



Thursday 14th September 2023

TERM 3 WEEK 10

## KEY DATES 2023

### SEPTEMBER

Fri 15th - Footy Day! Parade - 9.15am

**Friday 15th - Last Day of Term 3**  
**(2.30pm Students Dismissed)**

### OCTOBER

**Mon 2nd - Term 4 Commences**

Thurs 5th - Division Aths (select students)

Tues 10th - Div Girls Volleyball (select students)

**Wed 18th - Step Into Prep - Session 1**

**Wed 25th - Step Into Prep - Session 2**

**Fri 27th - Crazy Hair Day Fundraiser**  
**(Gold coin donation)**

### NOVEMBER

**Mon 6th - Curriculum Day**

**Tues 7th - Melbourne Cup Public Holiday**

**Wed 8th - Step Into Prep - Session 3**

Thurs 9th - **Colour Fun Run**

Fri 10th - Grade 5/6 Market Day

**Wed 15th - Step Into Prep - Session 4**

### REMINDER:

**School dismissal is at 2.30pm**  
**Tomorrow, Friday 15th Sept.**  
**If you require care for your child,**  
**please contact CampAustralia at**  
**<https://campaustalia.com.au/>**

## DATES AND TIMES TO REMEMBER:

### TERM DATES 2023

Term 1: 30 January – 6 April

Term 2: 24 April – 23 June

Term 3: 10 July – 15 September

Term 4: 2 October – 20 December

### CURRICULUM DAYS 2023

Mon 6th Nov

### PROFESSIONAL PRACTICE. DAYS 2023

Thurs 14th December

### PUBLIC HOLIDAYS 2023 - Term 3

No Public Holidays

### TIMETABLE

Commence	8.58 Line-up Bell-Music 9am 2 <sup>nd</sup> Bell - Roll Marked
Recess	11.00 - 11.30am
Lunch	1.40 - 2.30pm
School Finishes	3.30pm

## Message From The Principal

The end of term is upon us again. Term 3 has been a wonderful term of learning and achievement for our students. From the marvellous Arthur Gumnut to this week's prep excursion to Chesterfield Farm, we have packed in an enormous amount. The students have well and truly earned their break, but for those who've read my newsletters before, I can't help but continue to encourage every student to keep reading over the holidays!!!

### Footy Colours Day

On Friday we will celebrate the end of term with our Footy Colours Day. I will again be sporting the colours of the Mighty Hawks and I look forward to a sea of brown and gold on the day. We are the home team after all. Students are invited to wear the colours of their favourite team of any code. The parade will kick off at approximately 9:15am on the hardcourt.



### Gladeswood Reserve Master Plan

The Monash Council's Gladeswood Reserve Master Plan is now open for community consultation. We strongly encourage families to examine the plan and provide feedback to Council prior to October 22nd. For what it's worth, **the school has a particular interest in the car parking plans** that would utilise the north-east corner of the school, connecting to the tennis club car park.

**OPTION B** would be ideal for the school, as it will create another safe drop off point for families and additional parking, not just for MPS, but for the broader community. The school has already begun work behind the scenes to ascertain the feasibility of the land transfer required to make this happen. We believe it is very achievable and in the school's best interest. The funding for the car park is part of the state government's \$6.06m commitment at the last election (along with the refurbishment of the old hall, but more on that later).

The Monash Council encourages members of the school community to provide feedback by Sunday October 22<sup>nd</sup>.

Please refer to: <https://shape.monash.vic.gov.au/gladeswood-reserve-masterplan>

The school will be providing a detailed response, with a view to student safety and community use of our stadium.

This is a great chance to shape our local public spaces for decades to come. I strongly encourage all families to take the time to have their say.

### New STEM Centre & Library

The project is now moving into the design phase and over the school holidays, the "Principal Design Consultant" selection process will take place.

Architectural firms have previously had the opportunity to attend a guided walk-through of the proposed project and will now submit their tenders to a panel that includes representatives from the school, the region and the Victorian School Building Authority. Following this, we will be able to begin working with the design team to bring the vision to reality. In the long run, we will gain a purpose built Science, Technology, Engineering and Mathematics centre within a brand new library. The space will form the heart of the school for decades to come.

### Rocketeers Holiday Program

Don't forget that Camp Australia are running their holiday care program throughout the break. It's not just about supervision for students, but there are also lots of fun activities including an excursion to Saints Skills Session where you can practice like real footy players and use the interactive inflatables. Bookings are essential. Check out the Camp Australia website for more information.



**ROCKETEERS**  
**MISSION XI HAS LAUNCHED!**

### Are you leaving MPS in 2024?

We ask that you let us know if you are moving or have enrolled in another school in 2024. We require this information as soon as possible to establish grade structures for the start of the new school year. If your child is currently in Prep to Year 5, and will not be at Mulgrave in 2024, please notify the school office in writing as soon as possible.

### Term 4 Commences on Monday October 2<sup>nd</sup>.

Next term we have plenty on the agenda, including the swimming program, the transition program and of course, Year 6 Graduation to name just a few. For those who have some time off, enjoy the break. Feel free to make the most of the school facilities, but please be mindful of the Out of School Hours Care program. If you see any suspicious behaviours on school grounds, please call 000.

*Charles Spicer*

Principal

**Visit the  
Mulgrave Farmer's Market  
these holidays!!**



**LOCATED AT MULGRAVE PRIMARY SCHOOL  
GROUNDS EVERY SUNDAY 8.00AM to 1.00PM**



<https://www.facebook.com/mulgravefarmersmarket/>

# TERM 3 WEEK 9 STUDENT AWARDS 2023

Class	Name	Reason
6G	Catelyn P	For doing an outstanding job on your information report about Japan! Keep up the hard work!
6T	Levannah T	For always showing kindness and volunteering to help others.
5G	Iris A Joshua K	For settling in well since returning to school and contributing well to her Literature Circle group. Well done Iris! For his excellent research and organising his ideas well when writing his information report about South Korea. Awesome work Joshua!
5J	Daniella T Guiliano R	For always being such a delight in our classroom and for being so kind and supportive to her classmates especially during group work. Keep up the wonderful work! For working extremely hard this week and always staying on task. We have been so impressed! Thank you for putting in such a big effort!
5M	Aabha H Lithuini W Nathaniel M	For doing an outstanding job researching the history of Singapore and choosing only the most important facts to summarise into a concise timeline for her Information Report. Well done Aabha! For continually improving her Literature Circles responses each week and being voted 'Best Contributor' for your group last week. Keep up the great work you superstar!! For doing an outstanding job researching the history of India and choosing only the most important facts to summarise into a concise timeline for his Information Report. Well done Nathaniel!
4W	Ethan F	For his efforts in writing his categories for his Information Report and revising to include more text features.
4S	Evan K	For his fantastic work creating 3D shapes and discussing their features.
4H	Ana T	For single minded focus and amazing persistence when making difficult 3D shapes.
3M	Elsie P Jaxon T	For consistently working hard in the classroom and showing respect to her peers. Well done Elsie! For showing motivation and a positive attitude when making 3D nets. Great job Jaxon!
3H	Yejun C Fletcher H	Showing great engagement with our writing and maths lessons and taking on board feedback from others. Well done! Showing enthusiasm when completing tasks and working well with his peers.
3S	Indi B	For creating an engaging information report about Blood, and for making great contributions during reading lessons.
2O	Ansh P	For his enthusiastic participation in class discussions and for his great ideas and improvements in Writing. Great work Ansh!
2N	Marcos K	For including some fantastic words in his persuasive writing piece about why tennis is the greatest sport.
2E	Meiya T	For her in-depth book discussions about the character's thoughts and feelings. Well done Meiya!
1M	Aaryan T	For writing an excellent persuasive letter about why basketball is the best sport. Fantastic work Aaryan!
1L	Isaac S Helena V	For an impressive job at learning all his Magic words. For writing a well thought out persuasive letter with convincing reasons.
1B	Ritvi B	For her effort in writing a persuasive letter about why gymnastics is the best sport. Keep it up Ritvi!
Prep K	Aayuthan P	For demonstrating resilience when facing challenges and actively applying feedback. Well done!
Prep K	Angelina G	For being a kind friend to others and collaborating well on class projects. Keep up the great work!
Prep C	Levi W	For including so many interesting words and facts in his information report. Superstar work Levi!
Prep B	Ian H Luvin W	For creating an amazing Meerkat habitat diorama. Keep up the great work! For working to his best to write a wonderful Big Write about Sea Turtles. Well done!



# COMING SOON!!

## Crazy Hair Day!



### Friday 27th October



## School

RUN 4 FUN

### COLOUR EXPLOSION

## Thursday

### 9th November



# Footy Colours Day

## 2023

## Friday September 15th

Students can dress up in jerseys and favourite footy colours on this day.

There will be a parade and some footy activities for each year level that will be run by our wonderful house captains. There will be no pies sold.



**NO DONATIONS required this year**



# Mulgrave Primary School

## The Breakfast Club Program

**When:** Monday to Friday, 8:45am to 9:00am, Old Canteen in Courtyard.

**Schedule:** **Monday - cereal and toast**

**Tuesday - grab and go with fruit options.**

**Wednesday - cereal and toast**

**Thursday - grab and go with fruit options.**

**Friday - cereal and toast**

### FAQs

**Do I need to pay for the food at Breakfast Club?**

No- the food is free to all MPS students.

**My child has already eaten Breakfast at home, can they still go to Breakfast Club?**

Yes- ideally the Breakfast Club provides food to students who do not have access to nutritional food or who do not eat breakfast at home.

**Can my child go every day to Breakfast Club and get food?**

Yes- the Breakfast Club is open Monday to Friday (8:45am – 9:00am) in the Old Canteen.

**Can I donate food to the Breakfast Club?**

No- Foodbank provide all our food and ensures that all health and safety regulations are met.

**Is the food HALAL?**

No- the food at Breakfast Club is not Halal-certified and so families are best not to let their child eat the food if they are concerned with Halal regulations.

**Can I help at the Breakfast Club?**

Yes- parent volunteers help run the Breakfast Club and new helpers are always welcome. If you are interested, please make sure to obtain a current Working with Children Check. Please see Anna at the front office for more information.





# 10 tips for surviving school holidays

While school holidays are a welcome break from the busyness of school routines, there is never a break from parenting. The following tips will help you have fun and connect with your kids so you make the most of the school holidays:

### 1. Plan

- Get your kids involved in making a list of activities that they would like to do
- Plan for good and bad weather
- Schedule downtime and time-out as well as time for one-on-one and family group activities

### 2. The best things in life are free

Make sure the list includes plenty of free activities such as picnics, bike rides, trips to the beach, the local library and the great outdoors.

### 3. Boredom is good

Unstructured time and time away from electronic devices is good for young minds.

### 4. Use opportunities to teach new skills and self-reliance

Not having the pressure to rush out the door in the morning can allow for kids to develop new skills such as getting their own breakfast and lunch, taking the dog for a walk or going to the shops by themselves.

### 5. Ask for help

Don't be afraid to ask for help to share the load. For example, asking friends or family to help care for children or to provide assistance in other ways.

### 6. Accept that things may not always go to plan

Even the best made plans may need to be discarded at the last minute due to unforeseen events such as weather, illness or accidents. Whilst stressful, these unforeseen events often teach us and our kids valuable life lessons and may even become the source of family bonding or stories down the track.

### 7. Don't forget self-care

Look after yourself and take time out to relax, even if it's half an hour whilst you have a cuppa and read a book. Remember, happy and relaxed parents make for happy children.

### 8. Support and company

Having a support system can be crucial to any parent. It also gives parents the opportunity to interact with other parents whilst giving the kids a bit of play time.

### 9. Consider your child's mental health and wellbeing

Whilst it may be a family tradition to go on an annual family holiday or attend a family dinner, maybe your teenager is too depressed or your child with ADHD will be labelled by judgemental relatives. Consider if it's really worth maintaining the tradition when it may be at the cost of mental health and wellbeing.

### 10. Holiday connections help us the rest of the year

School holidays provide unique opportunities to connect with, listen to and get to know your kids. Use the time to spend one-on-one time with each family member.

**HAVE A WONDERFUL AND SAFE HOLIDAY...**

Live well and laugh often!

**Ali**

**Wellbeing Officer**

# Newsletter

## A message from your Coordinator

Congratulations to Nitasha for winning the Big Art Competition for writing an inspirational story! I would also like to thank all participants for their hard work, there will be another opportunity to showcase your talent next year!

The school holidays are just around the corner and our Rocketeers XI is jam-packed with thrilling missions, projects, and adventures. Next week Monday we will begin our Mission XI with a body and mind quest science incursion learning how the body functions, and design our galaxy jar to relax, and then get ready to feel the groove in our dance party excursion, learn from professional car stunts, and take part in plus-plus building challenges and operation Brain Boosters. For more information and bookings, please go to [campaustalia.com.au](http://campaustalia.com.au) and secure your place ASAP. Places are limited and filling very fast!

Highlights of last week's program are we celebrated Joshua, Stacy and Melanie's birthdays with yummy chocolate banana cakes. In our new menu enhancement program, we made yummy Zucchini cheese slices, decorated rice cakes with healthy salad toppings, and made delicious mango pudding. In arts and crafts, we designed beautiful wrapping papers, nature paintings, wattle tree art and popsicle stick flowers. Some other favourite activities were a game of fruit salad, silent ball, mini soccer, basketball and ping pong.

Thank you so much to Nitasha and Anastasia's dad for joining us for Father's Day breakfast!

Have a relaxing, safe spring break, the weather is looking good! See you in Rocketeers or term 4.



### Activities coming up

**Rocketeers Mission XI**  
Please see attached flyers for program details!



### It's free to register.

To attend our program, you must register your child. You can register an account with us at [pp.campaustalia.com.au](http://pp.campaustalia.com.au) or by downloading our Camp Australia smartphone app from the Apple App Store or on Google Play. Once registered, it's easy to make bookings and manage your account.



### Visit our blog.

New articles are added each week for parents and cover various topics to help families.

[Visit our blog.](#)

**Your OSHC.**

[www.campaustalia.com.au](http://www.campaustalia.com.au)

**ROCKETEERS**

Gladeswood Drive, Mulgrave, 3170 p 9795 2477, f 9795 4884, e [mulgrave.ps@education.vic.gov.au](mailto:mulgrave.ps@education.vic.gov.au) w [www.mulgraveps.vic.edu.au](http://www.mulgraveps.vic.edu.au)

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# SPRING INTO A SCHOOL HOLIDAY ADVENTURE!

ROCKETEERS



250+ UNIQUE  
EXPERIENCES



250+ CONVENIENT  
LOCATIONS



NO TWO DAYS  
ARE THE SAME



Make this spring holiday  
break an unforgettable  
one for your child!

Get creative.  
Get active.  
Get social.



Non-stop action.  
Morning to evening.



**BOOK NOW FOR THE  
SPRING HOLIDAYS!**

Affordable Holiday  
Adventures

Child Care Subsidy  
available for eligible families.



[www.campaustralia.com.au/rocketeers](http://www.campaustralia.com.au/rocketeers)

by  Camp  
Australia

Gladeswood Drive, Mulgrave, 3170 p 9795 2477, f 9795 4884, e [mulgrave.ps@education.vic.gov.au](mailto:mulgrave.ps@education.vic.gov.au) w [www.mulgraveps.vic.edu.au](http://www.mulgraveps.vic.edu.au)

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# MISSION XI PROGRAM



Mulgrave Primary School

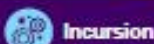
Address: 23-31 Gladeswood Dr MULGRAVE VIC 3170

Phone: 0404 397 389 Program Times: 07:00 am - 06:00 pm

## Mon 18 Sep Mission Takeoff XI: Mind & Body Quest

Embark on an epic journey of self-discovery! Feel the heart's pulse with a science experiment making a pumping heart. Craft a hand model to explore muscles and create galaxy jars for mindful wonders. Unleash excitement within your amazing self!

Full Fee \$77.83 | After Max. CCS\* \$7.78



## Tue 19 Sep Adventure: Rocketeers Dance Party

Ready for the ultimate dance fest! This dance party will have you feeling the groove as we celebrate our new song 'Take Me to Base Camp' with mind-blowing performances, the 'Take Me to Base Camp' dance moves, and some fun sing-alongs!

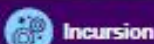
Full Fee \$113.83 | After Max. CCS\* \$11.38



## Wed 20 Sep Experience Takeover: RC Racers

Calling all speed enthusiasts! This is your chance to unleash the need for speed! Led by professionals, you'll master the art of driving and make your RC car leap through the air! Get ready to race and witness jaw-dropping stunts.

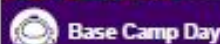
Full Fee \$89.83 | After Max. CCS\* \$8.98



## Thu 21 Sep Operation: Brain Boosters

Experience that 'light bulb' moment as your brain engages in fun problem-solving activities! From puzzles and logic games to brain teasers and more, it's time to think out loud and enhance your cognitive skills!

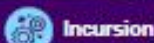
Full Fee \$65.83 | After Max. CCS\* \$6.58



## Fri 22 Sep Project: The Plus-Plus Challenge

Let's build and create using Plus-Plus blocks! An award-winning Danish toy featuring one shape and endless possibilities, it's your turn to get hands-on and build your own design and even learn basic coding using different colour combinations.

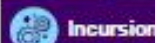
Full Fee \$86.83 | After Max. CCS\* \$8.68



## Mon 25 Sep Project: DIY Giant Game Adventures

Have you ever made your own board game from scratch? Join us as we craft our very own giant board game, designing game pieces, tokens, and more. Plus, you'll get to create a special 4-in-a-row game to cherish at home!

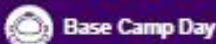
Full Fee \$86.83 | After Max. CCS\* \$8.68



## Tue 26 Sep Operation: Alien Encounters

Inspired by World Space Week (4-10 October), we're exploring the extraordinary in extraterrestrial life – aka ALIENS! You'll find yourself venturing through some out-of-this-world fun, such as scavenger hunts, creating alien language and more.

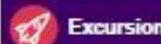
Full Fee \$65.83 | After Max. CCS\* \$6.58



## Wed 27 Sep Adventure: Saints Skills Session at St Kilda Inflatables

Ever wanted to train like footy players? Pump up the fun with interactive inflatables and a skills session, plus some fun merch to bring home. This is an awesome goal-kicking experience like no other!

Full Fee \$107.83 | After Max. CCS\* \$10.78



## Thu 28 Sep Operation: Food for Fuel

Let's look at ways we can fuel our bodies. From discovering healthy and delicious food through activities and crafts to exploring other ways we can fuel our passions; how do you fuel your energy?

Full Fee \$65.83 | After Max. CCS\* \$6.58



Visit [campaustralia.com.au/rocketeers](http://campaustralia.com.au/rocketeers) to join our next mission

by Camp Australia

Gladeswood Drive, Mulgrave, 3170 p 9795 2477, f 9795 4884, e [mulgrave.ps@education.vic.gov.au](mailto:mulgrave.ps@education.vic.gov.au) w [www.mulgraveps.vic.edu.au](http://www.mulgraveps.vic.edu.au)

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# ADVERTISING



## ALTERATION SERVICE

Worried about altering your old or newly bought Clothes?

Look no further, **Stitch N Fit** is here to assist in all your alteration need small or big at economical rates and quick service!!!

- ❖ Dresses, Tops
- ❖ Pants, Trousers, Zips, Jeans
- ❖ Kurtis, Blouse, Saree Falls

Stitching: -

- ❖ Salwar suits, Blouse, Petticoat
- ❖ Kurtis
- ❖ P J's (kids) & more.....



CONTACT ME

Please contact me to discuss your query



# ADVERTISING



## Spring Holiday Program

This Holiday Program is serving up fun for all ages!

**2 HRS OF TENNIS DRILLS, MATCH PLAY & GAMES**

**DATES:** 20 - 22 SEPT.

**TIME:** 9:00 am – 11:00 am

**RSVP:** Friday, 15 SEPT.

**COST:** \$55.00

**DURATION:** 3 day program

**AGE:** 6 – 15

**BYO:** small snack and drink

**ENROL:** via email/ SMS with name, age of participants and contact details

**EMAIL:** IntTennis@gmail.com

**CONTACT PHONE:** 0413 569 296

**LOCATION:** Gladeswood Reserve Tennis Club (Maygrove Way, Mulgrave 3150)





# ADVERTISING

## INTERNATIONAL SPORTS CAMPS

ISCAMPS.COM.AU

GREAT SCHOOL HOLIDAY SPORTS  
COACHING CAMPS

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SENIOR CHAMPIONS 12-15

Experienced coaching panels and guest  
star coaches attend each camp program

Program Open to boys and girls of all  
standards!



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DISCOUNT

**3 DAY CAMP FROM  
\$191.75**

**USE CODE: ISCSRP35  
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CALL US NOW ON  
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## VIC 3 DAY CAMPS

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CRICKET, NETBALL,  
SOCCER.

**Book Now**

Be your best

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### LOCATIONS

CANTERBURY, CHELTENHAM, KEW  
HAMPTON, MONT ALBERT NORTH,  
OAKLEIGH. HAWTHORN EAST,

Past guest coaches have included Chris Rogers, Kevin  
Sheedy, Bec Cole, Kristy Wallace, Liz Watson, Kim  
Ravaillion, Mwai Kumwenda, Kate Maloney, Kate Eddy,  
Christian Petracca, Jack Higgins and many others.

Call 1300 418 204 or visit [iscamps.com.au](http://iscamps.com.au) for details



# ADVERTISING



**DIGIMAKER**

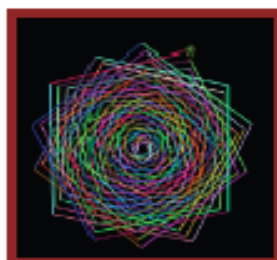
Programming for young Makers

In a world where technology touches every aspect of our lives, it is crucial that our children understand how it works. To accomplish this objective, there is an exciting coding club running at the school.



## DEVELOP SKILLS

- Creativity
- Logical thinking
- Problem solving

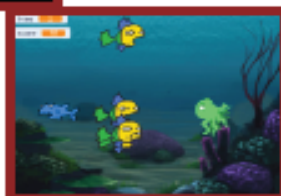


## LEARN

- Computer Science Concepts
- Fundamentals of programming  
Loops, Events, Randomness and more

## PROGRAMMING LANGUAGES

- Scratch
- Python
- Javascript
- ... and many more



## MAKE

- Games
- Web pages
- Apps

Digimaker structured program runs each term and is charged on a per-term basis. Students will use school computer during the lesson.

## 9 WEEK TERM PROGRAM

Program for **Term 4 2023** is as follows:

Year levels: 2 to 6

Term Fee: \$165 excl GST

### LUNCH TIME

1:40pm – 2:25pm

### BATCH 1

Wednesdays 4<sup>th</sup> Oct to 29<sup>th</sup> Nov 2023

### LUNCH TIME

1:40pm – 2:25pm

### BATCH 2

Thursdays 5<sup>th</sup> Oct to 30<sup>th</sup> Nov 2023

Fill out the form online by  
**Thursday 14th Sep 2023**



[www.digimaker.com.au/enrol](https://www.digimaker.com.au/enrol)

Digimaker will confirm your child's spot via email\*\*

\*\* All important emails from Digimaker will be sent from [info@digimaker.com.au](mailto:info@digimaker.com.au). Please ensure this address is whitelisted in your Junk Email filters or added as a Trusted contact.

## HOLIDAY E-LEARNING PROGRAM

2 HOURS OF FUN FILLED CODING  
FULLY SUPERVISED OVER ZOOM  
(5 DAYS A WEEK!)

<https://www.digimaker.com.au/events/school-holiday-coding-program/>



# ADVERTISING



**School holiday camps  
on sale now!**



**NEW**

**Minecraft Engineers**

**PLUS** YouTube Creators • Coding • DJ • Roblox  
Animation • Design • Minions • Jurassic World

Book now at [codecamp.com.au/flyer](https://codecamp.com.au/flyer)

**SAVE \$25**

Use coupon code  
**EARLY25** at checkout



# ADVERTISING

## WAVERLEY LITTLE ATHLETICS CENTRE



## TRACK & FIELD SEASON

Starts 8:45am, Saturday 7<sup>th</sup> October  
Central Reserve, Glen Waverley

### REGISTER NOW

## WAVERLEYLAC.COM.AU

Summer Season,  
7<sup>th</sup> October – 16<sup>th</sup> March  
Saturdays  
8:45am – 11am,  
Including some twilight  
events

Girls & Boys  
Aged 5 - 16

Open/Registration Day,  
9:30am – 11:30am Saturday 16<sup>th</sup> September  
Central Reserve (athletics track) Glen Waverley

For more details, please contact us via email:  
[info@waverleylac.com.au](mailto:info@waverleylac.com.au)

scan QR code





# ADVERTISING



## SCHOOL HOLIDAY *PROGRAM*

**Join your favourite AFLW players  
in the next school holidays for our  
Hawks Academy program.**

Our single day Hawks Academy Programs are offered  
at **Bunjil Bagora** (Waverley Park), Mulgrave and run  
from 9:30am-3:30pm.

Engage in different football activities and fun games  
across the day, as well as gain behind the scenes  
access to Hawthorn's elite training facility.



**REGISTER  
NOW**



### *DATES*

**Monday 18 September**     **Bunjil Bagora** (Waverley Park)

**Monday 25 September**     **Bunjil Bagora** (Waverley Park)





# ADVERTISING

<https://www.playhq.com/basketball-victoria/register/1054f>



## REGISTER NOW PLAY BASKETBALL

*Summer '23/24 Registrations Open*

### WHERE DO WE PLAY?

The Mulgrave Mambas Basketball Club compete in the Saturday competition of the Melbourne East Basketball Association (MEBA). This Saturday competition is known as the Greater Eastern Basketball Conference (GEBEC). The MEBA/GEBEC play games out of numerous venues in Melbourne's Eastern and South Eastern suburbs including: Nunawading Basketball Centre, The Rings, Forest Hill College, Mullauna Secondary College, The Knox School, Mulgrave Primary and Wheelers Hill Secondary College.

### WHAT ARE THE SEASON DATES?

The Summer '23/24 season is played across Term 4 and Term 1 commencing on Saturday 7th October and plays through until late March 2024. The competition doesn't play on the Saturday of Cup Weekend and Summer school holidays.

### WHAT DOES IT COST?

The Player Registration fee for the Summer '23/24 season has been set at \$285 per player. Given we are a start up club we have subsidised this fee as much as possible. The Player Registration fee covers operational costs for the club/teams including Competition Entry, Team Sheet Fees, Training Courts, Coach Polo's, Team Equipment, Trophies etc. In addition to the Club Registration Fee, Basketball Victoria require all players to be registered and covered by insurance. This fee of \$29 covers players for 365 days from registration.

### WHAT TIMES ARE GAMES?

The MEBA/GEBEC Saturday competition start games at 8am with the last game concluding by 7:15pm. Games are (in most cases) allocated in "blocks" by age group with Under 8's/10's starting the day from 8am through to Under 18's playing the later timeslots.

### TRAINING

Training will be held at Mulgrave Primary School after school once per week during the season. Specific days/times of trainings will be determined closer to the season in consultation with the team coaches.

### UNIFORMS

Once we have closed registrations we will be holding a uniform "try on" day for all players to order their uniforms. All new players will be required to purchase singlet & shorts, cost of \$90.



**#READYTOSTRIKE**



# ADVERTISING

## HOW TO BOOK A CLASS

ONLINE VIA OUR WEBSITE -

[www.mackierdnh.org.au](http://www.mackierdnh.org.au) or scan the QR code



IN PERSON -

Call or visit the office

Payment can be made by eftpos, cash or cheque

Please ensure you have read our booking [Terms & Conditions](#), and [Cancellation & Refund Policy](#)

## OFFICE HOURS

Monday to Thursday: 9:30am - 4:00pm

Friday: 9:30am - 2:30pm

\*During school terms only (excl. public holidays)

## OTHER SERVICES

- Room Hire
- Justice of Peace services available by appointment
- E-cafe open to the public during school terms
- Publicly accessible computers during office hours
- Community Garden plot hire
- The Chatty Cafe scheme



## SAFE SEATS

Parents and carers can book a free child car restraint fitting or safety check with Safe Seats hosted at MRNH!

Bookings essential, visit

[safeseatssafekids.com.au](http://safeseatssafekids.com.au)



**Mackie Rd Neighbourhood House**  
learn • share • belong

**TERM 4 PROGRAM**  
2ND OCTOBER - 15TH DECEMBER



36-42 MACKIE RD, MULGRAVE 3170

9548 3311 | [info@mackierdnh.org.au](mailto:info@mackierdnh.org.au) | [mackierdnh.org.au](http://mackierdnh.org.au)



@mackierdhouse



@mackierdnh



## CLASS SCHEDULE

**FITNESS & WELLBEING**  
**KIDS & PRESCHOOLERS**  
**LANGUAGE**  
**SOCIAL GROUPS**  
**LEARN LOCAL**

- FF-Full fee
- C-Concession (Pensioner or Health care card only)
- Learn Local Classes-Proof of Australian residency required (ie. Medicare Card)
- \*All materials included in art class price. Art smock recommended.



**MONDAY**  
2ND OCTOBER - 11TH DECEMBER

**\*NO CLASSES ON 6TH NOVEMBER**

**Tai-Chi for Everyone**  
(10 weeks)  
10.15am - 11.15am  
FF \$160; C \$150

**Nia- Dance Fitness and Mindful Movement**  
(8 weeks, no class on 23rd and 30th October)  
11.45am - 12.45pm  
FF \$130; C \$120

**Pilates**  
(10 weeks)  
5.30pm - 6.30pm  
6.30pm - 7.30pm  
FF \$150; C \$140

**AGE PENSION YOUR CHOICES**  
INFORMATION SESSION  
FREE BOOKINGS ESSENTIAL

**Free Information Session- Age Pension, Your Choices**  
Tuesday 17th October  
1.30pm - 3pm  
FREE BOOKINGS ESSENTIAL

**TUESDAY**  
3RD OCTOBER - 12TH DECEMBER

**\*NO CLASSES ON 7TH NOVEMBER**

**Strength Training**  
(10 weeks)  
9am - 10am  
FF \$150; C \$140

**Gentle Exercise**  
(10 weeks)  
10am - 11am  
FF \$150; C \$140

**Learn iPhone & iPad**  
(6 weeks starting the 24th of October)  
9.30am - 12pm  
FF \$20

**Learn Android Phone and Tablet**  
(6 weeks starting the 24th of October)  
1pm - 3.30pm  
FF \$20

**The Chatty Cafe**  
10.30am - 11.30am  
(Free)

**Meditation and Soundbath Workshop**  
(4 weeks starting the 14th of November)  
6.30pm - 7.30pm  
FF \$65

**WEDNESDAY**  
4TH OCTOBER - 13TH DECEMBER

**Gentle Yoga**  
(11 weeks)  
9.15am - 10.15am  
10.30am - 11.30am  
FF \$165; C \$155

**Intermediate French**  
(10 weeks starting the 11th of October)  
10am - 12pm  
FF \$195; C \$185  
Textbook required

**Everyday Computer Skills- Next Steps**  
(6 weeks starting the 11th of October)  
10am - 2pm  
FF \$20

**Women's Sit & Knit**  
(Fortnightly starting the 4th of October)  
12.30pm - 2pm  
\$3 per session

**Junior Artists (6 to 8 yrs)**  
(10 weeks)  
4pm - 5pm  
\*FF \$150; C \$140

**Art for Tweens - Extended**  
(9 to 13 yrs)  
(10 weeks)  
5pm - 6.30pm  
\*FF \$170; C \$160

**THURSDAY**  
5TH OCTOBER - 14TH DECEMBER

**Everyday Chinese**  
(11 weeks)  
9.30am - 11.30am  
FF \$20  
Class run by volunteer tutor. The \$20 fee assists in covering overheads and consumables.

**Everyday Computer Skills**  
(6 weeks starting the 26th of October)  
10am - 2pm  
FF \$20

**Intermediate Italian**  
(9 weeks)  
10.30am - 12.30pm  
FF \$175; C \$165  
Textbook required

**Junior Artists**  
(10 weeks)  
4pm - 5pm (6 to 8 yrs)  
\*FF \$150; C \$140

**Junior Artists**  
(10 weeks)  
5pm - 6pm (8 to 9 yrs)  
\*FF \$150; C \$140

**Kids Contemporary Dance**  
(6-12 yrs)  
(5 weeks starting the 9th of November)  
4pm - 4.45pm  
FF \$70

**Kids Hip Hop (6-12 yrs)**  
(5 weeks starting the 9th of November)  
5pm - 5.45pm  
FF \$70

**Pilates**  
(11 weeks)  
5.30pm - 6.30pm  
6.45pm - 7.45pm  
FF \$165; C \$155

**FRIDAY**  
6TH OCTOBER - 15TH DECEMBER

**KinderDance & Gym (min 3 yrs)**  
(10 weeks)  
9.30am - 10am  
10.15am - 10.45am  
FF \$95; \$80 for both

**Mackie Rd Playgroup**  
(10 weeks)  
9.30am - 11.30am  
FF \$95

**Strength Training**  
(11 weeks)  
11am - 12pm  
FF \$165; C \$155

**SATURDAY**  
7TH OCTOBER - 16TH DECEMBER

**Salsa Dancing for Beginners**  
(11 weeks)  
9.30am - 10.30am  
FF \$165; C \$155

**Intermediate Salsa Dancing**  
(11 weeks)  
10.45am - 11.45am  
FF \$165; C \$155

**REFERENDUM POLLING LOCATION**  
2ND - 14TH OCTOBER  
36 - 42 MACKIE ROAD, MULGRAVE 3170  
Mackie Rd Neighbourhood House AEC



# ADVERTISING



## **RESPONSIVE** & *SUPPORTIVE* parenting for children aged 2-12 years

**Want to learn how mindfulness  
and reflection can help improve  
communication with your children?**

In this workshop, parents will learn how identifying and addressing their own underlying attitudes can facilitate more positive exchanges between parent and child.

This program is based on a child-centred approach and introduces practical strategies for parents.

**DATE**

31 October 2023

**TIME**

10am – 12pm

**WHERE**

Session will be held via Teams

**REGISTER**

[FamilyServices@monash.vic.gov.au](mailto:FamilyServices@monash.vic.gov.au)



CITY OF  
MONASH



# ADVERTISING

LOCATED IN ROWVILLE

## TERM 4 KIDS & TEENS ACTIVITIES



Acrobatic  
Dance for  
7 - 14y/o

Preschool Music  
& Movement  
for 2 - 5y/o



Ballet for  
5 - 8y/o



Sketching & Drawing  
Beginners for 8 - 12y/o



Sketching & Drawing  
Experienced  
for 10 - 14y/o

Lyrical & Jazz Dance  
for 12 - 17y/o



PLUS PLENTY ON OFFER FOR MUM & DAD!



(03) 9764 1166

[www.communitylc.org.au](http://www.communitylc.org.au)  
[info@communitylc.org.au](mailto:info@communitylc.org.au)  
40 Fulham Rd, Rowville 3178





# ADVERTISING

## MONASH YOUTH SERVICES



Quiksound Productions and Monash Youth Services present Monash Youth Film Festival 2023.

The Monash Youth Film Festival will showcase the film submissions entered by City of Monash's up and coming young film makers. Come along for an evening of fun and celebrate the amazing talents of Monash's young people!

The event will be held at Village Cinemas, Century City on Wednesday 21 September from 6.00pm. Tickets for this event are free, however registration will be essential to attend. This event is open to people of all ages.



Monash Youth Services presents the 2023 Youth Fest Gaming Tournament for young people aged 10 – 25 years who have connections to the City of Monash. Mario Kart 8 Deluxe and Super Smash Bros. Ultimate players will fight their way to win championship titles and their share of the \$480 prize pool. The Youth Fest Gaming tournament is supported by the Victorian Government.

When: Tuesday, 19 September 2023, 1pm – 6pm

Location: Theatre, Clayton Community Centre, 9-15 Cooke Street, Clayton

Players need to register by 15 September



Do you want to learn how to code LEGO robots to do simple tasks?

**FREE Lego Robotics Coding Session**

When: Wednesday 27 September at 10.30am -11.30am

Where: Monash Youth Services, Level 1, 2 Euneva Avenue, Glen Waverley

Age: 13-17 years

Places are limited, register here <https://www.trybooking.com/CLCBO>



For more information on our programs and events or to speak to a Youth Worker, please contact us on: 9518 3900, [www.monashyouth.org.au](http://www.monashyouth.org.au)

@monashyouthservices

Level 1, 2 Euneva Ave, Glen Waverley





# ADVERTISING

Fun Health  
Themed  
Stations for  
Kids Aged 3  
to 8

## TEDDY BEAR HOSPITAL @ THE GLEN

SUNDAY  
SEPTEMBER  
24TH

From 10:00am - 02:00pm

<https://www.monash.vic.gov.au/Things-to-Do/Festivals-and-Events/Events/Free-School-Holiday-Activity-Teddy-Bear-Hospital-The-Glen>

THIS SCHOOL  
HOLIDAYS

### STATIONS

- Healthy eating
- GP visit
- Surgery
- X-Ray





# ADVERTISING



Glen Waverley Uniting Church

# Grand Fete

**Pre-Loved Treasures  
and Collectables,  
Pre-Loved Books,  
Silent Auction,  
Sausage Sizzle  
& Hot Food,  
Cakes, Craft,  
Toys, Face  
Painting, Fairy  
Floss, Games,  
Plants, Music  
and more...**

**Saturday  
21 October  
8:30am -  
2:00pm**

**Corner Bogong Avenue &  
Kingsway, Glen Waverley**

## DONATIONS WELCOME

| Books | Plants | Household Items | Toys | Treasures |  
| Small Electrical Items (in working order) |

*Items for any stall may be delivered to the church on Friday 20 October 9am-7pm*

*Please note: we are unable to accept Mattresses, Furniture,  
Pre-Loved Clothing or unsaleable items*

ALL PROCEEDS FROM THE FETE SUPPORT THE OUTREACH PROJECTS OF GLEN WAVERLEY U.C.  
No salaries, wages or gratuities for Glen Waverley Uniting Church are taken from the Fete proceeds.  
Details of the projects supported are available on request.

office@gwuc.org.au | 9560 3580