NEWSLETTER

Thursday 11th May 2023

TERM 2 WEEK 3

KEY DATES 2023

MAY

Mon 15th - Prep Fire Ed - 10am Mon 15th - District Cross Country Wed 24th - Ricketts Point Excursion (Gr 3) Fri 26th - Ricketts Point Excursion (Gr 4) Wed 31st - Division Cross Country (Select students only)

JUNE

Fri 2nd - Winter School Sports - Gr 5/6 Fri 9th - Winter School Sports - Gr 5/6 Mon 12th - King's Birthday (Public Holiday) Tues 13th - Professional Practice Day (Student Free Day)

Fri 16th - School Disco Fri 23rd - Last Day of Term 2

(Students dismissed: 2.30pm)



Mulgrave Primary School Production Tues 18th July & Wed 19th July More information inside...

DATES AND TIMES TO REMEMBER:

TERM DATES 2023

Term 1: 30 January – 6 April
Term 2: 24 April – 23 June
Term 3: 10 July – 15 September
Term 4: 2 October – 20 December

CURRICULUM DAYS 2023

Mon 6th Nov

PROFESSIONAL PRACTICE. DAYS 2023

Tues 13th June & Thurs 14th December

PUBLIC HOLIDAYS 2023 - Term 2

Mon 12th June - King's Birthday

TIMETABLE

Commence 8.58 Line-up Bell-Music 9am 2nd Bell - Roll Marked Recess 11.00 - 11.30am

Lunch 1.40 - 2.30pm School Finishes 3.30pm

Message From The Principal

2024 Prep Enrolments

It's that time of the year again where school tours are coming thick and fast, as are applications for enrolment. We already have over 40 applications just two weeks into the new process and I expect that to be approximately three times that by the time enrolments close on July 28th. It would be a great help to us if all families could send in their enrolments by the end of May. It would allow us to mount a case to the Department that a new portable is required ahead of the enrolment cut off. Doing this will give us significant flexibility for next year and possibly even allow us to have 4 smaller classes instead of 3 full classes. In terms of the new process, the school now has capacity restrictions and the only way we can access future classrooms, is to demonstrate the demand within our school zone. We are not seeking to become a big school, we simply want to be able to move to three classes at each level. Applications are available from our website or via the office. If you have any questions, please feel free to give me a call or drop in and say hello.

Uniform



With winter on the way, there has been a noticeable increase in non-uniform items being worn to school. Can I please ask families to visit the PSW website (https://www.psw.com.au/) or

to visit the Glen Waverley store behind Office Works on Springvale Rd if your child is in need of new uniform items. We expect that all students are in uniform and provide a range of different items to suit the needs of all students. In the event that an item is lost or still in the washing machine, we ask that families provide a note to the classroom teacher to explain why a student is out of uniform.

Seesaw

Recently we have taken on board some constructive feedback regarding how the school has been using Seesaw to communicate with parents. With this in mind, I wanted to clarify what parents should expect from the respective year levels. Each week, parents should be seeing the following items in Seesaw:

Prep:

Photos of student work, reminders, general overview of the week's learning.

One:/Two:

Photos only - examples of work.

Three/four:

Photos only - examples of work, occasionally sending reminders/photos of events, etc.

Five/six:

Recap of the week that includes reading, writing and maths (other events during the week)

Reminders for the week/fortnight ahead

Reading logs (students upload a photo of the log).

In terms of homework, the expectation remains that students will read daily. At various year levels, reading will be supplemented with small tasks that may reflect the work going on in class. Some tasks are optional, but reading always remains a constant. Each team will provide updates regarding homework. If you have any questions regarding this, please contact your classroom teacher via the app.

Sensible Behaviour in Wet Conditions

We have noticed that many of our younger students have been enjoying the mud of recent times. Whilst we are constantly asking them to stay away from puddles and mud, they don't always listen. If we could ask parents to help us out by reminding students to stay dry, we would appreciate it. Further, for younger students, it is always wise to have a spare set of pants, polos and underwear in their bag just in case.

Gates & Out of School Hours Care

Just a reminder to all families that the reasoning behind the gates being locked is purely as a result of available supervision within the school grounds. Staff are not available to be on yard duty until 8:45am when the gates are opened. This is primarily due to the new EBA and the duty of care issues. If students were to be permitted on site prior to this time and were not in the care of a parent, the school is placed in a difficult position in the event of an accident. As a parent of school aged children over the last 16 years, I understand the juggling act required for the pick-up and drop-off. This is why MPS works with Camp Australia to provide an excellent before and after school care program.

The program is available from 7am through until 6pm and subsidies are available to reduce out of pocket expenses. I would urge parents to consider Camp Australia as an alternative to students hanging around on the street from 8am in the morning.

Please visit www.campaustralia.com.au to register.

We would also prefer parents do not leave their children unsupervised on Gladeswood Drive and Maygrove Way in particular. Another alternative is to organise a "walking school bus" with other parents. This option allows parents to share the load with a trusted friend walking a group of students together at the appropriate time.

Road Safety & Car Parking

Recently there has been a significant increase in double parking in front of the Kiss and Go zone, parking across the school car park driveway and even parents parking in the staff car park. We have observed parents parking in front of the skip bins, blocking vehicular access in and out of the car park as well as parking across the footpath from the 3/4 portables to Gladeswood reserve!!!! The staff car park is not available to parents between 8:30am – 4pm. Again, this is to ensure safety, but also to maintain vehicular access in case of an emergency.



Further to this, there is an unbroken line down the centre of Gladeswood Drive and many "No U-turn" signs along the way, yet every time I am on yard duty I see illegal u-turns. Often, these u-turns are within 20m of the crossing and this only serves to reduce the line of sight of the crossing supervisor, as does parking illegally in the no parking spaces either side of the crossing. We need to be considerate of other road users and our neighbours, but most importantly we should all be putting the safety of students first. Double parking is particularly dangerous, as it means students are moving between parked cars onto the road. It doesn't need to happen, as we have significant parking available on the other side of Gladeswood Reserve and at the tennis club entry. I might add that the school is working with the state government and the Monash Council to provide a second drop off point and additional car parking at the rear of the school. Of course, this is some time off, but in the meantime, it is worth noting that the Kiss and Go zones generally become more available after 8:50am, when the initial rush passes. More than enough time to drop a student off before the music begins at 8:57am.

Lastly, could I also please stress the importance of not walking your children through the staff car park. With the exception of parents volunteering for breakfast club, there is no reason for families to take this route. There is always vehicle movement before and after school and we wish to minimise the risks associated with this act. The pedestrian gates are very close by and should be used for entry and exits.

Cyber Safety

Earlier this week our senior students enjoyed a cyber safety session with the Victoria Police. Students were provided with a range of information and strategies for ensuring their online safety. Over the school holidays, there were a number of incidents where student online safety was at risk. Whilst we do what we can to ensure students are safe online at school, including the



Department's excellent internet filtering system, we cannot control what happens at home. All we can do is educate students to the dangers of social media and make them aware that, unfortunately, there are people using the internet solely for the purpose of harming others.

I would encourage all families to have a discussion around cyber safety with their child, particularly the older students, and if your child is not willing to share the contents of their phone with you at this age, I would suggest there is reason to follow up. Privacy is important, but so to is safety.

Education Week at Mulgrave (Week 4)

Education week is next week, this year's theme is Active Learners: Move, Make, Motivate which celebrates physical activity.

We at Mulgrave will be doing many hands-on activities within our literacy, numeracy and wellbeing sessions, with a view to highlight the connection between a healthy body, a healthy mind and positive learning outcomes.

Happy Mother's Day

To all of the MPS mums out there, I wish you a happy Mother's Day for Sunday. Whatever your perfect Sunday is, I hope that your family is all set to make it happen!



Principal



Mulgrave Primary School Production Important information

Tuesday 18th July & Wednesday 19th July (This is an after school event – time to be confirmed)

The long-awaited Arthur Gumnut performance is finally going to be performed on stage!!

This performance is a whole school evening event and participation on both nights is expected.

The students have been learning their dances and positions/formations for the songs. Grade 5 and 6 students who are acting have been learning their scenes and lines and they will be difficult to replace at this late stage.

So, if any families are planning any family holidays during this time, we ask that you notify the school or your child's teacher as soon as possible.

Thank you!



WE'RE TAKING IT IN OUR STRIDE ON FRIDAY 19 MAY 2023

Well it's that time of year again when our school seriously starts talking about walking!

Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. And although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Remember, Active Kids are Healthy Kids so get planning your own Walk Safely to School Day journey for Friday 19 MAY 2023!

For more information, visit www.walk.com.au



Ali's Corner - Parents Spot



EMOTIONAL NEEDS OF CHILDREN - Part 3

Teach Your Child to Make Choices

Children must <u>learn to make choices</u> from an early age. At first, this can be practised with simple daily decisions such as what to wear, what game to play or what to eat. When they make decisions they learn about accepting the consequences of those decisions.

Show an Interest

Show an interest in what your children are doing and recognize their efforts. When children perform simple tasks and are acknowledged for them, they develop a sense of responsibility and this leads to self-motivation.

Encourage Physical Activities

Physical activities are a great way to manage emotions and also an outlet for tension. Encourage your children to engage in lots of physical <u>free play</u> outdoors, as well as sports activities when they are older.

Teach Independence

Independence is the end goal of good parenting. What other job do you have that is more important than guiding your children so that they will be happy and functional adults?

You can <u>teach kids independence</u> from an early age. Always allow your children to do the things they are able to do themselves.

Provide Discipline

Children who have consistent and fair discipline at home feel more secure than those who are not aware of their boundaries.

Children need to learn values and norms and behaviour that is acceptable in society.

Discipline should be fair, not extreme or done in anger, and most importantly – applied consistently. This leads to children developing self-discipline in time.

Always point out the behaviour that is inappropriate and don't make discipline a personal attack on your child.

The best discipline expert, in my opinion, is **Janet Lansbury**.

Laugh a Lot

Children naturally want to laugh and be happy. Tiny babies start smiling after just a few weeks and start giggling soon after that.

Laughter is one of the joys of life and can make any situation lighter and more bearable.

Make laughter a daily staple in your home. Laugh together all the time, play with words and make silly jokes. It will become one of their best coping skills.

Be an Example

Just like any other skill, the best way to teach it is to model it. In order to develop good emotional skills, children should have emotionally intelligent parents. If you are frequently losing your temper, speaking badly about your family or friends, or never expressing your own emotions, it will be difficult to expect your children to behave maturely.

Encourage Independent Problem Solving

<u>Problem solving</u> is a crucial skill for survival on the playground, in the classroom, in the workplace and in life.

The best time to solve problems is during play. Let your children find solutions to the challenges they encounter while playing, as well as resolve small conflicts. Try not to plan playdates and let them find creative ways to entertain their friends.

Encourage Fantasy Play

Fantasy play – also called make-believe, pretend, <u>dress-up</u> or <u>symbolic play</u> – is a type of play where children step into other roles, become something else, act out various scenarios such as being adults.

It is through this type of play that children express their emotions and act out how they see the world. They learn to deal with their daily experiences by taking on a role and finding *grown-up* solutions.

Fantasy play is excellent for emotional development and should be encouraged often.

Teach Gratitude

Gratitude is a really wonderful quality to have. Teach your children not to take their life and comforts for granted but rather to become aware of what they are thankful for. Make regular habits such as saying one thing you are grateful for at the dinner table, and occasionally encourage your child to donate some toys or books to the less privileged.

Teach Please, Thank You and Sorry

Having manners is one of the best life skills to learn. *Please*, *thank you* and *sorry* are words that should be used frequently in your home.

Teach your children to speak respectfully to waiters, cashiers and others in service, family members, friends and strangers. Even babies can start to learn simple manners such as please and thank you from very early on.

I hope these tips have helped with understanding the emotional needs of a child.

Live well and laugh often!



Wellbeing Officer



Newsletter



A message from your Coordinator

Dear Families

I hope everyone is staying warm in this cold weather. We are back into a routine and have been busy with many exciting activities.

Highlights of the last couple of weeks' program were during the first week, and our program theme was Anzac Day. We learned about this wonderful day through various activities, such as creating a poppy lantern and a wreath of poppy flowers, completed quizzes, and baked delicious Anzac cookies. We have been working on their Mother's Day gifts since last week. We discovered how to make patterned bracelets, paper flower bouquets, cards, and picture frames. Aside from these experiences, we played cops and robbers, octopus, basketball, fruit salad, dodgeball, bean bag toss, rock paper scissor relay, and scarecrow tag.

Our little Master Chef baked delicious cupcakes, banana bread, cheesy vegemite scrolls, and pan cakes.

A Big Art week - It's a great opportunity for artists to showcase their talent and win prizes. To enter the competition, please join our program for the week beginning the 12th of June until the 23rd of June and have fun and explore creative art through various mediums of art. For booking, please go to campaustralia.com.au.

Please come and join us for special Mother's Day Breakfast on Friday the 12th of May from 7:45am to 8:45am! We wish you all a very happy Mother's Day! I hope you'll have a fantastic day on Sunday and get spoiled rotten!













It's free to register

To attend our program, you must register your child. You can register an account with us at np.campaustralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.









Activities coming up

- Science: Colour science
- Cooking: Apple cinnamon slice
- Skittle soccer



What's on the Menu

- Mini Pizzas
- Damper
- Cheesy Toasties





Visit our blog

New articles are added each week for parents and cover various topics to help families.

Visit our blog







June 12 - July 16







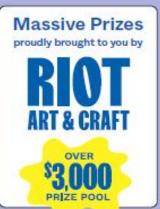
Enter now at campaustralia.com.au/bigartcomp

- Download the competition template.
- 2 It's creativity time! Let your child's inner-Picasso run free.
- 3 Upload your child's entry!

That's it! Our amazing expert panel will then look at all the artworks and choose 4 lucky winners and 40 runners-up!







2x awesome categories to enter



Artist

Showcase your talent in the visual arts. Whether you draw, paint, sketch, sculpt, collage or anything else, we want to see your masterpiece.



Expressionist

Express yourself in the written arts. Let your imagination and emotions run wild with poems, stories, essays, songs or any other form of writing.





Join us for Big Art Weeks and Big Art Day and triple your chances to win!

All Camp Australia families get one entry, plus two more if you book our after school and holiday programs.

Unleash your imagination!

Using our Big Art Comp templates, respond to one of the following quotes through creativity.

- "Be yourself; everyone else is already taken." Oscar Wilde
- "Everything you can imagine is real." Pablo Picasso
- "You can't use up creativity. The more you use, the more you have." Maya Angelou

Show us your amazing skills and win big time!

Open to all Camp Australia families. Register with us now, for free!





LOCATED AT MULGRAVE PRIMARY SCHOOL GROUNDS EVERY SUNDAY 8.00AM to 1.00PM

https://www.facebook.com/mulgravefarmersmarket/

Kids Self Defence & Fitness Classes

Mulgrave PS
Ages 6—12
Boys & Girls
Tuesdays
6:00—7:00 pm
Register now for a
free trial lesson.





Contact : Cliff Wilson

M: 0418 150 405

E: cliffwilson@caydam.com

W: caydam.com



BREAKING THE CYCLE

DO YOU FEEL

Threatened, frightened or even controlled by your son or daughter?

Are family members and younger siblings feeling scared?

Feeling anxious, isolated, ashamed, resentful...?

Breaking The Cycle is a six-week program developed by Anglicare Victoria that supports mothers, fathers, stepparents and carers of adolescents aged 10-17 that are abusive or violent in the home.

When 13 July - 31 August

10am-12pm

Where Wellington Child & Family Hub 55 Shaftsbury Drive

Mulgrave

Cost

Free (Bookings Essential)

For enquiries or to book:

Monash Family Services

208 367

@FamilyServices@monash.vic.gov.au

Feedback from participants

They report the violence stopped or significantly reduced and the group has provided them with ideas for change or ways of handling their situation differently.



Every child deserves a happy, healthy home.

Begin your fostering journey with Anglicare Victoria.

INFORMATION SESSIONS

Tues 2 May OR Thur 1 June @ 7.30pm
Online via Zoom. Register online.



www.anglicarevic.org.au/fostering

TOMORROWS

Girls and Boys Aged 11, 12 and 13 IT'S NOT



TO JOIN THE BULLS



NO CLUB FEES

JOIN THE FUN AND BECOME A PART OF THE TEAM



CONTACT US TODAY! 0433 841 326

REVOLUTIONISE.COM.AU/NOBLEPARKJNRFO





NOBLE PARK JUNIOR FOOTBALL CLUB



RTISTING



PRE-ACADEMY SOCCER PROGRAM Open to 2023 Grade 5 & 6 Girls + Boys

AFTER SCHOOL SESSIONS TERM 2 2023 - REGISTRATIONS OPEN NOW!



GIRLS REGO



\$20 PER SESSION

\$15 FOR FOUNDATION PLAYERS)

Wednesday afternoons

Dates:

Week 1 - May 17th

Week 2 - May 24th

Week 3 - May 31st

Week 4 - June 7th

Week 5 - June 14th

Week 6 - June 21st

(L) 4:10pm - 5:10pm



Rowville Secondary College Eastern Campus

9 Humphries Way, Rowville



BOYS REGO



\$20 PER SESSION

https://forms.gle/eggXSIWoVwCa1dON6

https://forms.gle/RKrPWvzeRv8ePa1v9

Girls Coach

Mel Maizels

Head Coach - Girls Football (Soccer)

Professional Soccer player of 10 years at Melbourne Victory, Perth Glory & Canberra United. FFA/AFC 'B' Licensed coach, FFA/AFC Level GK Licence, Former NPLW Senior head coach, current MVFC Women's A-League Goalkeeper Coach.

Boys Coach

Chris Oktaras

Asst. Coach - Boys Football (Soccer)

Chris is an AFC/FFA 'C' Licensed coach with an Academy coaching background focusing on technical execution and decision making. Currently NPL U18 Head coach of Bentleigh Greens, Chris has over 10 years experience and is passionate about developing the next generation

For more information:







www.rowvillesc.vic.edu.au







Monash Youth Services is looking for young people aged 10 - 25 to plan and run the Youth Fest Gaming Tournament!

For more details contact yrc.reception@monash.vic.gov.au or phone: 9518 3900





