

## NEWSLETTER

### Thursday 17th August 2023

### **TERM 3 WEEK 6**

### KEY DATES 2023

### <u>AUGUST</u>

Friday 18th - Book Week Parade - 9.15am Mon 21st - Book Fair Open - 3.45-5pm Tues 22nd - Book Fair Open - 3.45-5pm Thurs 24th - District Aths Fri 25th - Crazy Sock Day!! Tues 29th - Parent/Teacher/Student Conferences 2.30pm-7pm Wed 30th - Responsible Pet Program Incursion - Preps

### **SEPTEMBER**

Fri 1st - Father's Day Stall Tues 12th - Chesterfield Farm Exc.- Preps Friday 15th - Last Day of Term 3 (2.30pm Students Dismissed)

> Book Character Day Parade Tomorrow, Friday 18th August In the new stadium

### DATES AND TIMES TO REMEMBER:

### TERM DATES 2023

Term 1:30 January – 6 AprilTerm 2:24 April – 23 JuneTerm 3:10 July – 15 SeptemberTerm 4:2 October – 20 December

### CURRICULUM DAYS 2023

Mon 6th Nov

PROFESSIONAL PRACTICE. DAYS 2023 Thurs 14th December

### PUBLIC HOLIDAYS 2023 - Term 3

No Public Holidays

#### TIMETABLE Commence

Recess Lunch School Finishes 8.58 Line-up Bell-Music 9am 2<sup>nd</sup> Bell - Roll Marked 11.00 - 11.30am 1.40 - 2.30pm 3.30pm

### **Message From The Principal**

#### Parent Requests for 2024

Mulgrave

Primary School

It's that time of the year again when we seek parent requests for 2024 grade placements. Firstly, a reminder that requests must be based on educational grounds and the school cannot guarantee every request due to the complexity of the process, however every effort will be made to cater to the needs of each individual student. Attached to this newsletter is the 2024 request form. The forms are due by 4pm on Monday Sep 13th and can be emailed to me directly via Charles.spicer@education.vic.gov.au. I would remind parents that requests for individual teachers are not practical and that **no late requests can be accepted**. Parents will be advised of the 2024 classes in early December, in time for our students to commence their end of year transition process. Again, I would remind families that we set up these classes with a view to trialling them over the last three weeks of the school year to reduce any anxiety over the holidays. This has been extremely effective over the last few years due to the great work of the teachers in getting the balance right. Please note that the school will put the needs of students first at all times and that whilst we endeavour to meet all requests, on occasion, some requests may not be possible.

### **2024 Enrolment Confirmations**

Over the last fortnight, the school has been busy confirming enrolments for our 2024 Foundation cohort. We have confirmed places for 3 classes after receiving an enormous amount of applications yet again. Unfortunately, due to capacity limits, we are unable to accommodate all enrolment applications, as we simply do not have the additional classrooms to put them in! In the coming weeks, Mrs Hayes will be in touch with families of our 2024 preps to outline the transition program and provide parents with information about getting ready for next year. All current families with a sibling claim will have received a place, however if you are yet to enrol your child, now is the time to do so.

### Technology in the Home

One of the glaring features coming out of the Attitudes to School Survey completed by our Year 4 to 6 students was the number of students using technology for extended hours after school. Students have stated that they are often on their devices late



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into the night or even early morning. This is a troubling societal trend and one that MPS is clearly not immune too. Whilst the school regularly discusses cyber safety with students, we know that many students are struggling to put their devices down and read a book or play outside. The world never seems to slow down, but according to leading experts, making sure student devices are charged overnight in the living room is a good way to prevent students from accessing them late at night.

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This of course goes hand in hand with sleeping. We know that children operate best on at least 10 hours sleep a night for older primary and 11 hours for the junior students. It's always difficult to have these conversations with your children, but they will learn better and go on to lead healthier lives if they get into good sleep habits early in life. The dual conundrum of devices leading to less sleep and quality of sleep being affected by the use of devices is a major issue for children today.

Further, unchecked use of a device can often lead to students getting themselves into challenging situations that they are not ready to deal with. Algorithms are pushing more and more content onto children before they have the psychological

capacity to make sense of it all, much less know how to use that information within an appropriate context. As parents, we always seek to protect our children from harm, but there is so much danger online that it is practically impossible to shield them from all of it, but we can do our part by ensuring devices don't stay in bedrooms overnight and that children get plenty of sleep.



### We Want our Parents/Caregivers/Guardians to Tell us What They Think!

A reminder that our school is conducting a survey to find out what parents / caregivers / guardians think of our school. The Parent / Caregiver / Guardian Opinion Survey is an annual survey offered by the Department of Education that is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behaviour, and student engagement. The survey is optional but we encourage the 30% (approximately) of families that were randomly selected to participate. Our school will use the survey results to help inform and direct future school planning and improvement strategies.

The Parent / Caregiver / Guardian Opinion Survey will be open from Monday 7 August to Friday 8 September 2023.

Charles Spicer

Principal



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### **Class List Information for 2024**

CHILD'S NAME				
CURRENT CLASS (e.g. 2E)		2023 YEAR LEVEL		
(e.g. 2E) PARENT'S NAME(S)		PHONE		
REASONS FOR REQUEST (complete information as appropriate – you do not need to complete each section.)				
EDUCATIONAL				
SOCIAL				
OTHER				

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### **TERM 3 WEEK 5 STUDENT AWARDS 2023**

Class	Name	Reason		
۶G	James M	For creating a fantastic biography full of interesting information and key text features! Keep working hard!		
6Τ	Isabella T	For working hard and persisting when using Excel to create tables and charts about the population of different Asian countries.		
5G	Paul K	For collaborating well with his peers during Maths tasks, and putting terrific effort into his Literature Circles roles. Well done!		
5J	Mason H Leo K	For creating a fantastic cold write piece about dogs. You worked extremely hard and produced excellent work Mason! What a super star!! For being such a wonderful addition to our classroom. You always work extremely hard and present work to a high standard. So proud of you!		
5M	Kawaii S Luke S	For building her confidence in sharing her thoughts and ideas in class discussions. It is so pleasing that others in our class can experience her fabulous ideas. Keep up the great work Kawaii! For his outstanding efforts to complete his Literature Circles reading each week and participate in the discussions. Great job Luke . You are a wonderful addition to our class. We are so glad you joined 5M!		
4W	Charlie B	For his tremendous efforts in making his homework entertaining by using Seesaw's video feature and incorporating acting, costumes and props.		
4H	Jeremy P	For helping to make our new student feel at home in 4H.		
4H	Mason A	For making our new student feel welcome at MPS.		
4H	Aydin O	For volunteering to play with our new student at recess and lunch.		
4S	Oliver D	For his awesome work while learning to simplify fractions this week. Keep it up!		
3M	Leon A	For concentrating well during reading groups and addling detailed test to self-connections.		
ЗН	Maddie D	Working hard on being independent in the classroom. Great job, Maddie!		
35	Keegan M	For showing excellent concentration in class and completing his work quickly.		
20	Elita E	For her exceptional dedication and effort in Reading and Writing. She demonstrates a great attitude to learning and presents her work beautifully. Keep it up Elita!		
2N	Archie M Scarlett W	For his excellent attitude to learning, always trying his best in everything he does. You are amazing Archie! For her awesome effort publishing her information report about basketball on PowerPoint!		
2E	Jasper T	For working hard to revise, edit and publish his information report.		
1M	Sarrinah K Logan S	For always going out of her way to be helpful in the classroom. Thank you for being you Sarrinah! For the extraordinary effort he has put into writing his Information Report about Soccer. Keep up the amazing work Logan!		
1L	Julian G Olive M	For his great understanding of fractions and always trying his best in class. For writing a detailed Information Report on Swimming and her amazing performance in the school production.		
18	Charlotte H Mikey K	For the fantastic effort she has put in to completing work to a great standard and for improving her time management. Keep it up Charlotte! For working hard in all areas and showing effort when learning about fractions. You're a superstar!		
Prep K	Orlando F	For consistently demonstrating a great attitude to learning. Keep asking questions and maintain a willingness to try. Well done!		
Prep C	Zayne N	For being a kind member of our class and always trying his best. Keep it up Zayne!		
Prep B	Cayden E	For always cheering on his classmates after they read their Magic words with me. Continue encouraging as it is a lovely trait of yours.		

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## Ali's Corner - Parents Spot



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## **THE GIFT OF LIMITS**

We have learned over the years that kids yearn for limits. Limits help them feel safe and secure. Limits say, "I love you enough to show you how to have a responsible and happy life." Limits also say, "I love you enough to keep you safe." In addition, limits help us take good care of ourselves as parents so that we can remain loving. They keep us from feeling like doormats and developing resentments.

If limits are so important, then why would we suggest that you don't set too many limits? When we try to set too many limits over too many things, we spread ourselves thin and lack the time and energy to enforce them. Too many limits can create more stress in our lives and damage relationships with our kids.

Every limit we set, yet fail to enforce, erodes our relationship with our children.

Every limit set, yet not enforced, reduces our credibility in the eyes of our kids.

Yes! The stakes are very high. That is why Love and Logic teaches three essential rules for setting limits.

### Rule One: Keep your limits simple and general.

Putting limits on your limits is far more effective than establishing so many limits that you can't keep track of them. Many parents and educators have enjoyed great success by using just one generic limit in most situations: "I allow\_\_\_\_\_\_ as long as it doesn't cause a problem."

### Rule Two: Describe what you will do, rather than tell your kids what they must do.

When we tell someone what they must or must not do, we are trying to control something we cannot. This results in limits that are unenforceable.

When we describe what we will do or allow, we remain focused on what we can control and what we can enforce.

### Rule Three: Never set a limit that you aren't willing and able to enforce 200% of the time.

It only takes a slight bit of inconsistency on our part for our children to begin viewing us like slot machines. If their limit-testing pays off, even to the slightest degree, they begin to think, "Our parents enforce limits most of the time, but there is hope that if we just keep playing them, they'll slip up and we'll hit the jackpot." Always enforce the limits that you set. Thanks for reading!

### - <u>Dr. Charles Fay</u>

(Love and Logic Parenting)

Live well and laugh often!

**Ali** Wellbeing Officer

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# ACCESS, CHOICE and PRACTICE

Scholastic strives to connect children with the books they will love to read. Enhancing their experience when accessing and selecting books increases the chance of choices that lead to their reading enjoyment and practice.



## INTRODUCING Scholastic BooksPlus



We want to share our next step to improve our Book Club and Book Fairs offering. From Term 3, 2023 we will select titles on each offer to feature a BooksPlus QR code.

Scanning the code will access additional content for the book including greater insight into the story, characters and creators.

We would love to hear what you think works and what else we could provide as part of BooksPlus.

### Email us your feedback: BookClub\_Feedback@scholastic.com.au

We want to keep improving how we encourage and support reading. We want to keep listening to you and all the amazing schools that partner with us.

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Your Scholastic Reading Team



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# Newsletter

### A message from your Coordinator

I hope everyone is cruising well and keeping warm in this unpredictable weather! Since last year Camp Australia has been working on a menu enhancement project, which has now been launched with 50 new healthy recipes. We can't wait to have our hands on these yummy recipes!

Rocketeers XI has been launched and is ready for bookings with several fascinating missions! For booking and complete the program guide, please visit campaustralia.com.au.

Highlights of the program were our Principal Day canvas art project. Children worked collaboratively to design and show appreciation to school leaders for their hard work! Some other art activities they explored were Disney clay characters, making a cool Slinky the Dog, paper plate dinos and peacocks, and painting a bubble, which looked great! They also designed fantastic posters for science week, which are now displayed on the service board. Our master chefs made delicious jam lamingtons, cupcakes, carrot banana cake and pancakes. Besides these experiences, they learnt the Auslan alphabet and team games such as croquet, two square, silent ball, octopus, basketball and outdoor play.

A friendly reminder for parents to book their child at least a day earlier to secure the place and for us to maintain the child-staff ratio, please book your child in advance through the parent portal.









### It's free to register

To attend our program, you must register your child. You can register an account with us at

pp.campaustralia.com.au or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.















Activities coming up

- Bouquet of Books
- Book marks
- Outer space word search
- Tic tac toe on the go
- Post box letters



### What's on the Menu

- Corn chips with Avocado salsa
- Zucchini corn Fitters
- Cinnamon Apple Cake



Blog

### Visit our blog

New articles are added each week for parents and cover various topics to help families.

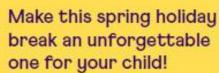
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## **BOOK NOW FOR THE** SPRING HOLIDAYS!

EXPERIENCES

### www.campaustralia.com.au/rocketeers



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# MISSION XI PROGRAM

Mulgrave Primary School

Address: 23-31 Gladeswood Dr MULGRAVE VIC 3170

Phone: 0404 397 389 Program Times: 07:00 am - 06:00 pm



Visit campaustralia.com.au/rocketeers to join our next mission



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# Strengthening **Families webinar**



Building the social and emotional wellbeing of family members with a focus on pre-school and primary school aged children.

### Parents and carers

Tuesday 29 August 7.30pm to 8.30pm

### Professionals and service providers

Thursday 31 August 10am to 11.30am

Free Bookings essential

Join this webinar and learn practical ways to help build wellbeing in your family.

### How to book



Parents and carers session book online at: www.maroondah.vic.gov.au/Strengthening-Families or scan the QR code.



Professionals and service providers session book online at: www.maroondah.vic.gov.au/Strengthening-Families-Professionals or scan the QR code.

For more information, please contact Fiona Burridge, Community Development Officer, on 9294 5737 or email Fiona.Burridge@maroondah.vic.gov.au











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# ADVERTISTINC

**Glen Waverley Uniting Church** 

Pre-Loved Treasures and Collectables, Pre-Loved Books, Silent Auction, Sausage Sizzle & Hot Food, Cakes, Craft, Toys, Face Painting, Fairy Floss, Games, Plants, Music and more...

saturday 21 October 8:30am -2:00pm

# **Corner Bogong Avenue & Kingsway, Glen Waverley**

DONATIONS WELCOME Books Plants Household Items Toys Treasures Small Electrical Items (in working order)

Items for any stall may be delivered to the church on Friday 20 October 9am-7pm Please note: we are unable to accept Mattresses, Furniture, Pre-Loved Clothing or unsaleable items

> ALL PROCEEDS FROM THE FETE SUPPORT THE OUTREACH PROJECTS OF GLEN WAVERLEY U.C. No salaries, wages or gratuities for Glen Waverley Uniting Church are taken from the Fete proceeds. Details of the projects supported are available on request. office@gwuc.org.au | 9560 3580



Monash Youth Services presents the 2023 Youth Fest Gaming Tournament for young people aged 10 – 25 years who have connections to the City of Monash. Mario Kart 8 Deluxe and Super Smash Bros. Ultimate players will fight their way to win championship titles and their share of the \$480 prize pool. The Youth Fest Gaming tournament is supported by the Victorian Government.

When: Tuesday, 19 September 2023, 1pm – 6pm Location: Theatre, Clayton Community Centre, 9-15 Cooke Street, Clayton

Players need to register by 15 September. Click on the <u>link</u> below to participate and learn more about the Gaming Tournament.





# DO YOU ENJOY PLAYING BASKETBALL AND WOULD LIKE TO PLAY MORE?

DO YOU WANT TO HAVE FUN PLAYING BASKETBALL WITH YOUR SCHOOL MATES?





Join our VPS competition and bring your mates with you! Get a chance to represent your school and have fun while playing the sport you enjoy!

### WHEN: FRIDAY EVENINGS

TIME: BETWEEN 4:00PM - 6:00PM

WHERE: DANDENONG BASKETBALL STADIUM - COURTS II, I2, & I3

### Our VPS competition offers opportunities such as:

- Learning the game while participating in a competition setting competing against local primary schools
- We are grassroots to the sport and supports transitioning your child (or children) into continuing to play the sport at the domestic level
- Flexible time frame (Friday after school) to support your child (or children) while they may be participating in basketball or other sports
- Representing your school at a fun level and enjoying playing with school mates
- Provided quality uniforms with the option to have quality basketball shoes as well.

If you are interested and want to know more:

Please contact our VPS Manager John King directly - 0422 899 179

www.vpsbasketball.com.au











