BUILD RESILIENCE IN CHILDREN

Parents and teachers often ask me how to build resilience in kids.

My response is always the same. "Start by building independence and resilience will follow."

Children are hard-wired for independence

Sometime around the age of fifteen months (give or take three months) most children will make a strong case for self-sufficiency. They demand to do things their own way. This demand is soon backed by a strong voice – "NOOOO!" and the more articulate cries of "I can do it!" as their third birthday approaches.

This is the time to harness their push for independence and self-sufficiency. Their push for independence will see most children take incredible physical risks in the form of play, the exploration of their immediate environment and their wish to gain mastery over their environment. Concerned parents will naturally minimise risks by moving furniture around; keep doors closed and hiding sharp implements at home, to name a few protective measures. But parents can't eradicate all risks. They recognise that kids will fall and hurt themselves but they'll also get up and go again. In time, they'll learn to assess situations, stare down their fears and test themselves out in new situations. Falling down, brushing yourself off and trying again is part of the natural learning experience for most young children. Parents don't have to do much more than assess a situation for real dangers, stand back and allow kids to explore their environments and pull them up when their play and explorations transgresses the rights and peace of others.

So what's this got to do with resilience?

Well, everything really. Independence is the pursuit of mastery over one's self and one's environment and it rarely happens without mishaps and mistakes. It nearly always involves hurt, hardship, frustration and fear. That's where resilience comes in. Resilience is the art of bouncing forward after experiencing aforesaid hurts, hardships, frustrations and fears. Resilience is what comes from seeking out self-sufficiency and independence.

The language of Independence

The fact that there's a whole genre of language devoted to resilience (and it's mostly cloaked in cliché) is no accident. Terms such as "get back on the bike/horse when you fall off"; "come on, brush yourself off and get on with it"; "what doesn't kill you makes you stronger" are built into the psyche of past generations. Many parents today will cringe at these terms as they appear a little callous and out of touch. Conversely the current relationship with risk and adventure (both required for independence-building), that many parents have is very tenuous at best, non-existent at worst.



Therein lies the challenge. I haven't met a parent, carer or teacher who doesn't want the children in their care to develop resilience that will last a lifetime. Yet, many of those same adults will block the pathway to children's resilience by over-indulging, solving their problems and not giving them real responsibility. In doing so they deny kids the sense of mastery that comes from sorting out their own problems, getting themselves out jams and getting up after a fall.

You can never love your children too much; but you can love them helplessly. That's what happens when we deny kids the opportunity to become truly independent and self-sufficient. Deny self-sufficiency and you block a child's resilience. Develop real independence and you open the pathway to resilience that will last a lifetime.

Find out how to develop real independence and resilience in your child in my latest book Spoonfed Generation: How to raise independent kids.

Michael Grose - Michael Grose, founder of Parenting Ideas



Newsletter

A message from your Coordinator

Dear Families

It's good to see everyone cruising along well with their everyday life. The children have settled well into the routine and are having loads of fun exploring interesting activities each day!

Highlights of the program over the past weeks are in art and craft - the children showed massive interest in creating colourful butterflies with a coffee filter and spray paint, which looked fantastic. They also designed pictures with colourful sand, and learnt how to design Bottle Sand art. Our young scientists learnt to create a rainbow with watercolours and experimented to determine various water and soluble-insoluble substances. Our master chefs made healthy veg rice paper rolls, corn fritters, and apple cinnamon scrolls. We also had pancakes and fruit scones for breakfast.

Apart from these activities, the children explored slime, Lego constructions, drawing art, chess, puppet show and dress-ups. We also played many team games such as ball games, guards and soldiers, basketball, balloon games, netball, footy and memory tag.

A friendly reminder for the upcoming curriculum day on the **31st of October**. We will be running the full-day program from 7 am to 6 pm. Places are limited! For bookings; please visit www.campaustalia.com.au.



It's free to register

To attend our program, you must register your child. You can register an account with us at pp.campaustalia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



Activities coming up

- Halloween craft
- Spooky pom pom launch
- Halloween games



What's on the Menu

- Spaghetti toasties
- Nacho
- Lebanese Pizza



Visit our blog

New articles are added each week for parents and cover various topics to help families.

[Visit our blog](#)

Your OSHC.

www.campaustalia.com.au


ROCKETEERS

Pupil Free Day



Date: 31st of October 22



Time: 07:00 to 18:00



Location: The Before and After School Care Room at Mulgrave Primary School



Fees: \$58.35
\$8.75 after max. CCS*



*Child Care Subsidy (CCS)


The Child Care Subsidy can provide up to 85% off your fees. Your eligibility is determined by your family's annual adjusted taxable income, the type of childcare you use, and your activity level.

To find out if you're eligible, contact Centrelink on 13 61 50.

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5:30-6:30

5-7 YO | 8 - 11 YO

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\$10 sessions



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- **Laser tag**

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ParentZone Term 4 2022

Parenting programs * Free of Charge * Bookings Essential

Dads Matter

Dates: Tuesdays (6 evening sessions)
8th November - 13th December 2022
Time: 7.00pm to 9.00pm
A program for dads to better understand the importance of their role in the lives of their children
Click here to register (limited places)
Enquiries: julia.russell@anglicarevic.org.au

Surviving Separation

Dates: Mondays - October 10th - December 5th inclusive (eight evening sessions, no session on October 31)
Time: 7.00pm - 9.00pm
Learn how to support your children through separation, deal with conflict, and better manage your parenting arrangements
Click here to register (limited places)
Enquiries: julia.russell@anglicarevic.org.au

Strengthening Parents Support Program

Strengthening Parents Support Program provides monthly peer support groups for parents who have a child with a disability or developmental delay.
Contact: Michelle at
StrengtheningParentSupport@anglicarevic.org.au

Talking Tweens

Dates: Monday afternoons (6 sessions)
Mon 10th Oct to Mon 14th Nov 2022
Time: 12.00pm to 2.00pm
Come along to discuss how to improve communication with your child, deal with anger and anxiety and establish boundaries with your child around screen use and other challenging behaviors
Click here to register (limited places)
Enquiries: sharon.muir@anglicarevic.org.au

Parenting from Preschool to Prep

Dates: Tuesdays (6-afternoon sessions)
Tues 11th October to 22nd November
Excludes Melbourne Cup public holiday
Time: 1:00 to 3:00pm
Venue: Box Hill South Family Centre
Come together to discover how to prepare your child to start school in 2023. Develop your child's resilience to cope with change, and understand why children behave the way they do.
Click here to register (limited places)
Enquiries: sharon.muir@anglicarevic.org.au



PARENTZONE

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Dads Matter

Dad's at their best - helping children to thrive

Are you a dad who would like to:

- Better understand your importance in your child's life?
- Have agreements that work?
- Further develop your relationship with your young people?
- Get your head around what they need from you?

Come along to these 6 online sessions. Share strategies, strengths and stories. Take some time out for you and celebrate the importance of being a Dad!

When: Tuesdays (6 evening sessions)
8th November - 13th December 2022

Time: 7.00pm to 9.00pm

Where: Online - Via Zoom

Who: Dads

Cost: Free (Bookings are essential)

Bookings: [Click here to book](#)

Questions:
Julia at Parentzone
9721 3629 or 0400 866 495

PARENTZONE

ADVERTISING



Surviving Separation

Are you in conflict with the other parent?

Would you like to:

Manage your parenting arrangements
with less conflict?

Learn how to best support your children
through separation?

- Learn better ways to deal with your emotions and theirs?
- Build communication skills for the future, for yourself and your children?

Come along, learn some skills to resolve conflict and connect with other parents about the best ways to co-parent, always putting your child's needs first.

When: Mondays - October 10th - December 5th inclusive (eight evening sessions, no session on October 31)

Time: 7.00pm - 9.00pm

Where: Online via Zoom

Who: Separated parents

Cost: Free (Bookings are essential)

Bookings: [Click here to register](#)

Questions: Julia at Parentzone
9721 3629 or 0400 866 495

PARENTZONE

ADVERTISING

Different Journeys Presents

Carers Cuppa



Every Thursday Morning
9:30 AM - 11 AM

Point of View Cafe

Box Hill Institute - Lilydale Campus
1 Jarlo Dr, Lilydale VIC 3140

Calling all carers! Come and join us for a cuppa and catch up. Different Journeys Carer peer support staff and Box Hill Institute Skills and Jobs centre will be there. This is an informal way to check-in with no pressure and explore opportunities and friendships.

COST: FREE

No bookings necessary, come enjoy a cuppa on us!

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We Provide Connections

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DIFFERENT JOURNEYS PRESENTS

Autism Friendly Lawn Bowls Event



Friday 28th October
5:30pm - 7:30pm

Come and try Lawn Bowls with ready and willing volunteers!

COST

\$10pp
Includes BBQ
Dinner

WHERE

Hurstbridge Bowls Club
36 Graysharps Road,
Hurstbridge

AGE

10+
U18s must have
a parent/carer

BOOK www.differentjourneysautism.com
CONTACT differentjourneys@gmail.com



We Support Celebrations

We Provide Connections

We Create Communities

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MULGRAVE PRIMARY SCHOOL

SOCCER X SCHOOL PROGRAM / FUN - EDUCATIONAL - ACTIVE

Starting in Term 4, Soccer X will be running an 8 Week Soccer program at Mulgrave Primary School every **Friday** from **3:40-4:40pm** beginning **Oct. 21st**.

The program is available to students from **Prep-Year 6**.
Children will be split into groups according to age.
All sessions will be run by **qualified coaches** who hold WWCC.
The sessions will be **fully inclusive & fun-based**, catering for all abilities.

Cost: \$130 / 8-weeks.

For more information and online registrations please visit
www.soccer-x.com or call **0488756751**



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