## NEWSLETTER

### **Thursday 2nd February 2023**

## TERM 1 WEEK 2

#### **KEY DATES 2023**

#### **FEBRUARY**

Mon 13th - Getting to Know You Interviews

Fri 17th - Pupil Free Day

#### **MARCH**

Fri 3rd - Zoo Excurrsion - Gr 1-2 Fri 10th - Summer Inter School Sport Mon 13th - LABOUR DAY PUBLIC HOLIDAY Wed 15th - School Photos Tues 21st - Harmony Day Fri 31st - Summer Inter School Sport



#### DATES AND TIMES TO REMEMBER:

#### TERM DATES 2023

Term 1: 30 January – 6 April
Term 2: 24 April – 23 June
Term 3: 10 July – 15 September
Term 4: 2 October – 20 December

#### **CURRICULUM DAYS 2023**

Fri 27th Jan, Fri 17th Feb, Wed 26th April, Mon 6th Nov

#### **PROFESSIONAL PRACTICE. DAYS 2023**

Tues 13th June & Thurs 14th December

#### PUBLIC HOLIDAYS 2023 - Term 1

Mon 13 March - Labour Day Fri 7th April - Good Friday

#### **TIMETABLE**

Commence 8.58 Line-up Bell-Music 9am 2<sup>nd</sup> Bell - Roll Marked

Recess 11.00 - 11.30am Lunch 1.40 - 2.30pm School Finishes 3.30pm

## **Message From The Principal**



As a new school year is upon us I would like to start by welcoming everyone back to school for 2023 and in particular, I'd like to welcome our Preps and new students to the school. 2022 saw the school return to relative normality and

it was a breath of fresh air on Monday as families flowed into the school grounds for the first day. The sense of excitement was palpable and it was certainly a different tone to recent years. Of course, we can't measure our experiences against the last few years, as they were anomalies that we hope are not seen again.

Instead we look to the future with a renewed outlook. Having enjoyed a relatively relaxed summer break myself, this year feels more energised and I'm sure we are all looking forward to our students regaining their confidence in learning. The team at MPS is looking to ensure our programs are as engaging as possible and that our teaching meets each child's point of need. We will maintain a strong wellbeing focus, as well as continue our commitment to improving our teaching and learning programs. Parents can help by encouraging every child to have a go at new things and to not be afraid of making mistakes. We all learn through mistakes and it is having the confidence to try new things that we move out of our comfort zone and build new knowledge and skills.

Looking back over the holiday break we have seen some minor works in the Year 1 spaces, painting of various areas around the school and a variety of upkeep tasks around the grounds. The school is in excellent shape, the teachers are ready and we look forward to a very positive and successful year ahead.

In 2023, MPS will continue to be focussed on each students' point of need. We will look to build on this, with all staff undertaking ongoing evidence based professional learning in literacy, numeracy and wellbeing approaches to ensure our work reflects the most up to date research. We will also build on the improvements made to "Student Voice and Agency" last year. Students will continue to build resilience and independence through our School Wide Positive Behaviour model, supported by selected sections of the Respectful Relationships program, which replaces The Resilience Project. In addition, we will continue to work towards refining our ongoing reporting approach that will see every student receive an Individual Education Plan towards the end of Terms 1 & 3, which will act as "minireports" to offset the mid and end of year reporting process.

#### Day 1

The first day of the school year was a great success, with students from F-6 settling in exceptionally well. I would like to thank the staff for making the students feel so at ease, but also acknowledge the work that was put in last year during the transition program. Our students have hit the ground running, which is exactly what we were hoping for! It was also wonderful to see so many parents in and around the school and we hope that this continues! As of Day 2, it is already business as usual and the students are getting on with learning!

#### **Communications**

Communications will predominantly flow through Xuno as the first port of call, so I encourage families to make sure they have this app. In terms of student learning, this term we will be introducing the See-Saw app to replace Classroom Dojo. This new platform was trialled in some classes in 2022 and we will be rolling it out school wide this term. Mr. McIlwraith has been working hard to have the platform ready to go and he will also work with students this term to help them learn how to use it.

#### Getting to Know You Meetings - Monday 13th February

Notices have already gone home about our Getting to Know You meetings which will be held on Monday 13<sup>th</sup> February from 2-6pm. Parents of all students are invited to book a time convenient to them. Bookings can be made via our Xuno online system. Due to the success of our Zoom interviews, we have the option of either choosing to attend the interview in person or 'online' via Zoom.

The purpose of these interviews is twofold. Parents and guardians are encouraged to attend to:

- Meet their child's teacher to begin an effective home/school partnership.
- Provide information to teachers regarding their child's strengths, talents, issues or concerns.

Information shared by parents to teachers will assist us to plan for and work as effectively as possible with you and your child throughout the year. Interviews will be 8 minutes in length.

#### 2023 Parent Payments Reminder

Parent payments help the school to operate effectively. MPS provides a significant range of programs that cannot be delivered without the optional support of families. We would like to thank the parents that have already made these payments.

#### **School Council Elections**

Information regarding the 2023 School Council election process was sent to families via Xuno on Tuesday this week. I would encourage any interested parent to contact me for more information. School council is an extremely vital part of the school and it is from council that we take our direction. Council approves external contracts, provides advice and consent on a range of areas and oversees school finance. Please look out for this if you think you may be interested in nominating or being nominated. Information includes a timeline and summary of the role of School Council.

#### **Parents and Families**

Late last year we called for interested parents who would like to be a part of the PFA in 2023. Thank you to those who have made contact, but if any other families would like to be involved we would love to hear from you. Please email <a href="Mulgrave.ps@education.vic.gov.au">Mulgrave.ps@education.vic.gov.au</a> if you would like to contribute. A meeting will be arranged for interested parents once we have your responses. We look forward to working with you this year!

#### 2024 Enrolments

With the school now at its capacity, we are once again required to cap our 2024 prep numbers at a maximum of 63 students. Pressure on enrolments is only increasing, with the school unable to provide places for over 60 families in 2022.

For 2024 Foundation (prep) enrolments, a new process is being rolled out across the state. Attached to this newsletter is a guide to the new process, which commences at the beginning of Term 2. The new application forms will be available for download from this time and applications will need to be made by Friday 28th July. Existing MPS families will have priority, but it would be extremely helpful if current families could enrol as early as possible next term, so that we can identify how many places will be available for new families.

Given the nature of the new process, we would be very happy if families could simply call the office in the meantime and advise us if you have a child that will be commencing in 2024.

As per previous years, we will be prioritising sibling claims and new enrolments from inside our Designated Neighbourhood Area. Once we have done this, we will look to provide clarity for those enrolling from outside of our area, as per the Department's guidelines (see below).

The new state wide enrolment process is still being rolled out to school staff, so as we have more information, we will update families accordingly. If you have any questions, please feel free to contact the office.

#### **Priority Order of Placement**

In circumstances when a school may not be able to accept all applications due to existing or future capacity concerns, schools must manage enrolment applications in accordance with the following priority order of placement:

- 1. students for whom the school is the designated neighbourhood school
- 2. students with a sibling at the same permanent address who are attending the school at the same time
- 3. where the Regional Director has restricted the enrolment, students who reside nearest the school
- 4. students seeking enrolment on specific curriculum grounds
- 5. All other students in order of closeness of their home to their school.

#### **Gate Opening and Closing Times**

As in previous years, students should be arriving before 8:57am (when the music starts) so that they can enter their classroom and be ready for learning at 9am.

Gates will be unlocked by 8:45am each morning. The reason behind this is in order to maintain student safety. Staff are not on duty until 8:45am and students who enter the schools grounds prior to this are unsupervised and at risk. In previous years we saw a growing number of students entering the grounds as early as 8am without adult supervision. For families where both parents work and therefore need to drop off their children prior to 8:45am, the school provides an Out of School Hours Care program that runs from 7am to 6pm.

The front gate will always remain open during the day for access to the office and as a late entry and early exit point, whilst side gates will be shut. All students arriving after 9am must sign in at the office.

Parents are welcome on site at any time. We only ask that parents remain out of the classrooms prior to school starting as staff prepare for the day ahead. It is also important for students to build their resilience and part of this is entering the rooms on their own (with the exception of preps in the first week or so).

The side gates will be locked at 3:40pm. Any students remaining at school at 3:40pm will be escorted to the gazebo at the front of the school for collection. It is expected that students who are not collected by 3:45pm are registered for out of school hours care, so that they can be placed in care in the event that families cannot collect their children by 3:45pm.

#### Kiss and Go Parking

A reminder to families that cars cannot be left unattended if you are using the Kiss and Go drop off and pick up zone. I understand the tendency to think that a quick trip to the office won't hurt, but parents leave themselves open to fines if a parking officer is in the area. Often, the first time you will know about it is when you receive the fine in the mail, as most fines are processed from photographic evidence. This will also assist the flow of traffic and ease of pick up and drop off for all families. I would also remind parents that the parking time limit in this area is 5 minutes.



#### Car Parking

Parents are asked to be mindful of the parking restrictions around the school. Parking officers regularly patrol the school zone. The staff car park is strictly for staff cars only and parents must not enter this car park between 8am and 4:30pm. We have visiting staff entering and leaving on a regular basis, as such, pedestrians should not use the car park when entering and leaving the school. Please use the pathways at the front of the school, via Gladeswood Reserve and on Maygrove Way. Excellent parking is available at both the kindergarten and tennis club entries to Gladeswood Reserve. I would also ask families to be mindful of our neighbours and avoid parking across driveways, in no standing areas or on nature strips. We thank you for your support in this matter as student safety is very important to us.

#### **Lunch Orders**

2023 sees the commencement of a new lunch order program. This year, students are able to order via Qkr for lunch orders on Wednesdays and Fridays, commencing on Wednesday Feb 8th. Orders must be placed by 9am sharp, but can be pre-ordered in advance. The new menu is available via the app. Our new canteen service providers are a third party operation, so the school is unable to take late orders over the phone. Lunch orders will be prepared off site and delivered by 1:30pm.

#### Assembly

Assemblies will take place at 2:40pm every second Friday, commencing with a short assembly next week. On the alternate weeks, the different level teams will run their own assemblies and we will be trialling the presentation of the student of the week awards at these assemblies during term 1. The school will no longer be recording assemblies as we did throughout Covid, with the possible exception of major announcements.

#### **Curriculum Days & Student-Parent-Teacher Conferences**

A reminder that the 2023 Curriculum Days are as follows:

Day 1 - Jan 27th (PLC Overview and Admin - Team Building - Respectful Relationships - Disability/Inclusion)

Day 2 - Fri 17th Feb (Literacy)

Day 3 - Wed 26th Apr (Numeracy - Big Ideas)

Day 4 - Mon Nov 6th, Cup Eve (Reporting)

In addition, the state government has approved a further two professional practice days and due to ongoing teacher shortages, these days will be student free in 2023:

PPD 1 - Term 2 Tuesday 13th June

PPD 2 - Term 4 Thursday 14th Dec

#### Labour Day Public Holiday

Parents are reminded that there is a Labour Day holiday on Monday 13th March. There will be no school on this day.

#### **Student-Parent-Teacher Conferences:**

Tuesday June 21st 2pm – 6pm (Students are required to attend and lead their conference and will be guided and supported as appropriate).

#### **School Uniform**

Uniforms are available via PSW in Glen Waverley. All students should be attending school in full uniform. This is either the pale blue polo shirt for years P-5 or the navy year 6 polo. A summer dress and winter skirt are also available, along with navy shorts and tracksuit pants and the navy bomber jacket. Hats are required in terms 1 and 4, with school beanies on offer for the cooler months. Should your child be unable to attend in uniform, please send a note to your child's classroom teacher. The uniform policy is available via the school website.

#### **Art Smocks**

To protect clothing, all students are requested to have an Art Smock or old shirt that can be worn during art classes.

#### Working with Children Checks (WWC)

We encourage and value parental and community support at MPS. There are many ways that parents, grandparents and friends can assist at our school. We encourage all parents to obtain a Working with Children's Check that will allow you to be very involved in your child's education. These checks are free for volunteers. Please ensure you nominate MPS as a place you volunteer. Once you have your WWC please come to the office so we can photocopy this and we will add your name to our list of parents who have a current WWC check.

#### Staffing

A very warm welcome is extended to our new teachers – Miss Catherine Slaughter (4S), Miss Rebecca Wright (4W), Miss Emma Harrison (3H) and Miss Bernice Li (1B). We also welcome back Mrs Louise Jarvis and Mrs Kate Hattwell who will share 5J. In addition, we also welcome Mrs Sindhu Havanur to our Education Support team and Mrs Anna Long to the office staff. Please say hello to our new staff members if you see them around the school.

Our team for 2023...

Prep: Caiti Hayes (PC), Laurie Brogden (PB) and Jay Khoo (PK)

Year 1: Sarah Murray (1M), Le-Buu Ly (1L) and Bernice Li (1B)

Year 2: Marika Evans (2E), Erica Newnham (2N) and Michelle Ohia (2O)

Year 3: John Stokes (3S), Nicole MacPhie (3M) and Emma Harrison (3H)

Year 4: Lauren Hay & Michaela Muhandiramge (4H) Catherine Slaughter (4S) and Rebecca Wright (4W)

Year 5: Nathan Giles (5G), Louise Jarvis and Kate Hattwell (5J) and Lenore Matthews (5M)

Year 6: Tracy Turner (6T) and Jordan Geer (6G)

STEM: Stuart McIlwraith Spanish: Pilar Caivano Visual Arts: Dani Pejic Performing Arts: Sally Bush Physical Education: Tim O'Neill

Tutoring Program (Response to Individual Needs): Franca Elliott

Education Support: Marina Vujmilovic, Tien Sumarni, You Meng Hooi, Lisa Laski, Jacque Nathan, Vicki Goldsworthy

and Sindhu Havanur Chaplain: Ali Hardaker

Admin Officers: Viki Ali and Anna Long

Business Manager: Suzy Shaw

Assistant Principals: Stuart Hattwell & Nicola Weerakoon

Principal: Charles Spicer

#### **Annual Privacy Reminder**

Our school collects, uses, discloses and stores student and parent personal information for standard school functions or where permitted by law, as stated in the Schools' Privacy Policy.

Please take time to remind yourself of the school's collection statement, found on our website [https://mulgraveps.vic.edu.au/about-us/#plans].

For more information about privacy, refer to: <u>Schools' Privacy Policy — information for parents</u>. This information is also available in nine community languages:

- Amharic
- Arabic
- Dari
- Mandarin
- Somali
- Sudanese
- Turkish
- Urdu
- Vietnamese.

#### **Accident Insurance**

The Department of Education and Training (DET) does not provide personal accident insurance for students. Parents are generally responsible for paying the cost of medical treatment for injured students, including any transport costs. The Department of Education states that reasonable low cost accident insurance policies are available from the commercial insurance sector. Similarly, DET (which includes the school) does not offer replacement of personal items which are brought to school and are lost, broken or stolen. Sentimental or expensive belongings and toys, including sports equipment and electronic devices, are normally best left at home.

#### Mobile phones

Readers of the newsletter would be aware of the introduction of the state-wide policy on Mobile Phones in Victorian Government Schools. All students are required to turn off and hand in mobile phones to prevent usage during school hours. This also extends to smart watches where the call and messaging function can connect to the student's phone. Devices will be placed in the a locked cabinet/cupboard at the start of the day and handed back at the end of the day.

School Council has approved our Mobile Phone policy to ensure it is aligned to DET directives. A copy of this policy is available on our website.

Please discuss this with your child/ren to assist us in following this policy. We thank you for your support in this area.

#### Hats

A reminder that hats must be worn in terms one and four. Sunscreen and sunglasses are also highly recommended.

#### **Heat Policy**

The school operates a heat policy and we keep the children indoors in air conditioned classrooms on very hot days where the temperature exceeds 35°. We have also been asked to remind our parent community about the dangers of leaving children in cars on very hot days.

THE TEMPERATURE INSIDE A PARKED CAR CAN DOUBLE WITHIN MINUTES

ON HOT DAYS NEVER LEAVE KIDS ALONE IN CARS.

NO EXCEPTIONS. NO EXCUSES.

61°C

Victoria

As always, plenty to get through to start the new school year.

Enjoy the weekend ahead everyone!



**Principal** 

#### **Attention: Prep Parents**

Michelle Chappell, a visiting primary school nurse from the Department of Education, will be attending the school to conduct the Prep health assessments and to see other children as requested by teachers (with parents' consent).

The purpose of the visit is to provide children in their first year of primary school with the opportunity to have a health assessment; to link children, families, and school communities to services available in the community; and to provide information and advice that promotes health and wellbeing.

The confidential questionnaire will provide important information about your child's health so the nurse can make an effective and tailored assessment. If your child requires further assessment, such as vision, hearing or speech assessments the nurse will see him or her at school.

- \* If you would like your child to participate in the Primary School Nursing Program, please indicate this by ticking the YES consent box (page 5), sign and fill out the questionnaire and return the completed student entrant health questionnaire to your child's school.
- \* If you do not wish your child to participate in the Primary School Nurse Program, please tick the NO consent box (page 5), sign and return the student entrant health questionnaire to your child's school.
- \* Once completed, can you please return the questionnaires to your child's school teacher in the sealed envelope by the specified return date.

Parents are invited to contact Michelle, the visiting primary school nurse if there are any issues they wish to discuss. Michelle's contact number is 0412 161 467.

Thank you

### **Lunch Orders are Back!!**

A Reminder that lunch orders commence next week (Wednesdays and Fridays only).

Parents are able to order and pay via the Qkr! App. We have provided all families with a list, though if you have misplaced the list please see below. A copy of the list as well as the Qkr! Instructions may also be obtained via the school website.

#### **MULGRAVE PRIMARY SCHOOL CANTEEN MENU 2023**

Hot Items	
Lasagne E	\$4.50
Macaroni & Cheese E V	\$4.50
Chicken Burger w Lettuce, Cheese & Mayo	\$5.50
Beef Burger with Cheese, Tomato Sauce	\$5.50
Dim Sims (Steamed)	\$1.40
Fantastic Noodle (Chicken or Beef)	\$3.60
Pie	\$4.50
Party Pie/Sausage Roll	\$1.40
Sausage Roll	\$3.80
Skinless Hot Dog	\$4.00
Falafel Bites GF Vegan E	3/\$3.00
Hash Browns	\$1.50
Pastizzi- Cheese	\$1.50
Vegetable Pastie	\$4.50

Sandwiches (Fresh or Toasted)	
Salad E V	\$4.00
Ham E	\$3.00
Cheese E	\$3.00
Ham & Cheese E	\$3.20
HCT (Ham, Cheese & Tomato) E	\$3.70
HLT (Ham, Lettuce & Tomato) E	\$3.70
Chicken with Lettuce & Mayo E	\$4.70
Tuna with Lettuce & Mayo E	\$4.70
Vegemite & Cheese E	\$3.00
Egg with Lettuce & Mayo E	\$4.20

#### Gluten Free Sandwiches Available add 30c

### Snacks

SHACKS	
Large Cookie	\$3.00
Popcorn (Sweet & Salty) V	\$2.00
Noodle Snacks	\$1.20
Fruit of the day	\$1.00

Ro	lls
Sal	ad

Itolia	
Salad E V	\$4.50
Ham E	\$3.50
Ham & Cheese E	\$3.70
HCT (Ham, Cheese & Tomato) E	\$4.20
HLT (Ham, Lettuce & Tomato) E	\$4.20
Chicken with Lettuce & Mayo E	\$5.20
Tuna with Lettuce & Mayo E	\$5.20
Vegemite & Cheese E	\$3.50
Egg with Lettuce & Mayo E	\$4.70

#### Drinks

600ml Water E	\$3.00
300ml Oak Milk (Chocolate, Strawberry)	\$3.20
250ml Prima (Orange, Apple)	\$2.20

#### Wraps

1 1 1 11 11 11	
Salad E V	\$4.50
Ham E	\$3.50
Ham & Cheese E	\$3.70
HCT (Ham, Cheese & Tomato) E	\$4.20
HLT (Ham, Lettuce & Tomato) E	\$4.20
Chicken with Lettuce & Mayo E	\$5.20
Sweet Chilli Chicken Wrap	\$5.20
Tuna with Lettuce & Mayo E	\$5.20
Vegemite & Cheese E	\$3.50
Egg with Lettuce & Mayo E	\$4.70

#### Sushi- Wednesdays only

(Sushi orders must be placed through QKR by Monday 4.00 pm)
2 Rolls from 6.60

Chicken Teriyaki, California, Tuna & Avocado.

Canteen will be open for Lunch Orders Wednesday, and Friday in 2023.

Please place orders by 9.00 am via the QKR App.

ORDERS CAN BE PLACED VIA THE OKR APP - CANTEEN

Download the Qkr app on your mobile or iPad today!

#### Additions for Sandwiches, Rolls and Wraps & Salad Plate

Ham 50c	Chicken \$1.00	Egg \$1.00
Cheese 50c	Tuna \$1.00	1.500.00

E= Healthy Option V = Vegetarian Option GF = Gluten Free

Sandwiches, Rolls and Wraps are made with white bread. If you would like Wholemeal or Multigrain please state this on your order.

Tomato Sauce 20c Brown Paper Bag 12c



# Newsletter



#### A message from your Coordinator

#### Dear Families

A warm welcome back to all our OSHC students and families to another exciting school year, 2023! I hope the summer break was relaxing and rejuvenating for you all!

We had a great time at our Rocketeers VIII with a theme that took us around the world and connected us to Canada, Brazil, Egypt, and Korea. We had an opportunity to experience their culture, food and traditions. We also explored Australian landmarks and animals and made colourful bag tags. Making our passports was a fun way to learn about the travel requirements for visiting other countries.

Camp Australia's New Pop Song, "Take Me to Base Camp" rocked everyone with great moves! We also explored Bollywood dancing along with Greek and Croatian dance moves. Our adventures to watch an inspirational movie at Village cinema Lyle Lyle Crocodile was amusing. In other adventures, we went to St. Kilda footy club and learnt the footy kicks from the best. During Incursion Putt and throw, we learnt to play new games, Mikkado, mini golf, Croquet and Molkky. The water blast experience was refreshing with lemonade on a hot summer day!

Our Rocketeers Holiday program allows children to build friendships with neighbouring schools and connects us to the broader community. If you have yet to experience our program, please join us for the upcoming Autumn Rocketeers for fun adventures.

We have planned several exciting activities this term. The Handball championship is back with Ten thousand worth of prizes to be won, so look for more information for this fantastic opportunity to show your talent.

The upcoming pupil-free day on the 17th of Feb. Camp Australia will offer a fullday program, 7 am to 6 pm, with exciting experiences. For booking, visit www.campaustralia.com.au

#### It's free to register

To attend our program, you must register your child. You can register an account with us at pp.campaustralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.













#### Activities coming up

- Sun glasses summer art
- Science: wriggly worms Water blast tag



#### What's on the Menu

- Sushi
- Cheese toasties
- Nacho





#### Visit our blog

New articles are added each week for parents and cover various topics to help families.

Visit our blog



www.campaustralia.com.au



## Welcome back to

# Your OSHC.



## **At Mulgrave Primary School**

Welcome your child back to OSHC in Term 1 with inspiring programs.

The Your OSHC team at your school have been busy planning an exciting return to term time. Your program is filled with experiences that aim to connect your child with their friends, explore their interests and ease the transition from the holidays.

	Showcase experience	Feature menu item
Monday	Sun glasses picture art/ Camouflage	Mini Pizzas
Tuesday	Science: Colourful wriggly worms	Veg Sushi
Wednesday	Water Blast tag/ Refreshing Lemonade	Cheese toasties
Thursday	Jelly fish art/ Dodge ball	Nachos
Friday	Nature tree art/ Ball tiggy with Medic	Popcorn



### FREE to Register

Once registered, you'll be able to easily make and manage your bookings online via our Parent Portal.

Register now free

Kickstart your child's 2023 with fun, social and purposeful programs that will build your child's confidence.

Visit our Get Term 1 Ready page on our website for heaps of great info to kickstart your school year.

Visit page



# Pupil Free Day

Date: 17/02/2023



07:00 to 18:00 Time:



The Before and After School Care Room at Location: Mulgrave Primary







Fees:







### \*Child Care Subsidy (CCS)

The Child Care Subsidy can provide up to 85% off your fees. Your eligibility is determined by your family's annual adjusted taxable income, the type of childcare you use, and your activity level. To find out if you're eligible, contact Centrelink on 13 61 50.

Your OSHC.

Tailored before and after school experiences that children love.

To book, visit www.campaustralia.com.au





# **TUNING IN TO KIDS**

## **Emotionally Intelligent Parenting**

A six-session program for parents of children aged 4-10 years.

## Would you like to learn how to:

- be better at talking with your child?
- be better at understanding your child?
- help your child learn to manage their emotions?
- help to prevent behaviour problems in your child?
- teach your child to deal with conflict?

Tuning in to Kids shows you how to help your child develop emotional intelligence. Children with higher emotional intelligence:

- have greater success with making and keeping friends
- have better concentration at school
- are more able to calm down when upset
- tend to have fewer childhood illnesses.

Emotional intelligence may be a better predictor of academic and career success than IQ!

#### Where:

Wellington Hub Child and Family Centre 55 Shaftsbury Drive, Mulgrave

#### When:

10am - 12pm Every Thursday from 23 February to 30 March 2023

#### Contact:

Geraldine Ryan **C** 0435 690 608 ☐ geraldine.ryan@monash. vic.gov.au

# Wonnies School of Music









Scan Me! to start music lessons with Wonnies



# **Kids Self Defence & Fitness Classes**

Mulgrave PS

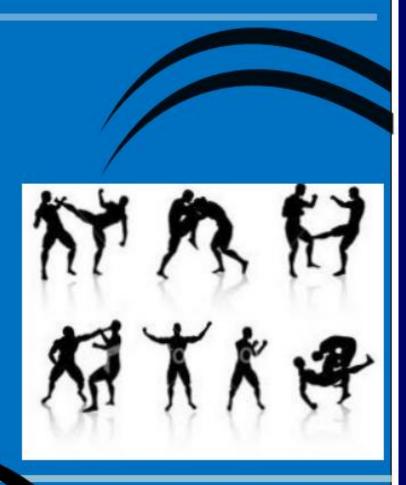
Ages 6—12

**Boys & Girls** 

Tuesdays

6:00-7:00 pm

Register now for a free trial lesson.





**Contact: Cliff Wilson** 

M: 0418 150 405

E: cliffwilson@caydam.com

W: caydam.com

## **MULGRAVE PRIMARY SCHOOL**



NATE MELBOURNE MANAGER



TERM

Starting in Term 1, Soccer X will be running an 8 week

Soccer program at Mulgrave Primary School every Friday

from 3.40pm - 4.40pm beginning February 10th (week 2).

The program is available to students from **Prep - Year 6**.

On arrival children will be split into groups according to age.

All sessions will be run by **qualified coaches** who hold WWCC.

The sessions will be **fully inclusive & fun-based**, catering for all abilities.

Cost: \$130 / 8-weeks.

For more information and online registrations please visit www.soccer-x.com - Programs - School programs - Melbourne

Please contact us via email for further enquiries: semel@soccer-x.com



# WANT TO PLAY FOOTY IN 2023?

Come and join the Waverley Park Hawks!

### **BOYS AND GIRLS TEAMS FROM U8'S TO U18'S**

- All home and away matches are played on Sundays.
- Each team trains one night per week, from Tuesday to Friday.
- Saturday morning Auskick centre for kindergarten and primary school children aged 5 and over.
- Auskick fee rebate for new players.

- AFL Level 1 Accredited coaches and assistant coaches.
- Gold level personal injury insurance and first-response medics at every match.
- Discounts available for families with multiple players
- Early-Bird fees for registrations received by Jan 31.



### **CONTACT US TODAY**

President Michelle McCluskey 0414 300 800 Columbia Drive Wheelers Hill info@wphawks.org.au

Registrar Mick Mastromanno 0402 955 954