



Thursday 25th May 2023

TERM 2 WEEK 5

KEY DATES 2023

MAY

Fri 26th - Ricketts Point Excursion (Gr 4)
Wed 31st - Division Cross Country
(Select students only)

JUNE

Fri 2nd - Winter School Sports - Gr 5/6
Fri 9th - Winter School Sports - Gr 5/6
Mon 12th - King's Birthday (Public Holiday)
Tues 13th - Professional Practice Day
(Student Free Day)
Fri 16th - School Disco
Fri 23rd - Last Day of Term 2
(Students dismissed: 2.30pm)

JULY

Mon 10th - School resumes for Term 3
Tues 18th - Production at Nazareth 1
Wed 19th - Production at Nazareth 2

Arthur Gumnut



Mulgrave Primary School Production
Tues 18th July & Wed 19th July

DATES AND TIMES TO REMEMBER:

TERM DATES 2023

Term 1: 30 January – 6 April
Term 2: 24 April – 23 June
Term 3: 10 July – 15 September
Term 4: 2 October – 20 December

CURRICULUM DAYS 2023

Mon 6th Nov

PROFESSIONAL PRACTICE. DAYS 2023

Tues 13th June & Thurs 14th December

PUBLIC HOLIDAYS 2023 - Term 2

Mon 12th June - King's Birthday

TIMETABLE

Commence	8.58 Line-up Bell-Music 9am 2nd Bell - Roll Marked
Recess	11.00 - 11.30am
Lunch	1.40 - 2.30pm
School Finishes	3.30pm

Message From The Principal

State Budget

Last Tuesday's state budget puts the school one step closer to redeveloping the old hall. MPS has received \$10,000 in 2023/24 and another \$10,000 in 2024/25 to begin the planning process. This means that the school is officially in the project pipeline and whilst we do not have the details as to what that looks like just yet, based on previous experience it will likely support the selection of an architect to oversee the \$6.06m project. In the meantime, we will do all that we can to cater for our growing school population, although this does mean that we must continue to limit new enrolments for the foreseeable future.

Teacher Professional Practice Day

Student Free Day – Tuesday June 13th

Just a reminder that students are not required to attend school on Tuesday June 13th as this is day is a 'Teacher Professional Practice Day' at Mulgrave Primary School.

Professional practice days provide teachers with release from their scheduled duties (all duties which would have been otherwise scheduled, including teaching) to focus on the improved delivery of high-quality teaching and learning.

The Victorian Government Schools Agreement 2022 provides teachers with three professional practice days in 2022, two professional practice days in 2023 and one professional practice day in 2024 and beyond.

This date and all other Student Free Days were approved by School Council in 2022 and these dates have been regularly communicated with families in previous newsletters.

Camp Australia will be providing a service on this day for any families that require their child/children to be looked after.

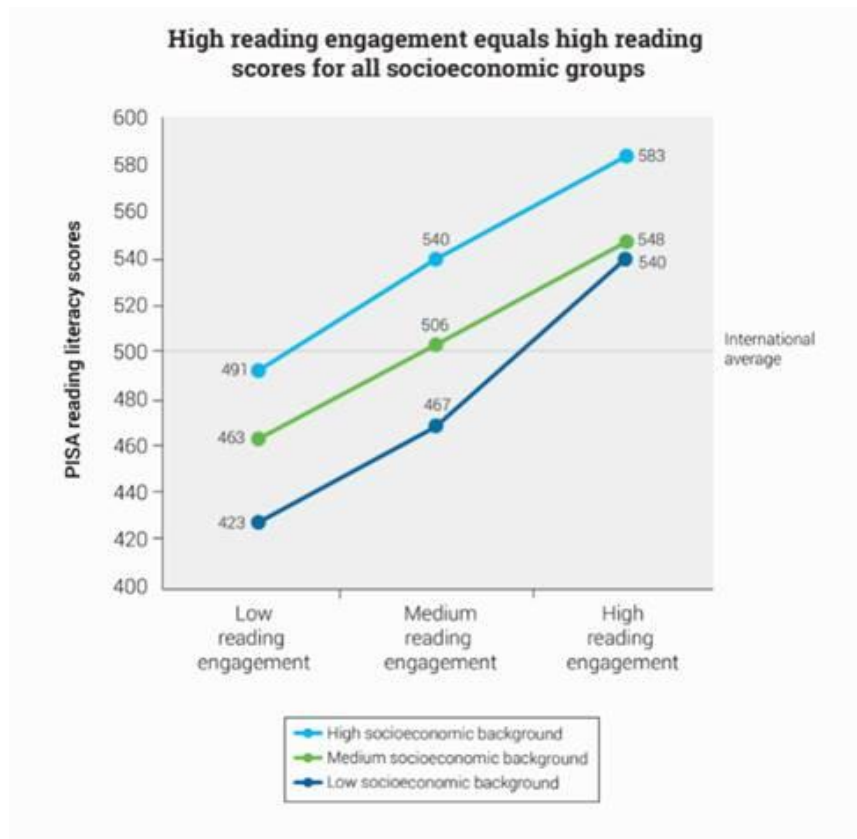
Students are not required at school on Tuesday June 13th.

Reading is Everything!

As the colder months descend on us and the days get shorter, there is no better time to grab a book and curl up under the doona or in front of the fire. By any measure, reading for more than 15 minutes per day has enormous benefits for life outcomes. Fifteen plus minutes of active reading helps students achieve higher academic growth than their peers. 30 minutes is even better, and 60 minutes has enormous benefits. Studies show that only 18% of students read for 30 minutes per night and that at 60 minutes, student growth is on average 48% higher than the average, no matter what the child's background. The table also shows the correlation between high reading engagement against international student rankings. Those coming from the lowest socioeconomic backgrounds achieve well above the international average if they read regularly. If we compare a student from a low socioeconomic background who does not read daily, with a student from a high background that does, the difference is massive.

That difference is cut dramatically by high reading engagement. The evidence could not be clearer. If you want your child to succeed, read to them and give them plenty of opportunities to read. If you still have pre-schoolers, the research shows how significant being read to is, enabling students to start school with reading skills well above their peers. From my own experience, when my own children wanted to stay up later, our first negotiation led to bedtime being extended by 30 minutes, on the proviso that they read in bed for those 30 minutes. Not only did it help them fall asleep as they disconnected from devices, but it boosted their reading time. Win-win-win! As I have said many, many times, reading is everything and is the key to your child enjoying a successful future.

I have included an additional article below that further outlines the importance of reading daily.



WHY READING EVERY NIGHT IS SO IMPORTANT:

The following article again illustrates just how important the practice of reading nightly is.

Why Can't I Skip My Twenty Minutes of Reading Tonight? (Source Unknown)

Let us figure it out -- mathematically!

- Student A reads 20 minutes five nights of every week;
Student B reads only 4 minutes a night...or not at all!

Step 1: Multiply minutes a night x 5 times each week.

- Student A reads 20 min. x 5 times a week = 100 mins. /week
Student B reads 4 minutes x 5 times a week = 20 minutes

Step 2: Multiply minutes a week x approximately 4 weeks each month.

- Student A reads 400 minutes a month.
Student B reads 80 minutes a month.

Step 3: Multiply minutes a month x 9 months/school year

- Student A reads 3600 min. in a school year.
Student B reads 720 min. in a school year.

- Student A practises reading the equivalent of ten whole school days a year.
- Student B gets the equivalent of only two school days of reading practice.
- By the end of Year 6 if Student A and Student B maintain these same reading habits, Student A will have read the equivalent of 60 whole school days.
Student B will have read the equivalent of only 12 school days.

One would expect the gap of information retained will have widened considerably and so, undoubtedly, will school performance. How do you think Student B will feel about him/herself as a student?

Some questions to ponder:

- Which student would you expect to be the more proficient reader?
- Which student would you expect to know more?
- Which student would you expect to write with greater proficiency?
- Which student would you expect to have a broader vocabulary?
- Which student would you expect to be more successful in school....and in life?

Stay Well this Winter

Symptoms of influenza (flu) can hit very quickly and may last several weeks. Vaccination is the best way to protect yourself and others from getting the flu. Annual influenza vaccination is recommended from mid-April each year and is free under the National Immunisation Program for those at higher risk of complications from the flu.

Keeping our school community well

Parents, carers and students are encouraged to practice prevention measures, including:

- washing and sanitising hands regularly
- avoiding touching eyes, nose and mouth with unwashed hands
- covering nose and mouth when coughing or sneezing · staying home if unwell and consulting a general practitioner (GP) or Nurse-on-call as required
- staying up to date with flu and COVID-19 vaccinations.

Flu vaccinations

Flu vaccinations can be booked through GPs and pharmacies, many of which can also provide COVID-19 vaccinations. Flu vaccination is recommended for everyone aged 6 months and over.

Some people are more at risk of complications from flu and are eligible for free vaccination as part of the National Immunisation Program.

COVID-19 booster

The 2023 COVID-19 booster dose is available for everyone aged 18 and above.

Getting your booster dose remains the best way to prevent severe illness or hospitalisation, especially in people aged over 65 and those at higher risk of severe illness.

You can have your booster dose 6 months after your last dose or COVID infection.

Children aged between 5 and 17 years who are at risk of severe illness can also receive a 2023 booster dose. You can get your next dose at your local pharmacy or GP. To find one near you, refer to the vaccine clinic finder.

For more information about preventing flu, and immunisation, refer to:

- Better Health Channel influenza flu immunisation fact sheet
- Getting vaccinated against influenza.

Charles Spicer

Principal

TERM 2 WEEK 5 STUDENT AWARDS 2023

Class	Name	Reason
6G	Brooke A	For your amazing growth in Essential Assessment! Keep up the hard work!
6T	Ella V	Helping others, making people feel cared about, and being a kind, caring human. Keep being beautiful, Ella!
5G	Kaylee S	For writing a descriptive setting using creative word choices that engages the reader. Well done, KJ!
5J	Hiya M	For excelling in all of her school work this week and it has been so wonderful to see her confidence start to shine!!
5M	Mylah K	For always going above and beyond when completing her Reading Journal each week, and particularly for including detailed evidence from the text to support her thinking. Keep it up Mylah!
4W	Kiara P	For wonderful efforts in writing a variety of 'show don't tell' pieces and being motivated to improve them through revising.
4H	Martin L	For always being up for a challenge in maths.
4S	Thalia A	For consistently working hard to achieve her personal best. Keep up the amazing work!
3M	Emmanuel D Reuben G-K	For listening attentively during class and showing respect to all. For being persistent in all aspects of his learning. Keep up the amazing work!
3H	Scarlett C	Showing respect at all times in the classroom and trying her best.
3S	Noah L Dara S	For always participating in class discussions. Keep up the great work! For trying hard during lessons in class and asking great questions.
2O	Sonia	For her positive attitude and consistent effort she puts into all learning activities. Keep it up Sonia!
2N	Ria A	For her beautiful manners, hardworking attitude and always sharing great ideas in class.
2E	Braxton S	For his kind and thoughtful nature and always willing to help others. Keep up the great work Braxton!
1M	Anika G Ester G	For going out of her way to help others and complete classroom jobs without being asked. You're an absolute star! For always being so kind and caring towards others. Thank you for brightening everyone's day!
1L	Aria M	For the fantastic ideas when creating her problem and solution for her narrative.
1B	Bibi S	For the progress she has made in maths when working on sharing. Awesome work Bibi!
Prep K	Akshadha A	For always being kind and a good friend to those around you. You are a star!
Prep C	Reece W	For sharing thoughtful ideas in class discussions and showing pride in his work. Keep it up Reece!
Prep B	Leon K	For working to his best when sounding out words in Writing. Keep up the amazing work!

Mulgrave Primary School Production

Tuesday 18th July & Wednesday 19th July



The Mulgrave Primary School production of Arthur Gumnut is not very far away. The students are so excited and have been practicing their songs and parts for the production.

A notice will be going out shortly which will outline information regarding ticket sales, program sales, information regarding what students are required to bring on the night, costume information and much more.

****If families are planning any family holidays during this time, we ask that you notify the school or your child's teacher as soon as possible.**

We are looking forward to seeing you all soon!

Sally Bush
Performing Arts



LISTENING MEANS LOVE

How do wise parents and educators respond when kids try to argue and manipulate? The most effective, repeat an empathetic one-liner such as, “I love/respect you too much to argue” or “I know” or “What did I say?” They also resist the urge to think too deeply about what the child is saying.

Do we do this when kids are hurting? Do we employ this strategy when they’re respectfully expressing their opinions? No! We listen.

When I ask people to describe the parents and teachers they respected the most as kids, they almost always mention something like, “They were always there to listen.”

Listening means love. It means that we sincerely care about other's opinions and emotions.

Here’s the problem: Many of us have a hard time listening when someone around us is emotional or is disagreeing with us. That’s why it’s helpful to have a few sincere statements or questions in our back pockets:

- Tell me more.
- Help me understand.
- What would you like to see here?
- How long have you felt this way?

The next time one of your kids expresses their opinion... or their hurt... be sure to lend a sincere and empathetic ear, showing loving interest by using the points above. Remember: The more you listen to them, the more likely they’ll listen to you. If the tone turns disrespectful or manipulative, you can always switch gears and repeat, “I love/respect you too much to argue” or “I’ll listen when your voice sounds calm like mine.”

Thanks for reading! Our goal is to help as many families as possible. If this is a benefit.
- Dr. Charles Fay

Live well and laugh often!

Ali

Wellbeing Officer

Newsletter

A message from your Coordinator

Dear Families

I hope Mother's Day brought much joy to mums' day! The children made a lovely gift and a card to express love and respect for their hard work! I'd also like to thank the mothers who attended the Mother's Day breakfast and helped to make the event a success!

Apart from the Mother's Day experiences, in art and craft, we designed autumn leaves through various art mediums such as: water painting, printing and creating mosaics, which looked fantastic and are now displayed on the service board. We further extended the children's interests through fascinating colour science activity in which they learned to mix primary colours to produce beautiful colour leaves. Our master chef made delicious apple cinnamon slices, choc and banana cupcakes, cheesy scrolls, scones and pancakes. Other popular activities were slime art, construction with Archi mates, a recycling building, playdough and magic clay art, and dress-ups. Physical activities were also part of the fun time—basketball, hurdles, obstacle course, hoop challenge, fruit salad and ball games.

Rocketeers X our Holiday program has been launched and it's bigger than ever with loads of full of fun missions including 3 excursions. For booking and further information on missions, projects and adventures please go to rocketeers.campaustralia.com.au

Our Big art will begin just after the king's birthday, week beginning on the 12th of June. It's an excellent opportunity for young artists to unleash their innate creativity through writing art or visual art. This year big art program has been sponsored by Riot Art and Craft, with the 3000-prize pool. Take advantage of the opportunity to win the prize. For booking, please go to campaustralia.com.au



It's free to register

To attend our program, you must register your child. You can register an account with us at pp.campaustralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



Activities coming up

- Science: Sprouting
- Cooking: Coconut cookies
- Art: Foil etching
- Spelling bee
- Protect the castle



What's on the Menu

- Nacho
- Rice paper rolls
- Banana bread
- Hot milo



Visit our blog

New articles are added each week for parents and cover various topics to help families.

[Visit our blog](#)

Your OSHC.

www.campaustralia.com.au

ROCKETEERS

Gladeswood Drive, Mulgrave, 3170 p 9795 2477, f 9795 4884, e mulgrave.ps@education.vic.gov.au w www.mulgraveps.vic.edu.au

Values: Motivated • Persistent • Successful Est. 1879



ROCKETEERS
Extraordinary Holiday Adventures

BLAST INTO AN **X-TRAORDINARY** HOLIDAY!

Build your ultimate Winter school holiday adventure.

Are you ready for a full day of fun and excitement? Join Rocketeers for Mission X this Winter – the ultimate holiday program that will take you from dawn to dusk with amazing activities, experiences and challenges.



Learn new skills, make new friends and have a blast! Don't miss this chance to launch into holiday mode with Rocketeers.



**BOOK YOUR SCHOOL
HOLIDAYS NOW!**

www.campaustralia.com.au/rocketeers

PLUS

Childcare
Subsidy
available for
eligible families.

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Australia**

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MISSION X PROGRAM

Mulgrave Primary School

Address: 23-31 Gladeswood Dr MULGRAVE VIC 3170

Phone: 0404 397 389 Program Times: 07:00 am - 06:00 pm



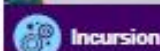
ROCKETEERS

Extraordinary Holiday Adventures

Mon 26 Jun Mission Takeoff X: Back 2 The Future

We're celebrating 10 fantastic seasons of Rocketeers! Today we'll be thinking about the future as we create our own time capsules and make a mural out of 'future snapshots' to dream of what the future will be like!

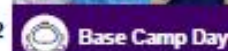
Full Fee \$77.83 | After Max. CCS* \$11.67



Tue 27 Jun Operation: Bubbles Not Balloons

We're supporting the 'Bubbles not Balloons' initiative, so Mission X is going totally balloon-free! Make your own bubble liquid and use a wand to play. Will you pop them or watch them reach the ceiling? Let's have fun with bubbles today!

Full Fee \$70.83 | After Max. CCS* \$10.62



Wed 28 Jun Adventure: Elemental at Village Cinemas

You're invited to a city where the classic elements of fire, water, land and air all live together. Ember is a fiery girl who meets a complete opposite 'go-with-the-flow' guy Wade and discovers how much they have in common.

Full Fee \$104.83 | After Max. CCS* \$15.72



Thu 29 Jun Project: Beanies Full of Cocoa

Winter in Australia can get quite cold, even with no snow. Let's beat the cold with a nice cup of hot chocolate and a DIY beanie to keep you warm! It's going to be a sweet winter's day cosying up with friends and having fun.

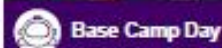
Full Fee \$85.33 | After Max. CCS* \$12.80



Fri 30 Jun Operation: Big Art Day

It's time to unleash your inner artist! We have lots of art and craft essentials to get you started on your next masterpiece. Get hands-on, explore your creative world and let your imagination come to life!

Full Fee \$72.83 | After Max. CCS* \$10.92



Mon 03 Jul Project: Hula & Spin

We have a spin-credible day planned for you! Getting creative with arts and playing fun games, we'll be exploring all things that spin, including creating a spinner. You'll even make a DIY hula hoop to take home (for more spinning fun)!

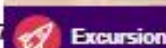
Full Fee \$84.33 | After Max. CCS* \$12.65



Tue 04 Jul Adventure: Tenpin Mania at Strike Bowling

Roll on in as we head to tenpin bowling. Leave nothing to spare, as you aim for 12 strikes! How will you pins fall?

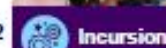
Full Fee \$103.83 | After Max. CCS* \$15.57



Wed 05 Jul Experience Takeover: The 90's Yo-Yo Challenge

Yo! It's yo-yo time! Let's have a blast from the past and enjoy a 90's day with a toy that your parents used to play with, but now it's time for a new generation (that means you!) to show off some awesome tricks with this little circle on a string!

Full Fee \$88.83 | After Max. CCS* \$13.32



Thu 06 Jul Adventure: Adrenaline Rush at Rush HQ

Ready for a rush of adrenaline? Get excited for an awesome day Rush HQ! You'll be jumping, climbing, sliding down and more as you make your way around, over and under bumps, slides and obstacles.

Full Fee \$105.33 | After Max. CCS* \$15.80



Fri 07 Jul Operation: Let's Celebrate NAIDOC

While we're doing something each day during NAIDOC Week, we're also having a dedicated day for Indigenous and Torres Strait Islander activities and celebrations. This is your chance to learn about their language, crafts and more!

Full Fee \$65.83 | After Max. CCS* \$9.87



Visit campaaustralia.com.au/rocketeers to join our next mission

by  Camp Australia

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Pupil Free Day



Date: Tuesday the 13th of June



Time: 07:00 to 18:00



Location:

The Before and After
School Care Room at
Mulgrave Primary
School



Fees:

\$58.35
\$8.75 after max. CCS*



*Child Care Subsidy (CCS)

The Child Care Subsidy can provide up to 85% off your fees. Your eligibility is determined by your family's annual adjusted taxable income, the type of childcare you use, and your activity level.

To find out if you're eligible, contact Centrelink on 13 61 50.

Your OSHC.

Tailored before and after school
experiences that children love.

To book, visit www.campaustralia.com.au

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Big Art Comp

June 12 – July 16

Calling all young artists!

by  Camp Australia

Be Bold.

Be Brave.

Be You!



Enter now at campaustralia.com.au/bigartcomp

- 1 Download the competition template.
- 2 It's creativity time! Let your child's inner-Picasso run free.
- 3 Upload your child's entry!

That's it! Our amazing expert panel will then look at all the artworks and choose 4 lucky winners and 40 runners-up!



Massive Prizes
proudly brought to you by

RIOT
ART & CRAFT

OVER
\$3,000
PRIZE POOL

2x awesome categories to enter



Artist

Showcase your talent in the visual arts. Whether you draw, paint, sketch, sculpt, collage or anything else, we want to see your masterpiece.



Expressionist

Express yourself in the written arts. Let your imagination and emotions run wild with poems, stories, essays, songs or any other form of writing.

Your
OSHC.



Join us for **Big Art Weeks** and **Big Art Day** and **triple your chances to win!**

All Camp Australia families get one entry, plus two more if you book our after school and holiday programs.

Unleash your imagination!

Using our Big Art Comp templates, respond to one of the following quotes through creativity.

"Be yourself; everyone else is already taken." – Oscar Wilde

"Everything you can imagine is real." – Pablo Picasso

"You can't use up creativity. The more you use, the more you have." – Maya Angelou

Show us
your amazing
skills and win
big time!

Open to all Camp Australia families. Register with us now, for free!

Terms and conditions apply. Visit campaustralia.com.au/page/big-art-comp-terms-and-conditions for more details. Entries close Monday, July 16, 2023.

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FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunities that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational, and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

CAMPS, SPORTS & EXCURSIONS FUND (CSEF)

School camps provide children with inspiring experiences in the great outdoors. Excursions encourage a deeper understanding of how the world works while sports teach teamwork, discipline, and leadership. All are a part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps, and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions, or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

\$125 for primary school students

\$225 for secondary school students

MORE INFORMATION

For more information about CSEF visit:

<https://www.education.vic.gov.au/about/programs/Pages/csef.aspx>

All application are due by Friday June 23rd

HOW TO APPLY

New applicants should contact the school office to obtain a CSEF application form or download from the website below.

If you applied for CSEF at your child's school last year, you do not need to complete an application form this year unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

new student enrolments; your child has started or changed schools this year.

changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing this year.

Check with the school office if you are unsure.



ADVERTISING



BREAKING THE CYCLE



DO YOU FEEL

Threatened, frightened or even controlled by your son or daughter?

Are family members and younger siblings feeling scared?

Feeling anxious, isolated, ashamed, resentful...?

Breaking The Cycle is a six-week program developed by Anglicare Victoria that supports mothers, fathers, stepparents and carers of adolescents aged 10-17 that are abusive or violent in the home.

When 13 July – 31 August
10am-12pm

Where Wellington Child & Family Hub
55 Shaftsbury Drive
Mulgrave

Cost

Free (Bookings Essential)

For enquiries or to book:

Monash Family Services

0427 208 367

FamilyServices@monash.vic.gov.au

Feedback from participants

They report the violence stopped or significantly reduced and the group has provided them with ideas for change or ways of handling their situation differently.

The program is open to families that reside in or are connected to the Inner East (Monash, Boroondara, Whitehorse and Manningham).

ADVERTISING

All kids
Girls & Boys
Aged 5 - 16



11 weeks
Outdoor Family
Fun & Fitness

WAVERLEY LITTLE ATHLETICS CENTRE

CROSS COUNTRY SEASON 2023

9am - 10:30am Saturday mornings



Season registration fee \$120,
includes weekly team training sessions
&
Waverley Little Athletics Top.



Register now via QR Code
or visit

www.waverleylac.com.au/crosscountry



For more details please contact us via email:
crosscountry@waverleylac.com.au

