



Thursday 13th August 2026

TERM 3 WEEK 5

KEY DATES 2026

August

Thurs 13th - Space Expo - Gr 5 & 6
Thurs 13th - Flying Bookworm Incursion - Prep
Mon 17th - Hoop Time - Select Students
22nd-28th - Book Week Commences - see inside
Fri 21st - Book Fair Student Preview
Mon 24th-Tues 25th - Book Fair Sales - 3.15pm-4.15pm
Mon 24th - Book Character Dress Up Day
Mon 24th - Book Week Parade - 9.15am
Tues 25th - Author Visit - Whole School
Thurs 27th - VSSS Mass Choir & Dance Rehearsal
Thurs 27th - District Athletics - Gr 5 & 6
Fri 28th - VSSS Mass Choir & Dance Dress Rehearsal
29th - VSSS Mass Choir & Dance Show at Rod Laver

September

Tues 1st - Kids in Space Showcase - Select Students
Thurs 3rd - Father's Day Stall & Breakfast
Fri 4th - CURRICULUM DAY - No Students Required
Wed 9th - The School of Play - Wellbeing - Gr 5 & 6
Wed 9th - Dress in GREEN DAY - Gold Coin Donation
Fri 18th - LAST DAY OF TERM 3 - 2.30pm Dismissal

DATES AND TIMES TO REMEMBER:

TERM DATES 2026

Term 1 - Tues 27th Jan - Thur 2nd April
Term 2 - Mon 20th April - Fri 26th June
Term 3 - Mon 13th July - Fri 18th Sept
Term 4 - Mon 5th Oct - Fri 18th Dec

CURRICULUM DAYS 2026

Tuesday 27th January
Friday 5th June
Friday 4th September
Monday 2nd November

PROFESSIONAL PRACTICE DAYS 2026

Tuesday 15th December (TBC)

PUBLIC HOLIDAYS 2026

Monday 9th March - Labour Day
Friday 3rd April - Good Friday
Sunday 5th April - Easter Sunday
Saturday 25th April - Anzac Day
Monday 8th June - King's Birthday
Friday 25th September - AFL Grand Final
Tuesday 3rd November Melbourne Cup

TIMETABLE

Commence	8.58 Line-up Bell-Music 9am 2nd Bell - Roll Marked
Recess	11.00 - 11.30am
Lunch	1.40 - 2.30pm
School Finishes	3.30pm

Message From The Principal

2027 Prep Offers

Families would have received their offer for a prep place in 2027 last Monday. I would ask all families to check their communications and emails and to let us know that you are accepting the offer as soon as possible. Soon, those that have accepted the offer will receive an introduction email outlining the next steps and also information regarding the Step Into Prep transition program next term. If you have any questions regarding placements or you have not yet applied to enrol, please contact the office for more information.

POSSIBLE Industrial Action – Wednesday 19th August

As communicated in last week's Bulletin, there is another teacher stop-work day scheduled for next Wednesday 19th August.

The Department of Education has this week presented a revised Enterprise Bargaining Agreement (EBA) offer which is currently being considered by the unions and individual bargaining representatives.

The revised offer is currently with Australian Education Union (AEU) members for consideration by 10am on Monday 17th August, and should the EBA offer be accepted, the industrial action currently proposed by the AEU will not proceed.

At this stage, therefore, we are unable to confirm whether stop-work action will take place next Wednesday. I will provide the school community with an update as early as possible once the outcome of the AEU member vote is known.

I appreciate your flexibility and support as this process continues and recognise the importance of providing families with as much notice as possible regarding any impact on normal school operations.

Reading Strategies

In the last newsletter, I spoke about the importance of reading at home. This fortnight our school council has suggested we provide some ideas that parents can use when reading at home with your children. The first link below is from the Victorian Academy of Teaching and Leadership (a kind of post grad Uni for educators). It provides an excellent overview of phonics and provides some great strategies to use at home, along with some additional links if you are looking for a little more.

<https://www.academy.vic.gov.au/resources/understanding-phonics>

The second link explores the "Big 6" of oral language, phonological awareness, phonics, vocabulary, fluency and comprehension. By clicking on one of the big 6 tabs, it takes you to a page that provides a range of strategies. For example, under vocabulary, one strategy is to get your children to become 'word detectives' when out and about. Notice new and interesting words on street signs, at the zoo or museum, on menus or on pamphlets and have a conversation with your child, or introduce them to a dictionary.

<https://www.literacyhub.edu.au/for-families/the-big-six-of-literacy-a-guide-for-families/>

In any event, the best thing you can do is to provide your child with positive reinforcement of the benefits of reading. Create opportunities for children to read, be that as a bedtime story or some quiet time without a screen. So long as your child can have the chance to read or be read to, the upside is better life outcomes.



Principals' Day

Last Friday was a chance to celebrate Principals' Day. In a role that continues to evolve, principals are often asked to manage trauma, grief, significant events and external influences. I have so much respect for my colleagues in our system. The job is incredibly rewarding but also can find you managing complexity and challenges, indeed the role of schools has changed and continues to evolve. As well as being places of academic learning, schools are now pivotal in supporting student health and wellbeing and fostering social connection. Parents and carers look to schools for support as they raise children and adolescents in our complex world.

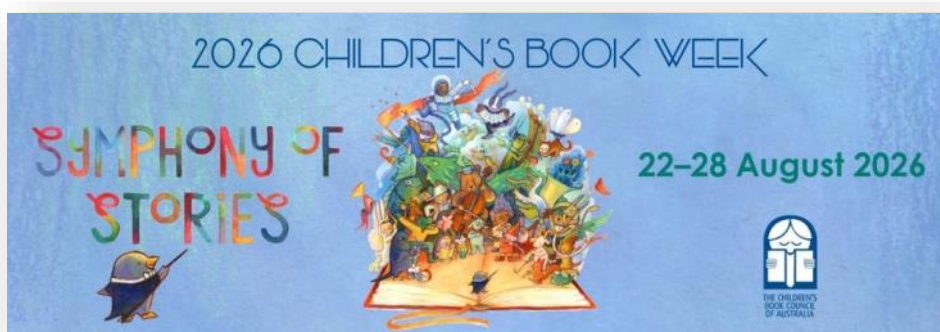
I am deeply appreciative that I get to work with our school community, to see our students, staff and families have trust in our school and to support what we are looking to achieve. Mrs. Weerakoon, Mr. Hattwell and I were chuffed to receive the well wishes of our students and the kind words offered by our students during the assembly. Please accept our thanks for your kindness and support.

Parent Opinion Survey

Our school is conducting the annual Parent / Carer Opinion Survey offered by the Department of Education and is seeking your feedback. The survey is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behavior, and student engagement. The survey will be sent to a randomly selected group of parents and is optional, but we encourage and appreciate your participation.

Our school will use the survey results to assist in identifying areas for improvement and professional development needs in the school, to target school planning and improvement strategies. The Parent / Carer Opinion Survey will be open online from **Monday 17th August to Friday 18th September 2026**.

Book Week



How good is Book Week?! We have such a fun week planned to celebrate the importance of literature in our lives. Take a look at what the week entails:

- ◆ **The Book Fair will run from Friday August 21st to Tuesday 25th.**
- ◆ **Monday 24th August** – Dress up to celebrate Book Week with our special 'Book Week Parade on Monday morning, the 2026 theme for book week is a 'Symphony of Stories'.
- ◆ **Tuesday 25th August** – Prep to Year 6 Author visit - Vikki Conley.

Bullying Prevention Week

Next week is [Bullying No Way Week](#). The week, running from **Monday 17th to Friday 21st August 2026**, is a chance to take further action to make our schools safer for all students.

The theme for the week is 'Small Acts, Big Impact'. It is a reminder that meaningful change often comes through small, deliberate actions. Schools know better than most that in every part of life, a small act of kindness can go a long way; even something as simple as a welcoming smile can make a big difference in a student's day. This is the culture we are all driven to foster. A culture that is safe, welcoming, inclusive and supportive. A culture that does not tolerate bullying in any form.

Charles Spicer

Principal

MPS Trivia Night!



What a great night and success the MPS Trivia Night was!

Eight tables were competing against each other during 5 rounds of hilariously gruelling trivia questions.

Some of the games parents enjoyed were the Paper Aeroplane Challenge, Heads and Tails, Toss the ring onto the bottle to win a bottle and points for the table. Many laughs were had!

Congratulations to Janet's winning team. Well done!

We would like to thank everyone who supported the Trivia Night.

We would also like to say a huge thank you to Ed and Lucy for volunteering their time to host and present the excellent questions on the night.

PFA Team



Raffle tickets are still on sale!!

Ticket orders close tomorrow Friday 14 August at 3pm

Tickets start at \$5 for a single ticket. The more tickets you buy the cheaper they are. Please scan the QR code below to get your tickets.



TERM 3 WEEK 4 STUDENT AWARDS 2026

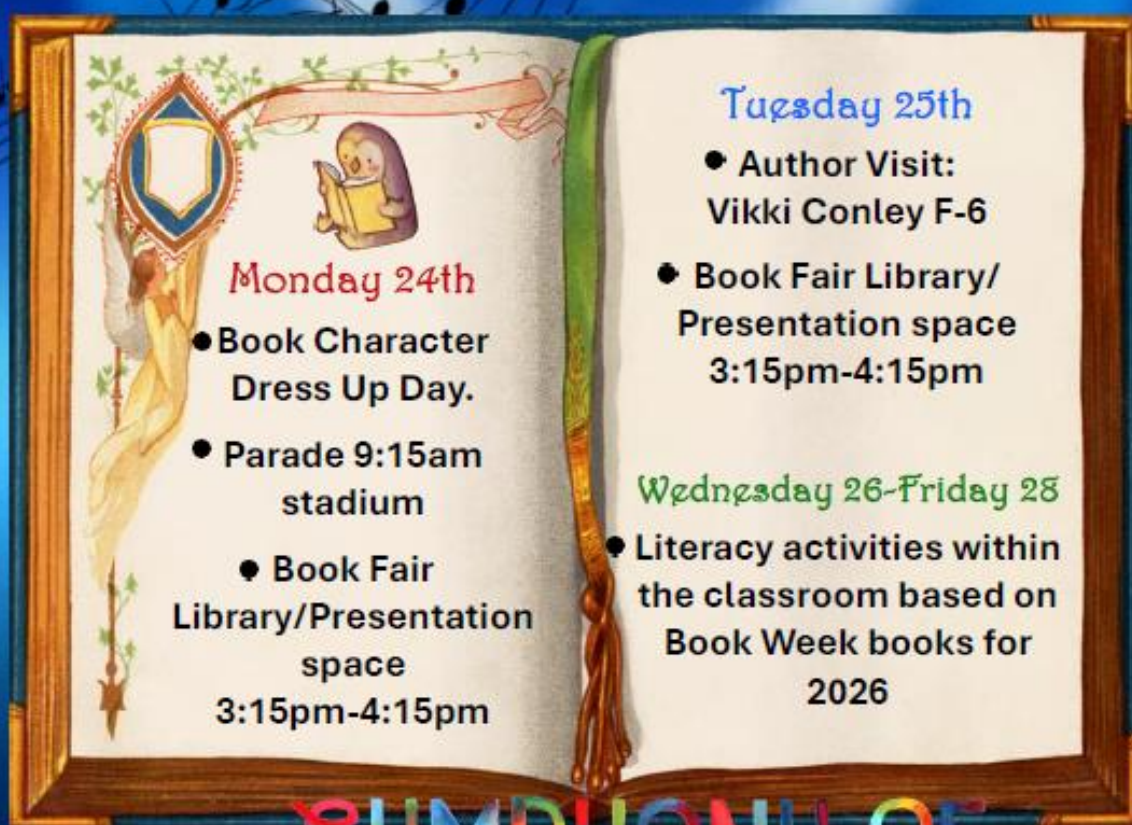
Class	Name	Category	Reason
6M	Elsie H	Motivation	For being an outstanding team player throughout our Kids in Space project. You worked brilliantly with your group, ensuring your project is scientifically accurate and follows the design process. Elsie, I can picture you as a future space scientist! Keep being fabulous!
	Keegan M	Motivation	For remaining focused and working hard to complete his Kids in Space project. Keegan, I am especially proud of how you went above and beyond to extend your explanation report to make a very detailed cyclical flow chart!! Continue to keep up the great work!
6HD	Ian J	Literacy	For completing his narrative writing plan and his character elements. Ian stayed focused and was really engaged with his story, producing some excellent work.
	Moriah G	Motivation	For being such a caring and responsible student and trying her hardest in whatever she does. Well done Moriah. You are a star!
6G	Anders L	Motivation	For being a wonderful student that tries his best, is kind and considerate and consistently makes good choices. Well done Anders!
	Oliver M	Motivation	For working hard and making meaningful contributions to the Kids in Space Project. Keep staying focused and working hard!
5CD	Angel B	Motivation	For working really hard in her Kids in Space project and putting in lots of effort into her research.
	Andrei A	Literacy	For using great vocabulary and thinking deeper about his characters motivations during our narrative unit.
5K	Moksh S	Motivation	For showing strong leadership skills during the Kids in Space project.
	Elita E	Numeracy	For scoring highly on her Automatic Response.
3/4 JH	Bridie D	Numeracy	For showing confidence and enthusiasm during our maths sessions this week. Great work applying the multiplication strategies we have explored. Keep up the awesome work!
3/4 W	Mary A	Literacy	For her interesting ideas when planning for her imaginary recount and her eagerness to seek feedback.
	Thomas G	Literacy	For his improvement in his focus and effort when writing and editing his imaginary recount.
3/4K	Ian H	Literacy	For consistently making a great effort to record a variety of reading entries in your homework task. Well done!
	William P	Literacy	For consistently working hard on your home reading task and taking on feedback to improve. Well done!
3/4 M	Michael L	Literacy	For writing an excellent imaginative recount of a snow leopard getting caught in a storm. Fantastic work Michael!
	Charlotte H	Literacy	For working hard to make inferences while reading. We appreciate your thoughtful contributions to class discussions.
3/4 G	Isla G	Numeracy	For her excellent attitude and working out when solving multiplication problems. It has been great to see you have success and trying new strategies. Keep up the great work!
2TR	Jimmy M	Numeracy	For persisting and extending his learning with renaming in subtraction.
	Kannan T	Numeracy	For extending his learning and solving complex problems in subtraction.
2NP	Mya F	Motivation	For always trying her best in everything she does and demonstrating lovely manners. Mya, you're a wonderful example for your peers.
	Maverick G	Numeracy	For being willing to share his thinking with the class. You always have a positive attitude to learning, keep it up Maverick!
2H	Maya D	Numeracy	For always taking on challenges in her learning and supporting other students in their learning too. Amazing work!
	Ayesha K	Numeracy	For her incredible effort and persistence in developing her maths skills through regular practice at school and at home. Well Done!
1BL	Ahmed A	Literacy	For showing great improvement with his phonics and reading. Keep up the great work!
1K	Leon G	Numeracy	For trying so hard in Maths during our lessons on subtraction. Well done!
1E	Harper G	Literacy	For her excellent effort when sounding out difficult words, well done Harper!
Prep L	Ryan L	Motivation	For being a kind and helpful student who always helps out others in need.
	Jaden S	Literacy	For your amazing progress when writing unfamiliar words using your letter-sound knowledge.
Prep B	Anastasia P	Literacy	For trying your best to sound out and write unfamiliar words using your sound-letter knowledge during Phonics and Writing. Keep shining!
	Soorya P	Motivation	For your wonderful progress in starting learning tasks independently. Keep up the great work!

TERM 3 SPECIALIST AWARDS 2026

Focus:	Junior	Middle	Senior
Art	Evaan L - 2H For effectively using the art elements explored as a class to produce a well-designed and visually engaging billboard.	Jordan Z - 3/4K For demonstrating excellent skill in basic clay construction and the exploration of three-dimensional form.	Charlotte P - 6HD For developing greater focus in Art and approaching portrait drawing with care, concentration and Persistence.
PE	Austin M - 1BL For showing excellent improvement in P.E. by listening carefully, staying focused, and working cooperatively with others to develop his teamwork skills.	Marvel M - 3/4M For consistently demonstrating dedication and effort in P.E. while showing kindness, encouragement, and support towards her peers.	Harry G - 6G For demonstrating a strong growth mindset in P.E., showing perseverance, improved communication, and greater patience when learning new skills.
Performing Arts	Zoe P - Prep L For your enthusiastic approach to every task in performing arts class. It's great to see you joining in with class discussions and giving everything your best effort.	Callum T - 3/4JH For your enthusiastic approach to learning the recorder and sharing your music theory knowledge with the rest of the class. Keep up the excellent work!	Indigo T - 6G For your enthusiastic approach to performing arts class, applying your best effort for each activity. Also, for helping in all the little ways you do, without ever being asked.
Science	Harrison S - 1BL For your hard work and participation in all our activities and learning. You have done an excellent job as we have started looking at Earth and Space this term. Excellent work Harrison.	Jordan Z - 3/4K Showing great effort and enthusiasm during STEM and your work this term as we have been learning about the water cycle. Well done Jordan.	Giada R - 6M For your effort and work during STEM, always being a happy participant in class. I have been especially impressed with your work alongside your group, during the Kids in Space program. Awesome work Giada.

Book Week

24th–28th August 2026



SYMPHONY OF STORIES





SCHOLASTIC

BOOK FAIR

AUGUST 24TH & AUGUST 25TH



**MULGRAVE PRIMARY SCHOOL
LIBRARY/PRESENTATION SPACE**

OPENING TIMES:

3:15PM – 4:15PM

We accept both cash and EFTPOS.

**Come along, browse the
books and enjoy the Fair!**

Every dollar counts as **resources for our school.**



SCHOLASTIC

MPS Art Show

Save the Date!



Dear MPS families,

We are thrilled to be hosting our MPS Art Show once again which will take place on **Wednesday, October 14, 2026, from 5:00 pm to 7:30 pm.** We warmly invite all families and friends in the MPS community to join us in celebrating the incredible artwork our students have created throughout the year.

The Art Show is not only a wonderful opportunity to appreciate our students' creativity and talent, but it is also one of our major fundraising events for the year. In addition to the art exhibition, we have a variety of exciting stalls and activities planned for the evening.

One of the highlights of the evening will be our Class Canvas Silent Auction. Each grade has collaborated to create a unique piece of artwork and you'll have the opportunity to bid on 18 different class canvases during the event. This is a fantastic chance to own a one-of-a-kind artwork while supporting our school.

We can't wait to welcome you! Please SAVE THE DATE and join us for a memorable evening of art, creativity and community.

Warm regards,

**Daniela Pejic (Visual Art Teacher)
& the Staff Art Show Committee**



Outside School Hours Care Newsletter

13/08/2026

Mulgrave Primary School



Your
OSHC.



National Science Week



17-21 August

Book now

Dear Families

I hope everyone is keeping well and staying warm in this wintery weather! It has been a wonderful couple of weeks filled with creativity, discovery, and hands-on learning. A major highlight has been our variety of art and craft experiences, with children showing great enthusiasm for designing their master pieces. Magic Paper Carpet, Felt Donuts, Sun Collages, Scrape Paper Mosaics, Cherry tree, Coloured Paper Wall Art, Bluey Craft Time Machine creations, and Magic Clay Monsters are some of the activities that children explored and demonstrated their creativity, confidence, and a wonderful sense of achievement. The artwork has now been proudly displayed around the room, and we invite families to look around during pick up and drop off times.

Our Magic Day was another exciting highlight, that the children had an opportunity to develop curiosity, critical thinking and problem-solving skills, during exploring bubbling potions using bi-carb soda and vinegar, learning the water suspension trick, creating magic paintings. Our young Master Chefs also had lots of fun learning lifelong skills preparing and enjoying delicious lamingtons, apple crumble, Sushi, vegetable lemon rice, rice paper rolls, and macaroni and cheese. The children also loved physical activities such as pillow races, indoor soccer, basketball, ball games, and number soccer encouraged collaboration, coordination, and positive social interactions.

Our Big Art National Competition has begun last week, and children have shown tremendous interest in showcasing their artistic talents. We encourage children to join us every Friday to participate in this exciting event and have an opportunity to win fantastic prizes!

A friendly reminder to families that Thursday, 4 September is a Pupil Free Day. If you require care for your child on this day, please make your booking as soon as possible. The program will only operate only if we receive sufficient bookings to run the program.

Activities coming up

- Rainbow Lighting art
- Wonder garden art
- Kick ball

Make a booking

Join in the fun of Outside School Hours Care activities and experiences with Your OSHC and Rocketeers.

Book now

Register and book via the app

To attend our program, you must register your child. Once registered, it's easy to make bookings and manage your account.



- Easy booking features
- Simple booking calendar overview
- Track your spend
- Detailed account history

Find out more and book now

www.campaustralia.com.au

COLOUR OUTSIDE THE LINES



3-28
AUGUST

ENTER NOW



Pick a colour and let your imagination run wild! Draw, paint or create your own bold masterpiece full of creativity and fun.

WIN BIG

6 major prize packs up for grabs!

YOUR SPOTLIGHT

One child in each service will score a special reward!

BOOST YOUR CHANCES

Attend Big Art Week (3-7 August) for extra entries!

SHOWCASE YOUR ART

All entries will be featured in our online gallery!

campaustralia.com.au/big-art-comp

Terms & conditions apply. See the website for more details.

by  Camp Australia

Curiosity starts here!

 **Camp
Australia**

ASK DR KARL

why do
we dream?

can animals
laugh?

what are
black holes?

why is the
ocean salty?

**Every big discovery starts
with a question.**

For one special evening, Dr Karl
is answering the wonderfully
curious questions children have
been waiting to ask.

Join the FREE Online Q&A

Wednesday 26 August
7.00–8.00pm AEST

● LIVE ONLY

Submit your question
You could ask Dr Karl live!

**Curiosity starts in
After School Care**

Join us during
National Science Week
(17-21 August)

campaustralia.com.au

**Save
your
spot!**



GET IN THE GAME!

Your OSHC.

Join us for a one-hour soccer program by Coles MiniRoos — packed with games, movement and confidence-building play.

Only in
After School Care

Mulgrave Primary School

3 Sept | 4.00pm



This session takes place in Your OSHC After School Care, at no additional cost!



Camp Australia

Guiding children's growth

What to expect



Mini Games
Build skills through active play



Skill Challenges
Fundamental movement games for all ages



Mindful Movement
Exercise that supports focus and mindset



Team Activities
Fun games that build teamwork and connection



SAVE
Eligible families can save up to 90% on fees with the Child Care subsidy.

Why families love it

- ✓ All abilities welcome
- ✓ Led by trained coaches
- ✓ Make friends & build confidence
- ✓ Fun games & activities
- ✓ No additional cost

BOOK NOW



campaustralia.com.au/Coles-MiniRoos



Newsletter

Pupil Free Day



Date: 04-Sep-2026



Time: 07:00 to 18:00



Fees: \$68.27 (\$7.87 after max. CCS*)



Location: The Before and After School Care Room at Mulgrave Primary School



Register for Your OSHC

Once registered, you'll be able to easily make and manage your bookings online via our Parent Portal.

Register now

Child Care Subsidy (CCS)

The Child Care Subsidy can provide up to 90% off your fees. Your eligibility is based on your income, care type, and activity level. Call Centrelink on 13 61 50 to find out more.

Register free and book now at www.campaustralia.com.au

by  Camp
Australia



YOUNG CREATORS- PAINTING AND DRAWING WITH MEI

PARTICIPANTS WILL EXPERIMENT WITH WATERCOLOR PAINTS, CHALK AND OIL PASTELS, COLLAGE, AND MORE TO PRODUCE BOTH ORIGINAL PIECES AND ARTWORKS INSPIRED BY FAMOUS ARTISTS AND THEIR MASTERPIECES.

MONDAYS 13TH JULY - 14TH SEPTEMBER
6 TO 8 YEARS 4PM TO 5PM
9 TO 12 YEARS 5.05PM TO 6.05PM

**COST
TERM \$155**



BOOKINGS ESSENTIAL



MONDAY - THURSDAY 9.30AM TO 4PM
FRIDAY 9.30AM TO 2.30PM
*please note we are not open public holidays or school holidays
📧 INFO@MACKIERDNH.ORG.AU
☎ (03) 9548 3311
🌐 [HTTPS://WWW.MACKIERDNH.ORG.AU/](https://www.mackierdnh.org.au/)



YOUNG CREATORS MIXED MEDIA WITH FATHIMA

IN THIS CLASS THE CHILDREN WILL HAVE FUN CREATING A FOLIO OF DIVERSE ART PROJECTS, WHILST EXPLORING A VARIETY OF MEDIA!

WEDNESDAY 15TH JULY - 16TH SEPTEMBER
6 TO 8 YEARS 4PM TO 5PM
9 TO 13 YEARS 5.05PM TO 6.05PM

**COST
TERM \$155**



BOOKINGS ESSENTIAL



MONDAY - THURSDAY 9.30AM TO 4PM
FRIDAY 9.30AM TO 2.30PM
*please note we are not open public holidays or school holidays
📧 INFO@MACKIERDNH.ORG.AU
☎ (03) 9548 3311
🌐 [HTTPS://WWW.MACKIERDNH.ORG.AU/](https://www.mackierdnh.org.au/)



PLAYGROUP WITH SUSANNE

LOOKING FOR A JOYFUL AND ENGAGING ENVIRONMENT FOR YOUR LITTLE ONES? OUR PLAYGROUP OFFERS THE PERFECT SPACE FOR CHILDREN TO EXPLORE, LEARN, AND MAKE NEW FRIENDS IN A FUN AND SUPPORTIVE SETTING.

FRIDAYS 17TH JULY - 18TH SEPTEMBER 9.30AM - 11.30AM

**COST
TERM \$50
CASUAL \$10**



BOOKINGS ESSENTIAL



MONDAY - THURSDAY 9.30AM TO 4PM
FRIDAY 9.30AM TO 2.30PM
*please note we are not open public holidays or school holidays
📧 INFO@MACKIERDNH.ORG.AU
☎ (03) 9548 3311
🌐 [HTTPS://WWW.MACKIERDNH.ORG.AU/](https://www.mackierdnh.org.au/)



HOMEWORK CLUB WITH ANITA

OUR HOMEWORK CLUB OFFERS A SPACE FOR PRIMARY AND LOWER SECONDARY STUDENTS TO WORK ON HOMEWORK ALONGSIDE THEIR FRIENDS, FOSTERING A SENSE OF BELONGING AND CONNECTION.

FROM MATH PROBLEMS TO ESSAY WRITING, OUR DOORS ARE OPEN FOR YOUR YOUNG PEOPLE TO COME IN AND SET ASIDE SOME TIME TO WORK ON HOMEWORK OR WHATEVER SCHOOL PROJECTS ARE DUE.

MONDAYS 13TH JULY - 14TH SEPTEMBER
5 TO 12 YEARS 4.45PM TO 5.30PM
13 TO 16 YEARS 5.30PM TO 6.30PM

**COST
TERM \$40
CASUAL \$5**



BOOKINGS ESSENTIAL



MONDAY - THURSDAY 9.30AM TO 4PM
FRIDAY 9.30AM TO 2.30PM
*please note we are not open public holidays or school holidays
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☎ (03) 9548 3311
🌐 [HTTPS://WWW.MACKIERDNH.ORG.AU/](https://www.mackierdnh.org.au/)

ADVERTISING

Baby, Toddler & School Readiness

Classes



A PARENT & CHILD EDUCATION PROGRAM

Children learn more in their first five years than in any other time of their lives. Because of this, it is critical to lay solid intellectual, physical and emotional foundations which allow children to maximise their learning potential.

Our weekly classes are designed to help your child reach their potential in the following areas:



GymbaROO is an Australian researched and designed program

Our program nurtures the natural stages of neurological development

Children explore movement on our specially designed equipment

Assist child development through exercise, dance & music

Learn about the important stages of development



www.gymbaroo.com.au

GymbaROO ensures that children enter school as confident, capable learners

"It was simply the most important decision I ever made for the health, development, and well-being of my child"

- A happy GymbaROO parent -



HOW GYMBAROO WORKS

Level 1 Platypus Birth to Crawling	Level 2 Wombat Crawling - 12 months	Level 3 Penguin 12 - 18 months	Level 4 Koala 18 months - 2 years
Level 5 Wallaby 2 - 2.5 years	Level 6 Kangaroo 2.5 - 3 years	Level 7 Possum 3 - 4 years	Level 8 Emu 4 - 5 years

Our classes help children to experiment with and learn about their bodies using a range of dynamic and static activities. All our classes follow a similar structure and include:

- FREE PLAY** Time to have some fun and explore equipment
- MAT TIME** Sing, dance, exercise and play with small equipment to build essential skills
- EQUIPMENT TIME** Climb, jump, tumble, swing and balance on our equipment
- MUSIC TIME** Play with musical instruments and our famous rainbow parachute
- HOME ACTIVITIES** Information on child development and parenting skills

We also offer tailored programs for individuals, childcare centres & primary schools

Glen Waverley

Glen Waverley Anglican Church
800 Waverley Road
Glen Waverley,
VIC 3150

glenwaverley@gymbaroo.com.au



SCAN TO ENROL

GymbaROO Glen Waverley

ADVERTISING

ONE STEP AT A TIME PROGRAM: PARENT SUPPORT FOR CHILDHOOD ANXIETY

Swinburne Psychology Clinic

Parents / guardians:

Do you have a primary school-aged child experiencing symptoms of anxiety?

Clinicians at Swinburne University have developed a program to help parents manage childhood anxiety in children aged 6-11 years.

Does your child experience any of the following?

- Difficulties sleeping at night due to worries
- Fears and phobias
- Difficulty separating from you or worrying about parental safety
- Trouble sleeping alone in their bed
- Fear of the dark
- Scared of lifts, trains, and people
- Fear of dogs and other animals
- Excessive worry and constant reassurance seeking
- Fear of germs and other health problems

The One Step at a Time Program involves:

- Comprehensive psychological assessment of your child's anxiety
- Seven sessions of online counselling through video conferencing
- Parent-focused cognitive behavioral therapy (CBT) skills to help you manage and support your child's anxiety
- Two combined parent-child sessions
- Reflective parenting strategies
- Access to a website with self-help materials to supplement therapy.

Cost

\$20 per session/assessment.
Treatment consists of seven therapy sessions plus one assessment session.

Contact us

Referrals and enquiries can be made by contacting the Swinburne Psychology Clinic at:

Telephone: 03 9214 8653

Email: psychprojects@swin.edu.au

OR, by accessing the online registration form by using the QR Code or the link below:

<https://forms.office.com/r/kxjje5YcM>



ADVERTISING



MONASH YOUTH SERVICES

Build stronger family connections with Bringing Up Great Kids

Looking for practical ways to better understand your child and build a stronger relationship with them?

Parents and carers are invited to join **Bringing Up Great Kids**, a free 5-week program that explores children's behaviour, development and emotional needs.

Designed for families with children aged 2–10 years, the program provides a supportive space to learn alongside other parents and carers, share experiences and pick up practical strategies you can use at home.

Over 5 weekly sessions, you'll learn about:

- Children's brain development
- What children's behaviour might be communicating
- How to respond to your child's needs
- Different parenting approaches and styles
- Ways to strengthen positive family relationships

The program is open to families who live in or have a connection to the City of Monash.



Program details:

When: Mondays, 17 August to 14 September 2026

Time: 10am–12.30pm

Where: Level 1, 2 Euneva Ave, Glen Waverley (same building as Monash Youth Services)

Places are limited, and attendance is required for all 5 sessions.

Bookings close Wednesday 12 August. Register now.

ADVERTISING



Scan the QR
Code to visit the
shows website
and watch
highlights from
previous shows...



2026 Circus Quirkus Shows

Circus Quirkus is a one-hour, animal-free, contemporary take on your favourite, traditional circuses of ages past, with an eclectic and entertaining mix of Circus acts from all over the world.

Suitable for all ages and accessible to people with diverse abilities and backgrounds, to those who require a more flexible and inclusive environment, and to those facing hardship and without the opportunity to access live theatre.

Enjoy a relaxed theatre experience with a casual attitude toward audience noise and movement, where everyone is welcome and free to be themselves without restriction or judgement.

** Featuring moving and flashing lights, and upbeat, sometimes dramatic music.*

ALL TICKETS ARE COMPLIMENTARY

Including parent, sibling and carer tickets. Thanks to the support and sponsorship from local businesses in each region.

THE CENTRE IVANHOE - THE GREAT HALL

275 Upper Heidelberg Rd, Ivanhoe, VIC

SHOW DATES	#1 SHOWTIME	#2 SHOWTIME	#3 SHOWTIME
SATURDAY, 15 TH AUGUST	11.00 AM	1.30 PM	4.00 PM
SUNDAY, 16 TH AUGUST	11.00 AM	1.30 PM	4.00 PM

****ONE-HOUR SHOWS. NO INTERVAL.***

For all ticket enquiries and bookings, please email

meredithnewman@showintent.com.au

or call/text 0404-367-782

Information Required:

- 1. The dates and showtime(s) you want ticket for.**
- 2. The total number of tickets required (one ticket per person)**
- 3. The organisation or school that referred you (if applicable).**

We welcome ticket orders from organisations and staff, as well as direct orders from families and carers.

*Tickets can be Emailed or Posted * Conditions Apply*